



Centre for Palliative Care  
Research and Education



**Queensland**  
Government  

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Queensland Health

# CPCRE REPORT 2001 - 2004

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## Director's Report

Since commencing operations in 2001, CPCRE has established itself as a key point of reference for palliative care service providers in Queensland. During this time, the Centre's work has focused on developing workforce capabilities in providing care to people with life-limiting illness, undertaking research in priority areas that will lead to improvements in the quality of palliative care services in Queensland, and strengthening the nexus between research, policy and practice.

### Developing Workforce Capability

Palliative Care is offered in a range of settings and is delivered by health care providers from a variety of disciplines working in primary, secondary and tertiary settings. The Centre has developed a strong and focused program of education and development activities that are designed to develop the knowledge, skills and abilities of a broad range of service providers so that appropriate, high-quality care can be provided to people with a life-limiting illness when it is needed.

During the past 3 years, our GP Palliative Care Education Program has provided support for 11 innovative education projects across the State. The Program focuses on support for educational activities that foster partnerships between palliative care providers and Divisions of General Practice and that use learning approaches which are likely to achieve sustainable outcomes. Through this program, a number of on-line resources are now available for GPs on the Australian College of Rural and Remote Medicine Website, with further plans established for continuing to build these resources and develop more flexible modes of delivery.

The Program of Experience in the Palliative Approach funded by the Australian Government has enabled us to provide structured clinical placement opportunities for more than 25 nurses and allied health workers across the State. This unique program has been positively received by participants, host site personnel, and employers. To enhance the impact of the program, CPCRE is implementing a range of post-placement support strategies to build on the professional networks developed as a result of the placements, and to promote ongoing learning.

In collaboration with QUT, Flinders University and Northern Territory University, CPCRE was successful in securing an Australian Government grant to develop a national approach to undergraduate education in palliative care across all health disciplines. This unique project has the potential to contribute to major curriculum developments in the health disciplines, and ensure that graduates from these programs develop capabilities that enable them to provide a palliative approach to care.

### Improving the Research-Practice Link

CPCRE has developed a range of initiatives aimed at strengthening the role of evidence-based practice in palliative care settings and making evidence more accessible to clinicians. These initiatives focus on encouraging a culture supportive of evidence-based practice, improving the accessibility of resources required to practice using an evidence-based approach, and development of skills required to support evidence-based palliative care. CPCRE has commenced the first phase of this strategy, which has involved the development and implementation of an Evidence Based Palliative Care Workshop series that is being offered in various sites across Queensland. The pilot workshop conducted in Mt Isa was attended by more than 20 health workers from the District, and incorporated sessions provided by the local health service librarian that focused on 'how to' access key information resources for palliative care. The Centre has also supported projects aimed at reducing the gap between evidence and practice, by providing an advisory role and project support for the National Institute of Clinical Studies Pain Management Project implemented at Royal Brisbane and Women's Hospital.

CPCRE's Annual Palliative Care Research Conference has become established as a major event for Queensland, providing an opportunity to showcase research developments in this field in Queensland. The conference has been held each year since 2002, attracting increasing numbers of delegates from Queensland and interstate.

## Undertaking Research

CPCRE staff have developed programs of research in three core areas: palliative care service delivery; symptom management and supportive care; and professional practice development. These programs have attracted funding through NHMRC, Queensland Cancer Fund, Wesley Research Institute and the Queensland Nursing Council. Centre staff also continue to publish the findings from this work in high quality journals. The research outcomes from the Centre have established CPCRE as one of the leading research Centres nationally. The unique blend of education and research functions of the Centre, together with our focus on working in partnership with the palliative care community, places CPCRE in a strong position to ensure the rapid uptake of research findings in practice.

## Providing Information

CPCRE is recognised as a key source of information and a clearing house for best practice in palliative care activities, professional development opportunities for palliative care providers, and research activities in palliative care. Through its CARESOURCES database, the CPCRE Website includes up-to-date information on educational activities throughout the State. Our quarterly newsletter includes reports on Centre activities, as well as information about contemporary practice issues and upcoming events.

CPCRE is an organisation that has developed a unique position to support Government strategies in relation to palliative care, and address priorities that will lead to substantial and sustained improvements in access to and the quality of palliative care delivered for the people of Queensland. By strengthening the nexus between research, policy and practice, our work contributes to improvements in the well-being of people with life-limiting illness. I would like to sincerely thank CPCRE staff, and members of the palliative care community who have contributed generously to our programs.

**Professor Patsy Yates**

*A/Director*

## About CPCRE

### Who we are...

The Centre for Palliative Care Research and Education (CPCRE) was established by Queensland Health in 2001 to enhance palliative care services in Queensland through education and research endeavours. CPCRE is led by a consortium of organisations who work with other agencies to improve the quality of care provided to people with a life-limiting illness.

The organisations who comprise the Centre for Palliative Care Research and Education consortium include:

- Royal Brisbane and Women’s Hospital;
- The Prince Charles Hospital;
- Queensland University of Technology;
- Karuna Hospice Inc; and
- Queensland Divisions of General Practice.

### What we do...

Palliative Care is an approach that improves quality of life of patients and their families facing the problems associated with life-threatening illness, through the prevention of suffering by means of early identification and impeccable assessment and treatment of pain and other problems, physical, psychological and spiritual<sup>1</sup>. Palliative care is care provided for people of all ages who have a progressive life-limiting illness, with little or no prospect of cure, and for whom the primary treatment goal is quality of life.

The CPCRE works in collaboration with other organisations to promote and support the delivery of high quality palliative care services for the people of Queensland. The Centre’s work focuses on:

- developing the capacity of the palliative care workforce to provide quality palliative care
- improving the links between research and practice in palliative care
- undertaking research to enhance the quality of palliative care
- providing information which supports the delivery of palliative care services.

CPCRE works in partnership with key stakeholders across Queensland to achieve the Centre’s mission by:

- fostering a culture of life long learning amongst all disciplines within the palliative care community
- facilitating high quality, evidence based education initiatives within Queensland
- promoting improved accessibility to palliative care education within Queensland
- promoting the utilisation of research in palliative care policy and practice
- developing the capacity of palliative care community to undertake research
- undertaking research that will lead to advances in palliative care services in Queensland
- contributing to the development of palliative care policy through consultation and collaboration with government and non-government representatives.

1. World Health Organisation 2002.

## DEVELOPING WORKPLACE CAPACITY

Palliative Care is offered in a range of settings (acute, community, residential aged care and hospice), and is delivered by health care providers from a variety of disciplines. A major focus of CPCRE's work is improving the knowledge, skills and abilities of health care providers working in primary, secondary and tertiary settings who are involved in the provision of palliative care.

### GENERAL PRACTICE PALLIATIVE CARE EDUCATION PROGRAM

#### Queensland Health General Practice Palliative Care Education Program

Since 2002, Queensland Health has provided recurrent funding to CPCRE to develop education for General Practitioners (GPs) across Queensland. A General Practice Education Expert Committee comprising representatives from General Practice Education Australia (under the auspices of the Royal Australian College of General Practice), Queensland Rural Medical Support Association, Queensland Divisions of General Practice, and the Australian College of Rural and Remote Medicine, helps to guide implementation of the program.

A primary objective of the GP Education Program is to encourage partnerships between specialist palliative care providers and Divisions of General Practice in the delivery of palliative care education. Specific priority activities have been targeted by the program. These priorities include:

- Leadership/ mentoring in palliative care
- Palliative care expert presentations
- Development of flexible palliative care educational resources
- GP Conference activities.

A summary of the projects funded through the Queensland Health GP Education Program is included in Table 1. As a result of this program, a number of on-line resources are now available for GPs on the Australian College of Rural and Remote Medicine Website, including:

- "Palliative Care Clinical Guidelines" for Palm and Pocket Personal Computers
- "A Doctor's Bag for the Dying On-Line" incorporating discussion forums and interactive case studies for both large and small groups.

Work on a further six on-line Modules is currently underway, with plans for the modules to go 'live' on the Australian College of Rural and Remote Medicine Website by November 2004.

**Table 1: Projects Funded by the Queensland Health GP Palliative Care Education Program**

<b>Queensland Health Palliative Care GP Education Program 2003-2004</b>			
<b>Project Focus</b>	<b>Activity</b>	<b>Lead Organisations</b>	<b>Funding</b>
GP Mentoring/Community Leadership Project	Clinical attachment and mentorship program for two local GPs	Redcliffe District Health Service and Redcliffe/Caboolture & Bribie Island Division of General Practice	\$12,506
GP Education Resource Development Project	A Doctor's Bag for the Dying – On-Line	Toowoomba & District Division of General Practice ('GP Connections'), Toowoomba	\$10,000
GP Education Resource Development Project	Palliative Care Clinical Guidelines for Rural Doctors on Handheld Computers	Australian College of Rural and Remote Medicine; Queensland Health (Northern Zone Team Health Service Districts); Far North Queensland Rural Division of General Practice; Royal Australian College of General Practitioners (RACGP); James Cook University, School of Medicine; Tropical Medical Training Consortium; and Centre for Palliative Care Research and Education.	\$10,000
GP Education Resource Development Project	Rural and Remote Medical Education on-line Palliative Medicine Module	Centre for Palliative Care Research and Education/Australian College of Rural and Remote Medicine	\$10,000
GP Conference Learning Activity Project	Bi-annual South Burnett Medical Post Graduate Conference, Kingaroy, March, 2004	Southern Queensland Rural Division of General Practice (Kingaroy Chapter)	\$1,500
GP Conference Learning Activity Project	The Combined Divisions Conference, Cairns, May 2004	Cairns Base Hospital Division of General Practice	\$1,500
GP Conference Learning Activity Project	Wide Bay Division of GP Annual Postgraduate Weekend, May 2004	Wide Bay Division of General Practice	\$1,500
<b>Queensland Health GP Education Program 2002-2003</b>			
<b>Project Focus</b>	<b>Activity</b>	<b>Lead Organisations</b>	<b>Funding</b>
Leadership/ Mentoring Program in Palliative Care for General Practitioners	Clinical attachment and mentorship program for one local GP, and a quality improvement project focused on developing improved pathways and coordination of care	Ipswich & West Moreton Division of General Practice Fundholder	\$15,895
Combined Mentoring/ Expert Presentation Project	Development and delivery of a workshop "A Doctor's Bag for the Dying"	Toowoomba & District Division of General Practice ('GP Connections'), Toowoomba	\$15,000
Expert Presentation Project	"Keeping GPs in the Loop" seminar offered on two occasions to GPs in Brisbane South	Brisbane South Community Health Services, QEII Hospital, Nathan	\$4,200
Development of palliative care resources	Development of an on-line education module using the Australian College of Rural and Remote Medicine Medical Curriculum	Centre for Palliative Care Research and Education/Australian College of Rural and Remote Medicine	\$11,733

### ***A Doctor's Bag for the Dying:***

A takeaway education program based on the lecture series "A Doctor's Bag for the Dying," created by Toowoomba Connections GPs Dr David Van Gend and Dr Graham Emblem has been developed into a web-based forum, incorporating discussion forums and interactive case studies for both large and small groups. The program was officially launched on Australian College of Rural and Remote Medicine's Medical Education On-Line (RRMEO) site on Tuesday 11th May 2004. As at 30th June, 2004, 44 GPs from across Queensland have enrolled to participate in the program. This innovative program developed through funding provided by the Queensland Health GP Palliative Care Education Program, has resulted in the development of accessible, high quality resources that will enhance the capacity of the primary care workforce in Queensland to provide care to people with life-limiting illnesses.

## **Effective Palliative Care in General Practice Workshops – Holy Spirit Hospital/ Bayer Group**

The Holy Spirit Hospital/Bayer Group was contracted by CPCRE in 2001 to provide a series of 13 workshops entitled "Effective Palliative Care in General Practice Workshops" throughout Queensland. An intensive and interactive program was developed and run over a 3-hour period with the primary objectives being to:

- provide a framework for effectively giving bad news to the palliative care patient
- provide a framework for transitioning patients from curative to palliative care
- develop basic competence in giving bad news and transitioning care
- become aware of the range of resources available in the doctors' communities and methods to access these.

A total of 207 GPs from Toowoomba, Rockhampton, Brisbane, Townsville, Mackay, and Sunshine Coast participated in the workshops. GPs attending the program reported a significant increase in confidence and competence in handling palliative care issues as a result of participating in the program.

## **MANAGEMENT OF THE PROGRAM OF EXPERIENCE IN THE PALLIATIVE APPROACH (PEPA)\***

\* (Funded by the Australian Government Department of Health and Ageing through the National Palliative Care Program)

The Program of Experience in the Palliative Approach (PEPA) is a national program funded by the Australian Government through the National Palliative Care Program that aims to improve the quality, availability and access to palliative care for people with life-limiting illness and their families. To achieve this aim, PEPA's overall objective is to enhance the capacity of health professionals to deliver a palliative care approach through the provision of experiential clinical placements with specialist palliative care services. Currently PEPA is being offered to generalist nurses and allied health staff from the primary health setting (PEPA 1). In 2003, CPCRE was contracted to manage the implementation of PEPA in Queensland. More than 25 health care workers have been allocated clinical placements to date, with ongoing post-program support strategies being developed to ensure sustainability of learning outcomes and professional linkages. Comprehensive evaluation of program outcomes is underway, to be reported at the completion of the program in 2005.

In February 2004, QUT/CPCRE was contracted by the Department of Health and Ageing to investigate the feasibility of expanding the national PEPA program to a wider range of health care professionals. The project involved assessment of the capacity and interest of relevant stakeholder groups in a proposal to expand PEPA, interim evaluation of PEPA 1, identification of principles to guide PEPA, and development of a program plan for an expanded PEPA. A report on the outcome of these activities is due for submission to the Department of Health and Ageing in August 2004.

## QUEENSLAND HEALTH TRANSITION TO PALLIATIVE CARE FOR NURSES MODULE

CPCRE supported the development of a self-paced learning module for registered nurses commencing employment in Queensland Health palliative care settings. The module is one of five modules in the Cancer Care Specialisation Unit that was adopted throughout Queensland in 2003. The module includes a discussion of the concepts and principles of palliative care, the prevention and treatment of common symptoms/clinical problems experienced by palliative patients and the associated nursing implications of these problems.

## CENTRAL ZONE PALLIATIVE CARE NURSES GROUP

CPCRE facilitated the establishment of the Central Zone Palliative Care Nurses Group to address palliative care training and education needs of nurses and thereby enhance the quality of palliative care delivery in Central Zone Health Districts. As part of the network development, CPCRE delivered a 2-day professional development workshop for 18 experienced palliative care nurses in Central Zone in March 2003. Following the workshop, an e-mail discussion group was established to facilitate ongoing communication and networking between group members. Network group members subsequently organised a 1-day education seminar attended by more than 70 generalist nurses in the Sunshine Coast District and surrounding areas.

### *Central Zone Palliative Care Nurses' Group: Education Day for Generalist Nurses*

A seven-member planning group comprising representatives from the Central Zone Palliative Care Nurses' Group and supported by CPCRE staff organised a 1-day education program focused on addressing priority educational needs for registered and enrolled nurses working in generalist practice settings. The program held in June 2003 at Nambour Hospital addressed topics including: The context of palliative care in Queensland; pain assessment and management, pharmacology in palliative care; communication skills in palliative care; and caregiver's experiences. A total of 72 nurses from hospital, community and aged-care settings in South East Queensland attended the education day. Feedback indicated that participants found the sessions relevant and useful to practice, with the involvement of consumers in the program identified as being especially valuable for developing their understanding the needs of patients and their carers.

## SOUTHERN ZONE PALLIATIVE CARE WORKSHOP FOR RURAL AND REMOTE NURSES

CPCRE developed a 2-day workshop focused on meeting the professional education and support needs of its isolated palliative care nurses working in rural and remote areas of Southern Zone. The workshop was commissioned by Queensland Health Southern Zone Management Unit, and included a range of palliative care topics and opportunities for fostering skills in networking and leadership. The workshop took place in Warwick in October 2002 and was attended by 31 nurses from the four rural and remote districts in Queensland's South-West.

## PAEDIATRIC LOSS AND GRIEF EDUCATION PROGRAM

Queensland Health Central Zone Management Unit provided funding for CPCRE to develop an educational program for health professionals supporting children with life-limiting illness and their families. A 3-day palliative care training workshop focusing on paediatric loss, grief and bereavement was developed in collaboration with Dr Judith Murray

from the Loss and Grief Unit of the University of Queensland, and Ms Liz Crowe, Social Worker, Royal Children's Hospital. Held in Bundaberg in late 2003; 31 health, education, disability and pastoral care professionals attended. Pre- and post-workshop surveys identified an increase in participants' self-reported levels of knowledge and skill in the field of paediatric loss and grief. A second stage of the training program incorporating the development of professional networks is to be implemented in 2004–2005.

## **PALLIATIVE CARE CURRICULUM FOR UNDERGRADUATES PROJECT**

\* (Funded by the Australian Government Department of Health and Ageing through the National Palliative Care Program)

The Palliative Care Curriculum for Undergraduates (PCC4U) project, led by Queensland University of Technology in collaboration with the Centre for Palliative Care Research and Education, Flinders University Adelaide and the Northern Territory University aims to promote the inclusion in all health care training of the role of palliative care and its principles and practice in the care of dying people; and support the inclusion of palliative care education as an integral part of all medical, nursing, and allied health undergraduate training, and ongoing professional development.

The outcomes of this project will include:

- A set of principles for including palliative care in undergraduate curricula: The principles will comprise a description of the core values, desirable graduate capabilities, and principles for teaching and learning palliative care in undergraduate courses in the health professions.
- Educational resources for supporting the inclusion of palliative care in undergraduate courses: These resources will complement and demonstrate the application of desirable graduate capabilities and principles for inclusion of palliative care in undergraduate education.
- Identified strategies for facilitating uptake of the guidelines and educational resources: Strategies to facilitate uptake of the principles and associated resources within the tertiary education sector will be published and widely disseminated.

The project commenced in late 2003. Activities to date have focused on:

- Undertaking broad consultation with key stakeholders through survey, focus groups, consultative groups and individual interviews
- Conducting an integrative literature review
- Undergraduate Curricula Scoping Survey
- Survey of the Palliative Care Community
- Development of a Discussion Document for focus group discussions and conducting a series of 20 focus groups across the country
- Refining key graduate capabilities associated with providing a palliative approach to care.

The second component of the project, involving development of education resources, is scheduled for completion by the end of 2004.

## **NATIONAL PALLIATIVE CARE EDUCATION CONFERENCE**

CPCRE in collaboration with the International Institute of Palliative and Supportive Studies, Flinders University hosted the 2nd National Palliative Care Education Conference in Adelaide on 13–14th May 2004. Just over 100 delegates from across Australia joined others who travelled from New Zealand, Singapore and Canada to attend. Approximately 40 papers were presented at the 2-day conference, providing an important opportunity to explore contemporary challenges and developments in palliative care education.

## **PROFESSIONAL SEMINARS AND PUBLIC LECTURES**

### **The Edge of Palliative Care: A Question of Intent, Hosted by Faculty of Law, Queensland University of Technology**

In June 2003, the Faculty of Law and Faculty of Health, Queensland University of Technology, in association with CPCRE and Palliative Care Queensland, hosted a public lecture entitled: "The Edge of Palliative Care: A Question of Intent". The lecture focused on recent changes to the Criminal Code which impacted upon the practice of palliative care. The evening was chaired by Michael Barnes, State Coroner Designate, and included presentations from a panel of experts involved in clinical, research and legal aspects of palliative care. The event was attended by more than 160 registrants and provided an important forum for discussion about the practical implications of the changes to the code for doctors and others practising in palliative care and for patients and their families.

### **Recent Advances in Palliative Care—Research Symposium, Hosted by the Wesley Research Institute, 21<sup>st</sup> October 2003**

The Wesley Research Institute (WRI), held a symposium entitled "Recent Advances in Palliative Care" to provide an update for health professionals on palliative care research developments in Australia and overseas. The symposium was chaired by Associate Professor Patsy Yates, Acting Director, and Director of Research CPCRE, and included presentations by Dr Mark Deuble, Medical Director of Palliative Care, Wesley Hospital, Ms Merran Playdon, Manager of Health Promotion, Wesley Hospital, Associate Professor Janet Hardy, newly appointed Director of Palliative Care, Mater Hospital, and Ms Colleen Cartwright, Senior Research Fellow, University of Queensland. The evening was attended by more than 300 registrants, and was videotaped, with DVD or video copies available for loan from CPCRE.

## IMPROVING THE LINKS BETWEEN RESEARCH AND PRACTICE

CPCRE has developed a range of initiatives aimed at strengthening the role of evidence-based practice in palliative care settings and making evidence more accessible to clinicians. These initiatives focus on encouraging a culture supportive of evidence-based practice, improving the accessibility of resources required to practice using an evidence-based approach, and development of skills required to support evidence-based palliative care.

### CPCRE EVIDENCE-BASED PALLIATIVE CARE PRACTICE STRATEGY

CPCRE has developed a 3-stage strategy aimed at enhancing the links between research and practice in palliative care. Stage One involves the development and implementation of an Evidence-Based Palliative Care Workshop series that is being offered in various sites across Queensland. Topics covered in the workshop include:

- the role of evidence in palliative care practice
- locating and reviewing the evidence
- overcoming barriers to using evidence in palliative care practice
- identifying priorities and strategies for developing the evidence base for palliative care.

The workshops target all health care professionals involved with providing palliative care, and include presentations and small group discussions of various concepts in evidence based palliative care. Local health service librarians are invited to conduct an interactive session enabling participants to review the various electronic databases and other resources that may assist in their day-to-day practice. Case studies focusing on current evidence on management of priority practice issues are used to illustrate the processes of critical review and application of research findings to individual practice contexts. The pilot workshop was conducted in Mt Isa on 13th May 2003 and was attended by 25 health professionals from the District. The workshop series is planned to be offered in at least 3 sites across the State each year, to develop a culture supportive of evidence-based palliative care in Queensland. An evaluation strategy has been developed to assess the effectiveness and impact of the strategy.

Stage Two of the program is to be implemented in 2004–2005 and will involve the training of selected palliative care providers in skills of critical review of evidence to enable them to become resource persons for the Queensland community. Planning for Stage 3 has already commenced, and will involve the establishment of an Evidence-Based Palliative Care Resource Centre on the CPCRE Website.

### ANNUAL RESEARCH CONFERENCES

CPCRE holds an annual research conference as part of its commitment to fostering a research culture and developing the research capacity of the palliative care community. The 1-day conference program includes invited presentations as well as research abstracts submitted by members of the palliative care community. The conference has provided an opportunity for leading Queensland palliative care researchers from a variety of disciplines to present on a wide range of topics including palliative care in aging, palliative care in neurodegenerative disease, rural issues in palliative care, and indigenous palliative care issues, as well as topics relating to various clinical and educational issues in palliative care. As part of the program, an interactive workshop or panel discussion is held to enable participants to engage in open forum discussions on issues relating to the development of palliative care research. Topics for these interactive discussions have included: research priorities in palliative care; implementation of research findings in practice; and developing networks for palliative care research. A brief overview of some highlights from the 2002, 2003 and 2004 conferences is presented in Table 2.

**Table 2: Overview of CPCRE Annual Research Conferences 2002–2004**

Year	Keynote Presentation	Major Presentation Topics	Registrations
2002	<p><u>Opening Address:</u> Professor Bryan Campbell, Chief Health Officer, Queensland Health</p> <p><u>Keynote Address:</u> The Future of Palliative Care Research in Australia, Professor David Currow, Institute for Palliative and Supportive Studies, Flinders University</p>	<p>“The use of nebulised hydromorphone for the treatment of dyspnoea in palliative care patients – development of assessment”, Dr. Liz Reymond (Mt Olivet Hospital)</p> <p>“Is there a place for complementary and alternative medicine in palliative care? The experiences of patients with advanced cancer”, Ignacio Correa – Velez (School of Population Health, UQ)</p> <p>“Therapeutic palliative care environment criteria: a pilot project”, Dr. Malgosia Zlobicki (School of Design and Built Environment, QUT)</p> <p>“Using videophone technology to support and deliver palliative care services”, Dr. Rosemarie Klingberg / Claire Guilfoyle (Blue Care Brisbane)</p> <p>“Palliative care providers access to palliative care information”, Dr. Peter Whan (Social &amp; Preventive Medicine, UQ)</p>	126
2003	<p><u>Opening Address:</u> Dr Gerry Fitzgerald, Chief Health Officer, Queensland Health</p> <p><u>Keynote Address:</u> Building partnerships in palliative care research - Ideas, people and vision’ Professor Linda Kristjanson, Chair of the Palliative Care, Cancer Foundation, W.A.,</p>	<p>“Palliative care needs of people with neurodegenerative disorders”, Dr. Judy Wollin (QUT)</p> <p>“Pain: The experience of people with dementia”. Professor Jenny Abby (QUT/The Prince Charles Hospital)</p> <p>“Aboriginal women dying to be at home – Findings of an ethnographic study” Deborah Prior (UQ)</p> <p>“Support education assessment and monitoring service for regional and rural people”. Samantha Fitzgerald and Michelle Crawford (GP Connections, Toowoomba)</p> <p>“Developing an on-line educational resource for General Practitioners in rural and remote areas” Dr. Louise Welch (Cairns Base Hospital and Gordonvale Memorial Hospital Palliative Care and Respite Unit)</p>	135
2004	<p><u>Opening Address:</u> Associate Professor Patsy Yates, A/Director, CPCRE</p> <p><u>Keynote Address:</u> Research and Quality in Palliative Care Service Delivery, Professor Sanchia Aranda, Peter MacCallum Cancer Centre</p>	<p>“Current issues and controversies in clinical research in Palliative Care”, A/Prof Janet Hardy (Mater Hospital and CPCRE)</p> <p>“Dying in residential aged care settings”, Debbie Parker, (QUT)</p> <p>“Scoping undergraduate palliative care education” in the health professions. Robyn Nash, (QUT)</p> <p>“CareSearch: Finding Australia’s palliative care evidence”, Belinda Fazekas, (Flinders University)</p>	123

### ***The Inaugural CPCRE Palliative Care Research Conference***

The inaugural CPCRE Research Conference held in Brisbane on 26 July 2002 was attended by 126 delegates from a variety of disciplines including nurses, GPs, specialist palliative care practitioners, allied health professionals, volunteers and students, as well as state and commonwealth government policy officers.

The speakers represented a mix of new and seasoned researchers, led by Professor David Currow from Flinders University in South Australia, who gave an inspirational keynote address on the future of Palliative Care Research in Australia. Delegates described the presentations as being highly relevant, interesting and wide-ranging in content. An afternoon workshop session, entitled, "Priorities in Palliative Care Research in Queensland", identified several priority issues for research development in this state including enhancing research knowledge and skills of palliative care clinicians, developing mentoring opportunities, and offering more opportunities to attend workshops and conferences with a research emphasis.

## **RESEARCH SKILLS WORKSHOPS**

CPCRE has developed a 'Getting Started in Research' Workshop that has been offered annually since 2002. The first workshop was held as a pre-conference event associated with the Palliative Care Queensland Biennial Conference at Noosa in October 2002. The workshop was attended by 30 participants from diverse groups and various localities, including those who travelled from Biloela, Warwick and Stanthorpe. Overall, participants attending the inaugural workshop rated the content and process of the workshop to be excellent, with many commenting favourably on the use of small groups to facilitate discussion on designing of research studies. The second workshop was held at Ipswich Hospice in May 2003, and was attended by 14 participants from the Ipswich District.

## **NATIONAL INSTITUTE OF CLINICAL STUDIES PAIN MANAGEMENT PROJECT**

The National Institute of Clinical Studies (NICS) is Australia's national agency for improving health care by helping close important gaps between best available evidence and current clinical practice. Cancer pain management has been identified by NICS as one important area where the gap between evidence and practice could be improved. In 2003, NICS initiated a national project focused on exploring and developing strategies for improving institutional commitment to cancer pain management and improving the day-to-day management of patient's pain by clinicians.

As part of this project, NICS called for expressions of interest from eligible hospitals who may be interested in participating as a pilot site to trial the pain management initiative. Royal Brisbane and Women's Hospital was selected as the pilot site in Queensland. CPCRE has provided practical support to the RBWH team through provision of a part time project officer in the initial phases of the project to conduct pain audits, as well as ongoing advice about implementation of strategies for improving pain assessment practices and evaluating the effectiveness of these strategies.

## UNDERTAKING RESEARCH

### RESEARCH GRANTS & CONSULTANCIES AWARDED TO CENTRE STAFF

<b>Palliative Care Services Research Program</b>				
<b>Year</b>	<b>Title</b>	<b>Granting Agency</b>	<b>Amount</b>	<b>Chief Investigators</b>
2003	A national analysis of the palliative and supportive care needs of families whose children die from cancer (Lead Agency: Edith Cowan University)	National Health and Medical Research Council	\$65,000	Monterosso, L., Kristjanson, L., Yates, P., Sawyer, S., Hynson, J., Phillips, M.
2002	Development of a 'pop-up palliative care service': a new model for providing palliative care to rural and remote communities (Lead Agency: Edith Cowan University)	National Health and Medical Research Council	\$150,000	White, K., Wilkes, L., Yates, P.
2002	Assessment of the effectiveness of Australian models of palliative care delivery in four neuro-degenerative disorders (Lead Agency: Edith Cowan University)	National Health and Medical Research Council	\$150,000	Kristjanson, L., Wollin, J., Toye, C., Yates, P. (Associate Investigator)
2002	Evaluation of Inter-District Palliative Care Service Integration Projects	Queensland Health	\$7,000	Yates, P., Mitchell, G., Canning, D.
<b>Symptom Management and Supportive Care Research Program</b>				
2004–2005	A prospective longitudinal study of symptom clusters and their effects on physical and psychological functioning of patients with metastatic cancer	National Health and Medical Research Council	\$149,599	Yates, P., Aranda, S., Clavarino, A., Miaskowski, C., Beadle, G., Skerman, H.
2003	Development of decision support tools and patient education materials for improving cancer pain management	Institute for Health and Biomedical Innovation – Seed Funding	\$10,000	Yates, P., Edwards, H., Nash, R., Aranda, S., Skerman, H.
2003–2004	Understanding nausea: Clinical and patient perspectives	National Health and Medical Research Council	\$100,000	Yates, P., Clavarino, A., Mitchell, G., Hudson, P., Cameron, G.
2002	A randomised controlled trial of a family focused intervention for improving cancer pain management	Australian Health Management Group	\$56,000	Yates, P., Edwards, H., Nash, R., Aranda, S., Najman, J., Purdie, D.
2001–2003	A randomised controlled trial of a nursing intervention for managing dyspnoea in patients with lung cancer	Wesley Research Institute	\$43,000 + \$27,500	White, L., Yates, P., Smith, S.

Professional Practice Development Research Program				
Year	Title	Granting Agency	Amount	Chief Investigators
2004	Development of competencies for specialist palliative nursing practice	Queensland Nursing Council	\$22,262	Canning, D., Yates, P. Rosenberg, J.
2003–2004	Multidisciplinary Undergraduate Palliative Care Curriculum Project	Australian Government Department of Health and Ageing	\$556,594	Yates, P., Canning, D., Currow, D., Nash, R., Grbich, C., Hegarty, M., Devery, M. Mitchell, G., Grantham, H.
2001–2004	Case conferencing: Improving patient care using palliative care as a model	National Health Development Fund	\$375,100	Mitchell, G., Del Mar, C.
2001–2003	The impact of a structured intervention to improve doctor's care of dying patients.	Queensland Cancer Fund	\$150,000	Kelly B., Burnett P., Varghese F, Mitchell G, Turner J, Robertson M.
2002	Access and barriers to palliative care information resources in Queensland	Centre for Palliative Care Research and Education	\$5,000	Whan, P., Yates, P., Canning, D., Mitchell, G.

### Evaluation of Palliative Care Services Integration Projects

In 2001, Central Zone Management Unit invited joint submissions from service providers to undertake projects aimed at establishing formal linkages and networks between palliative care service providers throughout the Central Zone. CPCRE was engaged to evaluate the outcomes from the two integration projects supported by this initiative: (1) Redcliffe-Caboolture and Bundaberg Districts; (2) Rockhampton and Banana Districts. Evaluations demonstrated a wide range of benefits for the services and their clients in terms of an increase in networking between service providers and improved knowledge and skills of service providers in the palliative approach.

## PUBLICATIONS AND PRESENTATIONS 2001–2004

### PUBLICATIONS

#### 2004

Aranda, S., Yates, P., Edwards, H., Nash, R., Skerman, H., & McCarthy, A. (2004) Barriers to effective cancer pain management. A survey of Australian family caregivers. *European Journal of Cancer Care*, 13(4): 303-396.

Beadle, G., Yates, P., Najman, J., Clavarino, A., Thomson, D., Williams, G., Kenny, L., Roberts, S., Mason, B., & Schlect, D. (2004) Beliefs and practices of patients with advanced cancer: Implications for communication. *British Journal of Cancer*, 91:254-257.

Beadle, G., Yates, P., Najman, J., Clavarino, A., Thomson, D., Williams, G., Kenny, L., Roberts, S., Mason, B., & Schlect, D.

(2004) Illusions in advanced cancer: The effect of beliefs systems and attitudes on quality of life. *Psychooncology*, 13(1): 26-36.

Del Mar C. & Mitchell, G. (2004) Feedback of evidence into practice. *Medical Journal of Australia*, 180:S63-S65.

McGrath B, Truong B, Reymond L, & Mitchell G. (2004) Training and supporting GPs in providing palliative care to a Vietnamese-Australian community. *Australian Family Physician*, 33:167-168.

Mitchell G., Reymond E., & McGrath B. (2004) Palliative care:

promoting general practice participation. *Medical Journal of Australia*, 180: 207-208.

Rosenberg, J. P. & Canning, D. (2004) Palliative care by nurses in rural and remote practice. *Australian Journal of Rural Health*, 12(4):166-171.

Rosenberg, J., Canning, D., Burch, J., Yates, P. & Harris, M. (2004) Benefits to practice: An evaluation of a palliative care course. *Australian Journal of Cancer Nursing*, 5(1).

Yates, P., Edwards, H., Nash, R., Aranda, S., Najman, J., Purdie, D., Skerman, H. & Walsh, A. (2004) A randomised controlled trial of a patient education intervention for improving cancer pain management. *Patient Education and Counselling*, 53(2):227-237.

## 2003

Cairns W. & Yates P. (2003) Education and training in palliative care. *Medical Journal of Australia*, 179:S23-S26.

Mitchell G. & Seamark D. (2003) How general practitioners treat their palliative care patients: a chart audit. *Palliative Medicine*, 17:289-292.

Yates, P., Dewar, A., Brown, L., Goransson, E., Reid, A., Hargraves, M., Perrot, S., Kennedy, R., & Morgan, J. (2003) Educational preparation from chemotherapy administration. *Australian Journal of Cancer Nursing*, 4(2):4-10.

Yuen K, Behrndt M, Jacklyn C & Mitchell, G. (2003) Palliative care at home: General practitioners working with palliative care teams. *Medical Journal of Australia*, 179:S38-S40.

## 2002

Barrett, L. & Yates, P. (2002) Oncology/haematology nurses: a study of job satisfaction, burnout, and intention to leave the specialty. *Australian Health Review*, 25(3): 109-121.

Mitchell G. (2002) How well do general practitioners deliver palliative care? A systematic review. *Palliative Medicine*; 16: 457-464

Mitchell G., de Jong I., Del Mar C., Clavarino A., & Kennedy R. (2002) General practitioner attitudes to case conferences: how can we increase participation and effectiveness? *Medical Journal of Australia*, 177:95-97.

Mitchell G., Del Mar C. & Francis D. (2002), Does general practitioner involvement with a specialist team make a difference to patient outcomes for patients with chronic or complex conditions: a systematic review. *British Journal of General Practice*, 52:934-939.

Russell G. & Mitchell G. (2002) Primary care reform: a view from Australia. *Canadian Family Physician*, 48:440-443.

Yates, P., Baker, D., Barrett, L., Christie, L., Dewar, A., Middleton, R., Moore, D., Stallan, G. & Bennetto, G. (2002) Cancer nursing

research in Queensland Australia: Barriers, priorities and strategies for progress. *Cancer Nursing*, 25(3): 167-180.

Yates, P., Edwards, H., Nash, R., Walsh, A., Fentiman, B., Skerman, H., McDowell, J., & Najman, J. (2002) Barriers to effective cancer pain management: A survey of hospitalised cancer patients in Australia. *Journal of Pain and Symptom Management*, 23:393-405.

## 2001

Edwards, H., Nash, R., Yates, P., Najman, J., Fentiman, B., Walsh, A., McDowell, J. & Skerman, H. (2001) Improving pain management by nurses: a pilot peer intervention program. *Nursing and Health Sciences*, 3:35-45.

Edwards, H. E., Nash, R. E., Najman, J. M., Yates, P. M., Fentiman, B. J., Dewar, A., Walsh, A. M., McDowell, J. K., & Skerman, H. M. (2001) Determinants of nurses' intentions to administer narcotic analgesia for pain relief. *Nursing and Health Sciences*, 3(3):149-159.

Helmrich, S., Yates, P., & Nash, R. (2001) Nurses' views of the use of nonpharmacological pain therapies. *Australian Journal of Advanced Nursing*, 19(1): 27-35.

Mitchell G. (2001) Reflections: Cancer patients, cancer treatments. *Australian Family Physician*, 30: 1001.

Mitchell G & Currow D. (2001) Chemotherapy: when to call it quits. *Australian Family Physician*, 31:129-133.

Mitchell G & Price J. (2001) Developing palliative care networks in regional centres: The Ipswich community Palliative Care Model. *Australian Family Physician*, 30: 58-62.

Rose, P & Yates, P. (2001) The quality of life for patients with head and neck cancer. *Cancer Nursing*, 24(4):255-263.

Veitch C, Hollis J, Worley P, & Mitchell G. (2001) Problems and solutions in participant recruitment and research. *Australian Family Physician*, 30:399-405.

Yates, P. (2001) Recent developments in cancer nursing: Overview. *Cancer Forum*, 24(1):3-6.

## PUBLISHED CONFERENCE EXTRACTS

### 2004

Yates, P., Aranda, S., Hargraves, M., McLachlan, S., Mirolo, B., Clavarino, A., Milne, D. & Skerman, H. (2004) A randomized controlled trial of an educational intervention for improving fatigue in women receiving adjuvant treatment for early stage breast cancer. *Oncology Nursing Forum*, 31(2): 382.

Hargraves, M., Yates, P., Aranda, S., McLachlan, S., Mirolo, B., Clavarino, A., Milne, D. & Skerman, H. (2004) Commencing

adjuvant chemotherapy for early stage breast cancer: What should nursing assessment involve? *Oncology Nursing Forum*, 31(2): 388.

## 2003

Yates, P., Skerman, H., Edwards, H., Aranda, S. & Nash, R. (2003) The influence of caregiver age and gender and patient clinical factors on family caregivers' perceptions of and involvement in cancer pain management. *Oncology Nursing Forum*, 30(2): 144-145.

## 2002

Yates, P., Edwards, H., Nash, R. & Aranda, S. (2002) A randomised controlled trial of behavioral interventions for improving cancer pain management. *Oncology Nursing Forum*, 29 (2): 344.

## 2001

Mitchell G. & Del Mar C. (2001) Are patient outcomes improved when primary medical practitioners and specialist services are formally linked? A systematic review.. *General practice and primary health care research conference Department of Health and Aged Care*. Adelaide. Conference proceedings p112.

Mitchell G & Seamark D. (2001) The GP management of palliative care patients in a British rural town. 44th Annual Scientific convention. *Royal Australian College of General Practitioners*. Sydney. Conference proceedings p81.

Yates, P., Hargraves, M., Campbell, J., Mirolo, B., Baker, D. & Clinton, M. (2001) Factors influencing patient's self efficacy with managing cancer-related symptoms. *Oncology Nursing Forum*, 28(2): 339-340.

## BOOK CHAPTERS

Kissane, D. & Yates, P. (2003) Psychological and Existential Distress. In Aranda, S. & O'Connor, M. *Palliative Nursing: An Australian Perspective*. Ausmed: Melbourne.

Writing Group (including Mitchell G.) (2001) *Therapeutic Guidelines: Palliative Care*. Melbourne. Therapeutics Guidelines.

## NON-REFEREED PUBLICATIONS JOURNAL ARTICLES

Brisley, T., Hargraves, M., Long, C., Morton, C., Poulton, G., Rogers, M., Snodgrass, H., Yates, P. (2003) Nurse staffing levels in outpatient chemotherapy: A review of the literature. *Australian Journal of Cancer Nursing*, 4(2):11-14.

Brisley, T., Hargraves, M., Long, C., Morton, C., Poulton, G.,

Rogers, M., Snodgrass, H., Yates, P. (2003) Safe handling of cytotoxic chemotherapy: implications for cancer nursing practice. *Australian Journal of Cancer Nursing*, 4(2): 15-17.

Canning, D. & Mitchell, G. (2002) Centre for Palliative Care Research and Education Queensland - one year on. *Journal for Community Nurses*. 7(3):12.

Dewar, A., Steginga, S., Dunn, J. McCarthy, A., Yates, P. & Beadle, G. (2003) Delivering cancer nursing education to regional, rural and remote nurses in Queensland. *Cancer Forum*, 27(2): 111-114.

Wallace, A. & Yates, P. (2003) Basic Medical Research on the Internet for Lawyers. *Journal of the Australian Plaintiff Lawyers Association*, 55:24-27.

Yates, P. (2001) Developing a cancer nursing workforce for the future: locating the role for nursing education. *Australian Journal of Cancer Nursing* 3: 4-8.

Yates, P. & Grealish, L. (2001) Achieving system level change to improve cancer outcomes: are we making progress. *Australian Journal of Cancer Nursing*, 3(1), 3.

## UNPUBLISHED REPORTS

### 2004

Canning, D. & Rosenberg, J. *Paediatric Loss and Grief: Evaluation Report: Report to Central Zone Management Unit, Queensland Health*.

### 2003

Canning, D. General Practice Education Program 2002/2003: *Final Report to Statewide Non-Government Health Services Unit*. Queensland Health.

Canning, D. & Rosenberg, J. *Establishment of the Central Zone Palliative Care Nurses Group: Report to Central Zone Management Unit*, Queensland Health.

Rosenberg, J. & Canning, D. *Rural and Remote Palliative Care Nursing: Report to Southern Zone Management Unit*. Queensland Health.

McDonald, P., Yates, P., Mitchell, G., & Canning, D. *Report into interdistrict collaborative programs pilot project*. Queensland Health.

## OTHER PUBLICATIONS

### 2004

Canning, D. (2004) Pre-Conference Workshop: Nursing Strategies in Palliative Care. *International Society of Nurses in Cancer Care Newsletter*. 16(2).

Canning, D. (2004) Laying the foundations for change: PCC4U Project. *International Society of Nurses in Cancer Care Newsletter*. 16(2).

## 2003

Mitchell G. (2003) Hilda's Dream, to reality. Development of palliative care services. *Palliative Care News, Spring Edition*, Palliative Care Australia.

Rosenberg, J. & Canning, D. (2003) Letter to the Editor, *Palliative Care News, Summer Edition*, Palliative Care Australia.

Yates, P. (2003) Enhancing the benefits of nursing research for people with cancer (Part 1). *International Cancer Nursing News*, Vol 15(2).

Yates, P. (2003) Enhancing the benefits of nursing research for people with cancer (Part 2). *International Cancer Nursing News*. Vol 15(3).

Yates, P. (2003) Issues in postgraduate education. In: Leading Opinions, *Collegian*, 10(4): 7.

Yates, P. (2003) Multidisciplinary Undergraduate Palliative Care Curriculum Project. *Palliative Care News, Spring Edition* Palliative Care Australia.

Yates, P. (2003) Reflections on the poster display. *International Cancer Nursing News* Vol 14(3): 11.

## 2002

Canning, D. (2002) The Centre for Palliative Care Research and Education - An Update. *Oncology Nurses Group Newsletter*, May.

Yates, P. (2001) A wealth of poster information. *International Cancer Nursing News*, Vol 12, 3.

## Book Reviews

Canning, D. The Principles of Palliative Care, An Introduction, Pollard, B. 2002; Copy Centre: Newcastle. In *Palliative Care News*, No 53, Nov 2002, p.7.

Canning, D. (2002) Kinghorn, S. & Gamlin, R. (2001). Palliative Nursing, Bringing Comfort and Hope. Bailliere Tindall: UK. In *Australian Journal of Cancer Nursing*, 3(1), p24.

## CONFERENCE PRESENTATIONS

### Invited International

#### 2003

Yates, P. Unity in our Diversity: Individual and collective action to achieve excellence in cancer care. Keynote Address at the 12th New Zealand Haematology and Oncology Nurses Conference, Dunedin, NZ, Mar 2003.

Yates, P. Evidence based strategies for improving outcomes for people with cancer. Invited Presentation at the 12th New Zealand Haematology and Oncology Nurses Conference, Dunedin, NZ, Mar 2003.

#### 2002

Yates, P. Moving towards evidence based cancer nursing practice. Invited Faculty Member for the Preconference Workshop at the 12th International Conference on Cancer Nursing, London, July, 2002.

Yates, P. Conference summation: Overview of poster presentations. Invited Presentation at the Final Session of the 12th International Conference on Cancer Nursing, London, July 2002.

Yates, P. Current issues in quantitative research, Invited Presentation in the Advanced Research Session, 12th International Conference on Cancer Nursing, London, July 2002.

Yates, P. Challenges in Oncology Nursing Education: Preparing oncology nurses for the 21st Century. Keynote Address, Second Regional Oncology Nursing Conference, Singapore, May 2002.

Yates, P. Enhancing Quality of Life and Self Care: The Nurses' Role in Symptom Management. Invited Paper, Second Regional Oncology Nursing Conference, Singapore, May 2002.

Yates, P. Surviving a death in the family: Understanding and helping family caregivers. Invited Paper, Second Regional Oncology Nursing Conference, Singapore, May 2002.

#### 2001

Yates, P. Overcoming the Barriers to Effective Pain Management, Keynote Address Presented at the 2001 New Zealand Pain Society Annual Scientific Meeting, June, 2001.

Yates, P. Communicating with Patients in Pain: Using Evidence Based Strategies. Workshop Presented at the 2001 New Zealand Pain Society Annual Scientific Meeting, June, 2001.

Yates, P. Undertaking research in cancer pain. Workshop Presented at the 2001 New Zealand Pain Society Annual Scientific Meeting, June, 2001.

### Invited National

#### 2004

Hardy, J. How does opioid rotation square with opioid pharmacology? 13th Annual Symposium Sydney Institute of Palliative Care, March 2004.

Hardy, J. Research methodology – trials and tribulations in Palliative Care. 13th Annual Symposium Sydney Institute of Palliative Care, March 2004.

## 2003

Yates, P. The future of clinical oncology. 30th Annual Scientific Meeting of the Clinical Oncological Society of Australia, Perth, Nov 2003.

Yates, P. Addressing educational needs: Evidence based strategies for patient education. Presentation at the 5th National Breast Nurse Conference, Melbourne, 2003.

Yates, P. The Breast Care Nurse: Future Roles in Australia, Panel Presentation at the 5th National Breast Nurse Conference, Melbourne, Feb 2003.

Yates, P. Developing and validating clinical indicators. NHMRC Palliative Care Research Workshop, Adelaide, Feb, 2003.

## 2002

Mitchell G. "Hilda des Arts inaugural paper. Changing minds; community responses to palliative care.": Palliative Care Qld Inc (PCQI) 2002 Biennial State Conference, October 2002.

Yates, P. Plenary paper: "Partnerships and Parallels: A Queensland Perspective", PCQI 2002 Biennial State Conference, October 2002.

## 2001

Yates, P. Cancer Nursing Research Initiatives. Panel Presentation at the 4th Annual Winter Congress of the Cancer Nurses Society of Australia, 2001.

## CONFERENCE PRESENTATIONS

### 2004

Hardy, J.R. Current issues and controversies in clinical research in palliative care. CPCRE, 3rd Annual Research Conference, June 2004.

Hardy, J.R., Beebe, H., Dingle, K., Yates, P. Developing palliative care research networks in Queensland. CPCRE 3rd Annual Research Conference, June 2004.

Hardy, J.R., Vora, R., Richter, S., Chin, A., Toll, T. Low dose methotimeprezine for the control of nausea. CPCRE, 3rd Annual Research Conference, June 2004.

Canning, D., Rosenberg, J., Burch, J., Harris, M. & Yates, P. The science and art of palliative care. Education: an evaluation of a palliative care course. National Palliative Care Conference, Adelaide, May, 2004.

Stephenson, D., & Yates, P. Patient education: Pain management and RCTs. National Palliative Care Education Conference, Adelaide, May, 2004.

Yates, P & Nash, R. The PCC4U Project. National Palliative Care Education Conference, Adelaide, May, 2004.

Hargraves, M., Yates, P., Aranda, S., McLachlan, S., Mirolo, B., Clavarino, A., Milne, D., & Skerman, H. Commencing adjuvant chemotherapy for early stage breast cancer: What should nursing assessment involve?. Oncology Nursing Congress, Anaheim, April 2004.

Yates, P., Aranda, S., Hargraves, M., McLachlan, S., Mirolo, B., Clavarino, A., Milne, D., & Skerman, H. A randomized controlled trial of an educational intervention for improving fatigue in women receiving adjuvant treatment for early stage breast cancer. Oncology Nursing Congress, Anaheim, April 2004.

## 2003

Israel F, Reymond E, Mitchell G, McGrath B, Welch D. Research study into the educational, training and support needs of General practitioners in palliative care: reflections on interviews conducted with carers. CPCRE Second Annual Research Conference in palliative care. June 2003, Brisbane.

Rosenberg, J. & Canning, D. A foot in the door of isolated practice: reaping the benefits of an evaluation process. 2nd Annual CPCRE Research Conference, June 2003, Brisbane.

Canning, D. & Rosenberg, R. The Baby is in the Bathwater! Is there a future for palliative care? 7th Australian Palliative Care Conference 2003, Adelaide.

McGrath B., Truong N., Reymond E., Mitchell G. & Welch D. Enhancing GP's understanding of the palliative care needs of an Australian-Vietnamese community. 7th Australian Palliative Care Conference 2003, Adelaide.

Reymond E., McGrath B., & Mitchell G. GP education, training and support needs in palliative care: Results of the national scoping study. 7th Australian Palliative Care Conference 2003, Adelaide.

Rosenberg, J. & Canning, D. The many faces of isolation: Optimising the potential of nurses practising palliative care in rural and remote communities. 7th Australian Palliative Care Conference 2003, Adelaide.

Yates, P. Factors associated with patients' desire to be involved in decision making about cancer pain management. 7th Australian Palliative Care Conference 2003, Adelaide.

Mitchell G, Reymond E., & McGrath B. A study of the education and support needs of GPs for palliative care. Finding the right population. AAAGP Research Meeting. Flinders University. Canberra, 2003.

Mitchell G, Reymond E., & McGrath B. Developing rational education and support strategies for the problem of GP palliative care delivery. PHC Red Conference. Canberra, 2003.

## 2002

Yates, P., Edwards, H., Aranda, S., Nash, R. et al. Plenary Presentation: A randomised controlled trial of a nurse administered behavioural intervention for improving cancer pain management in ambulatory settings. Annual Scientific Meeting of the Clinical Oncological Society of Australia, November 2002. (*Presentation awarded 'Best of the Best Presentation' at the meeting*).

Bowman, J. Henderson, M., Heywood, T., Kennewell, J. Rosenberg, J. & Slade, G. Concurrent Presentation: Providing after-hours palliative care at home – a snapshot. PCQI 2002 Biennial State Conference, October 2002.

Canning, D. & Rosenberg J. "The Baby's in the bathwater" Is there a future for palliative care, PCQI 2002 Biennial State Conference, October 2002.

Mitchell, G., Yates, P., & Canning, D. The CPCRE - progress in developing partnerships in research and education, PCQI 2002 Biennial State Conference, October 2002.

Rosenberg, J., Hindle, S., Johnson, A., & Windsor, M. The Navigator – Professional Partnerships in family caregiving. PCQI 2002 Biennial State Conference, October 2002.

Yates, P., Edwards, H., Nash, R., Aranda, S. Understanding the multiple dimensions of cancer pain experience. International Conference on Cancer Nursing, London, Sept 2002.

Yates, P. Symptom Management: A nursing perspective. 42nd Annual Princess Alexandra Hospital Annual Scientific Symposium, Brisbane, July 2002.

Boyd, C, & Yates, P. Palliative care in transplantation. 5th Annual Winter Congress of the Cancer Nurses Society of Australia, Canberra, June 2002.

Hargraves, M., & Yates, P. Cancer survivors: the journey. 5th Annual Winter Congress of the Cancer Nurses Society of Australia, Canberra, June 2002.

Stallan, G., Yates, P., Middleton, R., Haseman, D., Bennetto, G., Dewar, A., Ellem, P., Barrett, L. Factors influencing nurses' information giving to people with cancer and their families: A descriptive study. 5th Annual Winter Congress of the Cancer Nurses Society of Australia, Canberra, June 2002.

Mitchell G., Del Mar C., Eastwood H, O'Keefe L , & Toalster R Using evidence to develop a continuing medical education programme for a Division of General Practice PHC-RED Conference. Melbourne. May 2002.

Mitchell G., Del Mar C., Clavarino A, & Richards T. Using a randomised controlled trial to assess the effectiveness of case conferences in the care of palliative care patients: methodological issues. PHC-RED Conference. Melbourne. May 2002.

Mitchell G., de Jong I., Lewis-Driver M., Kennedy R. GP attitudes towards case conferences and their ideas about making them work. PHC-RED Conference. Melbourne, May 2002.

Yates, P. A randomised controlled trial of behavioural interventions for improving cancer pain management in ambulatory settings. Oncology Nursing Society Congress, Washington DC, 20th April 2002.

Mitchell G., de Jong I., Del Mar C., & Clavarino A. Attitudes of General Practitioners and Palliative Care Unit Staff on the role of GPs in palliative care teams. RACGP 45th Annual Scientific Meeting, Perth 2002.

Mitchell G., & Seamark D. Can Clinical Palliative Care guidelines be applied to community palliative care patients? Australian and New Zealand Society of Palliative Medicine, Townsville 2002.

Yates, P., Edwards, H., Nash, R., Aranda, S., Evaluating behavioural interventions for cancer symptom management. RCNA/Sigma Theta Tau International Nursing Research Conference, Brisbane, 2002.

## 2001

Yates, P., Hargraves, M., Mirolo, B. Post-treatment symptom experiences of urban and rural cancer patients. Paper presented at the 28th Annual Scientific Meeting of the Clinical Oncological Society of Australia, Brisbane, November, 2001.

Yates, P., Edwards, H., Nash, R., Najman, J., Aranda, S., Purdie, D., Fentiman, B., Walsh, A. & Skerman, H. Identifying attitudinal and behavioural predictors of pain experiences amongst ambulatory cancer patients. Paper presented at the 28th Annual Scientific Meeting of the Clinical Oncological Society of Australia, Brisbane, November, 2001.

Yates, P., Edwards, H., Nash, R., Najman, J., Aranda, S., Purdie, D., Fentiman, B., Walsh, A. & Skerman, H. A randomised controlled trial of nurse administered behavioural interventions for improving cancer pain management in ambulatory settings. Queensland Health Medical and Scientific Meeting, Brisbane, December, 2001.

Yates, P., Mirolo, B., Hargraves, M., Baker, D., Campbell, J., Sellick, K. & Clinton, M. The post-treatment symptom experiences of people with cancer: Implications for development of cancer nursing services. Paper presented at the 1st Sing Health Nursing Conference, Singapore, July, 2001.

## POSTER PRESENTATIONS

Yates, P., Skerman, H., Edwards, H. The influence of caregiver age, gender, and patient clinical factors on family caregivers' perceptions of and involvement in cancer pain

management. Poster presented at the 28th Annual Congress of the Oncology Nursing Society, Denver May 2003.

Yates, P., Edwards, H., Aranda, S., Nash, R., Skerman, H., McCarthy, A. Identifying predictors of family involvement in cancer pain management. 7th National Conference on Cancer Nursing Research, San Diego, Feb 2003.

Whan, P., Canning, D. Yates, P. & Mitchell, G. Information Resources for Palliative Care: Who uses What - How, Where and Why? 8th Congress of the European Association for Palliative Care, The Hague, The Netherlands, April, 2003.

Yates, P., Hargraves, M., Mirolo, B. Identifying the support needs of urban and rural cancer patients. International Conference on Cancer Nursing, London, Sept 2002.

## WORKSHOPS

Mitchell, G. Workshop: "Working with GPs", PCQI 2002 Biennial State Conference, October 2002.

Yates, P. Workshop: Getting Started in Research. PCQI 2002 Biennial State Conference, October 2002.

Canning, D., Rosenberg, J., Yates, P. Central Zone Nurses Network Workshop, Hervey Bay, Mar 2003.

## OTHER PRESENTATIONS TO STAKEHOLDER GROUPS

### 2004

Canning, D. Give me more, but give me quality. HOCA Nursing Conference: Along the Continuum. From first line therapy to Palliative Care, Brisbane, June, 2004.

Hardy, J.R. Research methodology in palliative care. GP Education Evening, Redcliffe-Caboolture GP Division, June 2004.

Hardy, J.R. Trials and tribulations in research in palliative care. University of Queensland School of Pharmacy Seminar Programme, May 2004.

Yates, P. Update on the Centre for Palliative Care Research and Education, Palliative Care Special Interest Group, Brisbane, 20th April 2004.

Canning, D. Palliative Care Nursing Education Program, Queensland Cancer Fund, March 2004.

Hardy, J.R. . Opioid rotation. Grand Rounds, Prince of Wales Hospital, Randwick, Sydney. March 2004.

Yates, P. Educational Pathways in Cancer Nursing. Palliative Care Nursing Education Program, Queensland Cancer Fund, March 2004.

Hardy, J.R. . Opioid receptors. Queensland Palliative Care Interest Group. February 2004.

### 2003

Yates, P. Approaches to managing symptoms in advanced cancer. Recent Advances in Palliative Care Symposium, Wesley Research Institute/CPCRE Research Symposium, October 2003.

Canning, D. Brisbane South Palliative Care Service Half Day Education Seminar, National Palliative Care Awareness Week, May, 2003.

Yates, P. & Canning, D. National Palliative Care Intergovernmental Forum, Brisbane, Customs House, April, 2003.

Canning, D. Queensland Cancer Fund, Palliative Care Nursing Course for Registered Nurses, The Philosophy of Palliative Care, Brisbane, March, 2003.

Yates, P. Medical Oncology Group of Australia, Rural Colorectal Cancer Workshop, Psychosocial Issues, Kerang, VIC, March 2003.

Canning, D. Director of Nursing - Aged Care Forum (ACCRU): The Role of the Centre for Palliative Care Research and Education, Brisbane, February, 2003.

Mitchell G. Hilda's dream - community reality (developing a community based palliative care service), Ipswich Chamber of Commerce 2003.

Mitchell G. The role of General Practitioners in palliative care. Redcliffe Bribie Caboolture Division of General Practice.

Yates P. Invited Faculty Member, Spring Study School, Victoria University of Wellington, New Zealand.

Yates P. Overcoming fatigue on the road to recovery. WA Cancer Foundation, Public Lecture, Perth and Bunbury, WA.

Yates P. Evidence based strategies for preventing and managing cancer related fatigue. Perth and Bunbury, WA.

Yates P. Providing information and support for people with cancer. Identifying directions for the future. Research Seminar Presentation, Royal Marsden Hospital, London.

### 2002

Canning, D. 'Securing the future of palliative care in Queensland - The CPCRE'. Invitation to present: International Institute of Hospice Studies and South Adelaide Palliative Care Service/Daw House Hospice, Adelaide. May, 2002.

Yates, P. Family Caregivers, Presentation to the Oncology Nurses Group Advanced Practice Group Seminar, May 2002.

Yates, P. Workshop Facilitator, National Breast Cancer Centre Communication Skills Workshop, Adelaide, May 2002.

## PROVIDING INFORMATION

### CPCRE WEBSITE

The CPCRE Website is an integral part of the Centre's activity, allowing the provision of information, education, training and professional development opportunities for palliative care providers. The primary role of the Website is to ensure visitors have a clear understanding of the Centre's role, and how the site relates to them and their role. It also explains what the Centre does and where it fits in the Palliative Care community.

### CAREOURCES

Caresources is a web-based database that has been developed in collaboration with Palliative Care Queensland, and has the capacity to contain information on a wide range of palliative care education and training opportunities throughout Queensland. These include activities that are targeted to all health care disciplines [government and non-government] students, volunteers, and lay carers.

The aim of the database is to:

- inform the Queensland community of details of available education and development opportunities, thus facilitating better access
- provide a vehicle for palliative care education providers to advertise their education activities
- encourage closer networking between education providers and users across the State.

The database is accessed via the Caresources link on the Centre's Website located at [www.cpcre.com](http://www.cpcre.com). The database has the facility for providers to enter or update their course/activity details directly to the database via accessing the CPCRE website. There are no costs involved in using the database to advertise any activities.

### CPCRE PALLIATIVE CARE EDUCATION CALENDAR

The CPCRE Palliative Care Education Calendar was developed as a resource to promote educational opportunities available across the State. The Calendar provides an important opportunity for education providers from all sectors to share information about their programs with the palliative care community, as well as provide a comprehensive resource to guide planning of educational activities. The Calendar includes information about the nature of the education activity, providers of the activity, dates, venue, and target audience. The first Calendar was distributed to over 1200 palliative care service providers in June 2004. The Calendar will be updated on an annual basis and widely disseminated.

### NEWSLETTER

Each quarter CPCRE publishes a newsletter that is distributed to approximately 1,300 palliative care providers throughout Queensland and interstate. The publication outlines recent research and education activities of CPCRE, upcoming courses, workshops and conferences, book reviews, profiles of palliative care services, and other matters of interest to the palliative care community.

### LIBRARY INFORMATION SERVICE

The University of Queensland, Herston Medical Library based at RBWH, has been working with CPCRE to develop a significant collection of materials and processes, to support the needs of the palliative care community. The Library has acquired a number of excellent palliative care and associated books, with CPCRE providing some seed funding to support this development. CPCRE also provides an information service, and has supported a number of service providers and students by providing guidance on search strategies for various topics in palliative care.

## CPCRE STAFF

### **Associate Professor Patsy Yates**

Acting Director (from Jan 2003)  
Director of Research (from Jan 2002)

### **Dr Geoff Mitchell**

Director (July 2001 – Dec 2002)  
Honorary Clinical Associate (from Jan 2003)

### **Dr Pam McGrath**

Director of Research (until July 2001)

### **Ms Debbie Canning**

Director of Education (from Aug 2001)

### **Associate Professor Janet Hardy**

Clinical Research Program Leader (from Feb 2004)

### **Ms Yolanda Schweizer**

Research Officer (Mar 2002 – Sept 2002)

### **Mr John Rosenberg**

Research Officer (Nov 2002 – Feb 2004)

### **Ms Linda Barrett**

National PEPA Program Manager (from Feb 04)

### **Mr Dan Pelusi**

Research Officer (Feb 2002 – Jan 2003)

### **Ms Karen Weedon**

Research Officer (May 2003 – July 2003)

### **Ms Kaeleen Dingle**

Research Officer (from Feb 2004)

### **Ms Denise Liddington**

Administration Officer (from Aug 2001)

### **Part Time Project Officers:**

Ms Hanna Beebe  
Ms Sharon Coutts  
Ms Paula McDonald  
Mr John Rosenberg

## CPCRE BOARD OF ADVICE

### **Dr Stephen Ayre (Chair)**

Deputy Executive Director of Medical Services  
Royal Brisbane and Women's Hospital

### **Dr Grant Cameron**

Director of Palliative Care  
Prince Charles Hospital and Royal Brisbane and Women's  
Hospital Combined Palliative Care Service

### **Professor Brian Oldenburg**

Head of School  
School of Public Health  
Queensland University of Technology

### **Ven. Yeshe Khadro**

Director  
Karuna Hospice Service (until Dec 2002)

### **Ms Margie O'Kane**

Service Manager  
Karuna Hospice Service (from Feb 2003)

### **Ms Ann Maree Liddy**

Chief Executive Officer  
Queensland Divisions of General Practice  
(from Nov 2002)

### **Ms Rosemary Forster**

Brisbane North Division of General Practice  
(until Sept 2002)

### **Ms Alex Moore**

Palliative Care Community Representative -  
Sunshine Coast

### **Mrs Pauline Howard**

Palliative Care Community Representative – Bundaberg  
(until Sept 2003)

### **Ms Jane Truscott**

Palliative Care Community Representative – Bundaberg  
(from Sept 2003)

### **Dr Louise Welch**

Palliative Care Community Representative - Cairns

### **Dr W (Bill) Austin**

Palliative Care Community Representative - Gold Coast

### **Dr Michael Bolton**

Palliative Care Community Representative – Brisbane

### **Representatives from Queensland Health Zonal Management Units:**

- Ms Wendy Bowman, Central Zone Management Unit (Until Nov 2003)
- Ms Zarina Khan, Central Zone Management Unit (from Feb 2004)
- Ms Claire Runciman, Northern Zone Management Unit
- Ms Dee Jeffrey, Southern Zone Management Unit

## CPCRE ADVISORY COMMITTEES GENERAL PRACTICE EXPERT COMMITTEE

### Ms Ann Maree Liddy

Chief Executive Officer  
Queensland Divisions of General Practice

### Mr Lex Lucas

Production Manager  
Australian College of Rural and Remote Medicine

### Dr John Buckley

Medical Education Director  
Central and Southern Training Consortia

### Larissa Green

Medical Education & Training Operations Officer  
Queensland Rural Medical Support Agency

### Dr Geoff Mitchell

Centre for General Practice  
University of Queensland

### Ms Debbie Canning

Director of Education  
Centre for Palliative Care Research and Education

## CPCRE STAFF: CONTRIBUTIONS TO EXTERNAL ORGANISATIONS AND COMMITTEES

### Patsy Yates

- Member, The Cancer Council Australia/Clinical Oncological Society of Australia Medical Scientific Committee
- Member of Queensland Health Nursing Practitioner Project Evaluation Working Party
- Chair, Project Team, National Breast Cancer Centre Specialist Breast Nurse Competencies Project
- Member, National Cancer Control Initiative Management Committee
- Member, Wesley Research Institute Research Committee
- Chair, Cancer Nurses Society of Australia, (until 2002), Member, National Executive Committee (until 2003)
- Member, Queensland Health Palliative Care Reference Group
- Member, Palliative Care Queensland Education Committee
- Member, Reference Group, CareSearch
- Member, Expert Advisory Group, National Cancer Service Improvement Framework
- Member, Clinical Reference Group, Palliative Care Service Capability Framework, Queensland Health
- Member, Reference Group, Community Development Project, Palliative Care Queensland
- Member, Pain Management Advisory Group, National Institute of Clinical Studies
- Member, Research Committee, International Society for Nurses in Cancer Care
- Chair, Scientific Planning Committee, 13th International Conference on Cancer Nursing

### Debbie Canning

- Member, Queensland Health Palliative Care Reference Group
- Member, Transition to Cancer Care Working Party, Queensland Health
- Member, Steering Committee, Palliative Care Volunteer Project (Caring Community Project)
- Member, Redcliffe & Districts Palliative Care Network
- Member, Palliative Care Queensland Education Committee

### Geoff Mitchell

- Member, Commonwealth Expert Working Group on Palliative Care Drugs
- Expert Advisory Group, Flinders University Palliative Care Evidence Collation Project
- Member, Queensland Health Palliative Care Reference Group

