

CENTRE FOR PALLIATIVE CARE RESEARCH & EDUCATION

SPECIALIST PALLIATIVE CARE EDUCATION PROGRAM FOR REGISTERED NURSES

Online Module Content Summary

THERAPEUTIC RELATIONSHIPS

Concepts covered:

- **Defining the concepts of palliative care**
- **Philosophy of palliative care nursing**
- **Therapeutic relationships of palliative care nursing**
- **Patient/family centred palliative care**
- **Communicating with families**
- **Loss, Grief and Bereavement**
- **Teaching and Giving Information**

COMPLEX SUPPORTIVE CARE

Concepts covered:

- **Who needs palliative care? Defining life-limiting conditions**
- **Principles of Symptom Assessment and Management**
- **Barriers to effective symptom management**
- **Assessment and Management of Pain**
- **Assessment and Management of Respiratory Symptoms**
- **Assessment and Management of Gastrointestinal Symptoms**
 - **Anorexia and Cachexia**
 - **Nausea and Vomiting**
 - **Bowel Elimination Problems**
 - **Oral Problems**
- **Palliative Care Emergencies**