



**Queensland
Government**
Queensland Health

Attention residents

Important health advice

Food safety

**If power has failed for more than a day,
the food in your fridge may be unsafe to eat.**

- Don't open your fridge or freezer door unnecessarily.
- Refrigerated food will spoil sooner than frozen food, so eat any perishable foods in your fridge first – such as dairy products and meat.
- If your power is off for more than 36 hours and you haven't kept your freezer stocked with ice, food will start to spoil and should be eaten immediately. What can't be eaten should be thrown out.
- Throw out any food that has started to spoil, especially if it smells bad, tastes strange or is slimy.
- You can refreeze partially defrosted food, but be aware that the shelf-life and quality will be reduced.