

***HELPING
YOU STAY AT
HOME***

**SERVICES IN THE
COMMUNITY**

for

- ◆ *frail older people*
- ◆ *people of any age with a disability*
- ◆ *and their carers*

***Esk, Boonah &
Laidley Shires***



Who can use these services?

- Home and Community Care (HACC) services aim to help:

- *the frail elderly*
- *younger persons*
- *carers of the above*

with a functional disability such that they require supervision or assistance to perform the tasks of daily living eg personal or home care, etc.

The aim and availability of HACC services

A range of practical, basic support services is provided to assist people maintain themselves or a care recipient in their home and community, and to prevent premature or inappropriate entry to residential care. Service availability may vary and provision may be dependent on the competing relative needs of all clients assisted by the program.

This booklet lists all services funded by the HACC program in the Rural West Moreton Health Services District. You can contact services directly yourself or phone the Community Health Services Centre for further advice.

Your Local Contact



Queensland Health Service Centres

- Specialist services including nursing, social work, physiotherapy, dietetics, occupational therapy, speech pathology, podiatry and general information are available through these centres.

Boonah Hospital,.....	5463 3300
Esk Hospital.....	5424 4600
Ipswich Community Health Services Centre	3817 2444
Laidley Hospital.....	5466 8100

Domestic Assistance

- Home care services may provide help with shopping, housework, cleaning, cooking, other household chores and personal care such as assistance with showering and dressing. Not all of the agencies listed provide all of these services.

West Moreton Home Care Service	3817 2589
Blue Care Lowood/Rosewood	5427 8803
ALARA Association	3817 0600
We Care	3816 0311

Home Nursing & Personal Care

- Care at home (and in clinics) including wound dressings, medication supervision/administration, hygiene, diabetic education, continence care and advice is provided.

BOONAH

Nursing

Blue Care Fassifern..... 5463 2684

Personal Care

ALARA Association3817 0600

West Moreton Home Care Service 3817 2589

Blue Care Fassifern..... 5463 2684

Alzheimer's Association Multi Service Centre
..... 3812 2253

ESK

Nursing

Blue Care Brisbane
Valley/Toogoolawah 5423 1744

Blue Care Lowood/Rosewood 5427 8803

Personal Care

ALARA Association3817 0600

West Moreton Home Care Service 3817 2589

Alzheimer's Association Multi Service Centre
..... 3812 2253

More Information – One Stop Shops

**Aged Care Hot Line
1800 500 853**

**Commonwealth Respite &
Carelink
1800 052 222**

**Veterans Home Care
Assessment Agency
1300 550 450**

Prepared by
West Moreton Area HACC Office
PO Box 188, GOODNA Q 4300
Tel: 3818 4762 Fax: 3818 4888
Updated 29 August 2011

Need more information?

- For further information about Home and Community Care Services:

**Information and Support Line
Freecall Monday to Friday
9:00 am to 4:00 pm
1800 242 636**

- For information on services for people with disabilities funded by the Disabilities Program, Department of Families, Youth and Community Care:

**Disability Information Service
18000 177 120**

- For information, support and respite for carers:

**1800 052 222
(Freecall)**

L Aidley

Nursing

Blue Care Lockyer Centre 5462 1834

Personal Care

ALARA Association3817 0600

West Moreton Home Care Service 3817 2589

Alzheimer's Association Multi Service Centre
..... 3812 2253

ContinenCe Services

- The Continence Service offers advice & practical help to assist in the prevention or reduction of involuntary leakage of the bladder or bowel, a condition common across all age groups.

Blue Care Continence Project 3281 8444

National Continence Helpline 1800 330 066

Resident Support Program & Ipswich Homeless Project

Ozcare 3432 6030

Food Services

Boonah

Boonah District

Meals on Wheels 5463 1391

ESK

Brisbane Valley Care &
Concern Meals on Wheels..... 5424 1427

Lowood Meals on Wheels..... 5426 7177

Laidley

Laidley Meals on Wheels..... 5465 1413

Disability specific Information and Support Services

Aged Care Qld Inc	3725 5555
Alzheimer's Association	3857 4043
Dementia Helpline	1800 639 331
ARAFMI – Association of Relatives & Friends of the Mentally Ill	3254 1881
Brain Injury Association of Qld	3367 1049
Freecall	1800 673 074
Council on the Ageing Queensland	3316 2999
Elder Abuse Prevention Helpline	1300 651 192
Life Tec Queensland	1800 885 886
Information on Disabilities Equipment Access & Services (IDEAS)	1800 029904
Multiple Sclerosis Society of Qld	3840 0888
Helpline Freecall	1800 177 591
National Dementia Behaviour Advisory Service	1300 366 448
Parkinson's Queensland	3397 7555
Freecall	1800 644 189
Royal Blind Foundation of Qld	3391 9191
Freecall	1800 622 954
Queensland Aged & Disability Advocacy Inc	1800 818 338
Spinal Injuries Association	3391 2044

What will it cost?

Many services charge a fee or ask for a contribution. This money helps to extend the services to more people.

However, being unable to pay should not prevent you from getting help. Please discuss any issues with your service coordinator.

ADVOCACY

Knowing and exercising your rights

An advocacy service is funded by the HACC Program to assist HACC service users, and potential users.

1800 818 338

Most of the services in this brochure are partly or fully funded by State and Commonwealth Grants from the Home and Community Care (HACC) Program.

Respite Care (a break for the carer)

- This service allows a carer to take a break while providing a substitute carer for the person. Weekend care and short holiday care are available from some day centres.

BOONAH

Blue Care Fassifern	5463 2684
ALARA Association	3817 0600
Alzheimer's Association Multi Service Centre	3812 2253
West Moreton Home Care Service	3817 2589

ESK

Blue Care Brisbane Valley/Toogoolawah	5423 1744
Blue Care Lowood/Rosewood	5427 8803
ALARA Association	3817 0600
Alzheimer's Association Multi Service Centre	3812 2253
West Moreton Home Care Service	3817 2589

LAIDLEY

Blue Care Lockyer Centre	5462 1834
ALARA Association	3817 0600
Alzheimer's Association Multi Service Centre	3812 2253
West Moreton Home Care Service	3817 2589

Centre Based Day Care in a Respite Centre or Activities Group

- This service supports socialisation and/or independent living capacity and may also provide a break for carers.

BOONAH

Blue Care Fassifern	5463 2684
ALARA Association Inc.....	3817 0600
Alzheimer's Association Multi Service Centre	3812 2253
We Care	3816 0311

ESK

Blue Care Brisbane Valley/Toogoolawah	5423 1744
Lowood Day Respite Centre	5426 1836
ALARA Association Inc.....	3817 0600
Alzheimer's Association Multi Service Centre	3812 2253
We Care	3816 0311

LAIDLEY

Blue Care Lockyer Centre	5462 1834
ALARA Association Inc.....	3817 0600
Alzheimer's Association Multi Service Centre	3812 2253
We Care	3816 0311

Nursing Home, Hostel Care and Packages of Care

- Provides assessment for eligibility for permanent residential care, residential respite and Community Age Care Packages (CACPs) and Extended Age Care at Home packages (EACH).

Aged Care Assessment 3817 2301

Veterans Services

Veterans Affairs Department 13 3254

Veterans Home Care Assessment Agency
..... 1300 550 450

Carers' Support

Carers Queensland..... 1800 242 636

Commonwealth Respite &
Centre 1800 052 222

Counselling, information & support for Carers in West
Moreton - The Salvation Army Aged Care Plus
.....07 3282 1000

Mobility Aids

- This service provides mobility aids at a nominal hire cost.

Ipswich Community Aid Inc
(including Emergency Alarms)..... 3812 3437

Transport

- The Taxi Subsidy scheme provides assistance with the cost of taxis for eligible people. Talk to your GP.

BOONAH

Ipswich Community Aid Inc..... 3812 3437

ESK

Ipswich Community Aid Inc..... 3812 3437

Blue Care Alkira HACC Transport 5423 1157

Blue Care Brisbane
Valley/Toogoolawah 5423 1744

Lowood Day Respite Centre 5426 1836

L Aidley

Ipswich Community Aid Inc..... 3812 3437

Blue Care Lockyer Centre 5462 1834

Social Support

- Companion support for people who are socially isolated due to their disability or frailty, this may include contact in the home or access to community facilities.

BOONAH

Blue Care Fassifern	5463 2684
ALARA Association Inc.....	3817 0600
Alzheimer's Association Multi Service Centre	3812 2253
Ipswich Community Aid Inc (including Emergency Alarms).....	3812 3437
We Care	3816 0311
West Moreton Home Care Service	3817 2589
RSL Home Care Services.....	3281 3966

ESK

Blue Care Brisbane Valley/Toogoolawah	5423 1744
Blue Care Lowood/Rosewood	5427 8803
ALARA Association Inc.....	3817 0600
Alzheimer's Association Multi Service Centre	3812 2253
Ipswich Community Aid Inc (including Emergency Alarms).....	3812 3437
We Care	3816 0311
West Moreton Home Care Service	3817 2589

RSL Home Care Services.....	3281 3966
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LAIDLEY

Blue Care Lockyer Centre	5462 1834
ALARA Association Inc.....	3817 0600
Alzheimer's Association Multi Service Centre	3812 2253
Ipswich Community Aid Inc (including Emergency Alarms).....	3812 3437
We Care	3816 0311
West Moreton Home Care Service	3817 2589
RSL Home Care Services.....	3281 3966

Home Maintenance

- Help with small repairs, basic maintenance, eg fixing taps and replacing light bulbs; building modification; and information to improve independence and make your home safe.

Ipswich Home Assist Secure	3810 6662
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Aids & Appliances

Life Tec Queensland
Information service only..... 1300 885 886

Technical aid for the Disabled
(special aids)..... 3216 1733

Home Modifications

- Major alterations required to assist a person to live in existing dwelling. Co-payments are (generally) required.

Ipswich Home Assist Secure 3810 6662

Allied Health

- Physiotherapy, podiatry, occupational therapy, social work, dietetic services and speech pathology, where available at home or at a centre.

Blue Care Fassifern 5463 2684

West Moreton Allied Health Team 3817 2589