

Healthy Ageing –

Building Optimum Health, Bone & Muscle Strength in the HACC Client Group

6 disk DVD set @ \$39.95 per set (incl. GST)

Ordering information

Please photocopy this page, complete all details and either fax or post to:

Administrative Officer
HACC Resource Unit
Chermside Community Health Centre
Rode Road
CHERMSIDE QLD 4032

Fax: 07 3630 5285

Order form

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	<p>6 DVDs in zip-up case, featuring keynote speakers from the Healthy Ageing workshop:</p> <ol style="list-style-type: none"> 1. Merrilyn Banks, Director, Dietetics & Nutrition, Royal Brisbane & Women’s Hospital, Brisbane — <i>Malnutrition and Nutrition Screening</i> 2. Marion Leggo, Nutritionist, Domiciliary Allied Health Team, Mater Hospital, Brisbane — <i>Improving Nutrition for Older Persons in the Community</i> 3. Karen Abbey, Nutritionist, HACC Rural Allied Health Team, Darling Downs & South West — <i>Elderly Nutrition in the rural area – a snapshot</i> 4. Professor Sandra Capra, Professor of Nutrition & Dietetics, School of Health Sciences, Faculty of Health, University of Newcastle — <i>Recommended Dietary Intakes in the Management of Chronic Diseases in the Frail Aged Client</i> 5. Dr Terence Diamond, Associate Professor of Clinical Medicine, University of New South Wales, and Staff Specialist in Endocrinology, St George Public & Private Hospital — <i>Metabolism of Vitamin D</i> 6. Tim Henwood, PhD Candidate, University of Queensland — <i>Physical Activity for Frail Older Adults</i>
	<p>Plus complimentary (on request) CD-ROM: contains workshop PowerPoint presentations (PDF files)</p>

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