



## My adventures working in the Queensland Health Allied Health Relief Pool



Allied Health Relief Pool  
Physiotherapist, Amelia Covey,  
Queensland Health

Hi!

I am currently experiencing the adventure of the new Queensland Health Allied Health Relief Pool. This new service has provided me with so many opportunities to travel and work as a physiotherapist in places I have only ever dreamed about. The service has presented me with the chance to expand my skills in short, medium and long term relief work all while enjoying a broad scope of practice in regional, rural and remote communities.

After working at the Mater Hospital Brisbane, I decided to try rural relief. I found the staff working in the Allied Health Relief Pool to be very accommodating; they listened to my preference for work areas, location and the type of work I wanted to perform. They kept me informed of how things were progressing and made sure I was happy with my pay and conditions.

Rural relief is a great challenge. You learn to problem-solve quickly through resourcing, access to medical specialists and investigations, and some long travel times, but this has made me more adaptable and has expanded my skills and knowledge.

The workload is pretty full-on, but I feel the support structure is improving and has great potential.

Living in the bush is relaxing without the stress of traffic and pollution experienced in a big city. I love the way the community makes its own fun by regularly getting together for gatherings.

To perform rural relief you need to be prepared to work hard, have an open mind and think outside the box. Be prepared to laugh a lot at situations you find yourself working in or socialising at. You will experience a real life of adventure all while having the satisfaction that you are making a real difference.

Regards,  
Amelia Covey  
Physiotherapist  
Queensland Health Allied Health Relief Pool

