

Helping You Stay At Home

SERVICES IN THE COMMUNITY

For

People of any age with a long term functional disability who wish to remain in their own homes and community, and would benefit from basic support services. Carers of people receiving a HACC service may be eligible for respite and counselling services

Bayside District

*Wynnum
Redland City*



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February 2011

Who can use these services?

Home and Community Care (HACC) services aim to support people of any age with a long term functional disability to do normal daily activities. Services also provide some respite and counselling assistance for carers of people receiving HACC services. HACC services are able to provide a basic level of practical assistance to help people remain in their own home and community.

This booklet lists all services funded by the HACC Program in the Metro South Health Service District - Bayside. Other related services are also included.

You can contact services directly yourself, or phone the Bayside Aged and Disability Help Line for information, referral assistance and HACC screening –

3488 4226

9.30 am – 4.30 pm, Mon-Fri

The Bayside Disability Help Line is the referral point for the following HACC funded services auspiced by the Bayside Health Service District:

- Continence Advisory Service
- Podiatry
- Dementia Day Respite Service
- Community Dementia Services (Nurse; Social Work)
- Home Care Service
- Dietetics
- Podiatry Service
- Social Work Services
- Occupational Therapy

Practical help available...

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Domestic Assistance, Personal Care and Social Support

In Home workers provide help with shopping, household tasks such as basic & essential cleaning, cooking, personal care such as dressing & showering, & support to go out into the community.

Burringilly Centre for Indigenous People	3208 4785
Home Care Service Redlands (Community Health)	3488 4222
New Referrals.....	3488 4226
Home Care Service Wynnum (Community Health).....	3893 8111
Blue Care Redlands	
(Including Southern Bay Islands)	3824 4555
Blue Care Wynnum	3722 1740
Cathay Community Association	
(Chinese cultural background)	3252 9066
Diversicare (Croatian, Dutch, former	
Yugoslavia, Polish, Vietnamese and others)	3846 1099
Finnicare (Scandinavian, etc).....	3829 4845
GOC CARE - Greek Respite Centre (Multicultural).....	3844 3669
Islamic Community Home and Community Care	3208 6333
(Multicultural)	
Italian Australian Access and Support Program	
(Multicultural).....	3352 5755
Minjerriba Respite Centre (Stradbroke Island only).....	3409 9686
NEXTT Health(Bris Sth, Bayside & Logan areas)	3331 4019
Ozcare Brisbane South.....	3451 2000
Spiritus Care Services	1300 785 853
(Wynnum, Redland, Stradbroke Island, Coochie Mudlo)	

Home Nursing

Professional nurses provide nursing care at home (and in clinics) including wound dressings, medication, hygiene, diabetic education, continence care and advice, and stomal therapy.

Bayside Community Continence Service (Advisory)	
New Referrals & Complex Issues	3488 4226
Blue Care Redlands	3824 4555
(Including Southern Bay Islands)	
Blue Care Wynnum	3722 1740
(Including continence clinic)	
Blue Care Mobile Continence Advisory Service	
(Mt Gravatt) covers Wynnum area.	3722 1740
Ozcare Brisbane South Nursing	3451 2050
Spiritus Care Services.....	1300 785 853
(Redlands, Wynnum, Stradbroke Island, Coochiemudlo)	

Carers

Commonwealth Respite Carelink Centre Information Service

Brisbane South

One-off, short term and emergency respite, High Care Packages, Working Carers Packages, Dementia Packages & Young Carer Packages, Mental Health Packages..... 1800 052 222

Carers Queensland

Information, counselling, support groups, carer's mentor, young carers program, Family Support & Advocacy Program, Carer Connect Community Development, Momentum (Mature aged back to work Program)..... 1800 242 636 or 3900 8139
Mamre - support for parents of a person with a disability3291 5888

Respite Care

A trained respite worker can stay with the person needing care at home or at a day respite centre, allowing the carer to take a break whilst providing a social activity for the person. Casual day respite, long day respite, weekend care and short holidays are available from some day centres.

Respite care in your home or community

Bayside Home Care Services	3488 4226
Blue Care Redlands (Including Southern Bay Islands)	3824 4555
Blue Care Wynnum	3722 1740
Burringilly Centre for Indigenous People	3208 4785
Cathay Community Association	3252 9066
Diversicare (Multicultural)	3846 1099
Finnicare (Multicultural)	3829 4800
GOC Care - (Multicultural)	3844 3669
Islamic Home and Community Care	3208 6333 (Multicultural)
Italian Australian Access and Support Program	3352 5755 (Multicultural).....
Ozcare Brisbane South	3451 2000
Spiritus	1300 785 853 (Redlands and Wynnum/Manly, Stradbroke and Coochie Mudlo Islands)

Social Groups, Activities Groups and Day Respite Services (including occasional respite)

Blue Care Redlands	3824 4555
(Including Southern Bay Islands)	
Bridges Friday Night Respite (young disabled).....	3824 8370
B.U.C.K – (men’s Program) Cleveland Mon-Fri 9am – 3pm	3829 8100
Burringilly Centre for Indigenous People	3208 4785
Carinya – (ladies only) Alexandra Hills (Mon - Fri).....	3829 8100
Cathay Community Assoc (Chinese).....	3252 9066
Choices – Cleveland (Friday, 4pm – 9pm) (young adults with a disability).....	3829 8100
Community Dementia Day Respite – New referrals	3488 4226
Diversicare (multicultural)	3846 1099
Finnicare (Three times a week) (multicultural)	3829 4845
GOC CARE	3844 3669
(Multicultural)	
Islamic Community Home and Community Care	3208 6333
(Multicultural)	
Italian Australian Access and Support Program	3352 5755
(Multicultural)	
Killara Place, Cleveland	3829 8100
Minjerriba Respite Centre (Stradbroke Island only).....	3409 9686
Step Forward – Alexandra Hills (Mon – Thurs,9am – 2pm)(young adults with a disability)	3829 8100
Wynnum Lifestyle Centre (Mon-Sat).....	3722 1740

Respite care for families of people under 65

Bayside Respite Care	3390 2310
For carers of people with a disability aged 0-55 years	
Bridges Friday Night Respite	3824 8370
For young people with disabilities who do not receive other services	
Brisbane South Flexible Holiday Program	3373 9499
(linked with Baycare) for families with children 5-18 years – Dec/Jan	
Carers of Disabled Adults (CODA) – Personal Time	3393 0766
For carers of people with a disability aged 18-65 years	
Centacare – ARC	3209 4966
Choices - Cleveland (Fri 4 – 9pm) young adults with a disability .	3829 8100
Family Respite Options	3898 0261
For carers of children and adults with moderate/severe intellectual disability and challenging behaviours	
Mamre	3291 5888
For families with a child with a disability aged 0-6 years	
Step Forward - Alexandra Hills (Mon – Thurs 9-2pm) (young adults with a disability).....	3829 8100
Xavier Children’s Support Network	3216 8811
For children 0-16 with a disability and high support needs	

Community Dementia Services

Alzheimer’s Association Queensland	3857 4043
(Information Line, support groups, counselling)..... 24hr Helpline 1800 639 331	
Bayside Community Dementia Service (Nurse, Social Work).....	3488 4226
Bayside Community Dementia Day Respite Centre	3488 4226

National Dementia Behaviour Advisory Service..... 1300 366 448
National Dementia Helpline.....1800 100 500
Ozcare Dementia Advisory & Support Service3451 2050

Food Services

Meals on Wheels Services

(Meals are provided on a full cost basis and subsidised by the HACC Program.
 Most kitchens are staffed until midday weekdays only.)

Capalaba Meals on Wheels..... 3390 3450
Cleveland Meals on Wheels..... 3286 2626
Stradbroke Island 3409 9686
 (Meals provided by Minjerriba Respite Centre)
Victoria Point/Redland Bay and Southern Bay Islands
Meals on Wheels..... 3207 6612
Wynnum-Manly and District Meals on Wheels..... 3396 9479

Home Maintenance and Modifications

Help with small repairs, basic maintenance, eg fixing taps and replacing light bulbs; building modification; information to improve independence, make your home safe and prevent falls.

Redlands Home Assist Secure 3383 7075
Wynnum Home Assist Secure 3393 3154
Life Tec..... 1300 885 886 3552 9000
Technical Aid to the Disabled 3216 1733
Brisbane South Major Home Modification Service 3338 9044

Allied Health Services

Physiotherapy, Podiatry, Occupational Therapy, Social Work, Dietetics, Neuropsychology, Diversional Therapy and Speech Pathology at home or at a centre.

Redland Health Service Centre & Wynnum Health Service Centre
(Podiatry, nail clinics, occupational therapy, dietetics, social work, dementia & family, speech)
New Referrals..... 3488 4226

Bayside Community Allied Health Project
(Services for younger disabled people: Physiotherapy, Occupational Therapy, Diversional Therapy)
New Referrals..... 3488 4226

Blue Care – Redland Allied Health Service..... 3824 4555
(Physiotherapy, Occupational Therapy, Podiatry, nail clinics)

Blue Care – Wynnum Allied Health Service..... 3722 1744
(Physiotherapy, Occupational Therapy, Podiatry, day therapy centre)

Domiciliary Allied Health Team..... 3163 1760
(Occupational Therapy, Physiotherapy)

Spiritus Care Services 1300 785 853
(Physiotherapy – Redlands and Wynnum; Stradbroke/Coochie Mudlo)

Transport

The Taxi Subsidy Scheme provides assistance with the cost of taxis for eligible people. Assessment is by your GP.

Community Transport
Special Transport Assistance – Redland (STAR)..... 3821 6699
(Including Shopperbus)

Lands Transport Options Project (Wynnum)
(Flexiride Shopperbus)..... 3422 7900

Resident Support Program

For residents of private supported accommodation and private boarding houses. Brisbane City Council area only, including Wynnum.

Spiritus Care Services Key Worker 1300 785 853
Or 34211594
MICAH Community Linking..... 3029 7000

Telephone Contact

Support and contact for people who are socially isolated due to their disability or age.

St John Ambulance - Silver Cord Telephone Service..... 1300 360 455

Volunteers

If able, volunteering is a rewarding way to support your community. If interested, contact:

Blue Care Redlands (Training, recruiting) 3824 4555
Blue Care General Volunteers..... 3722 1744

Diagnosis Specific Information & Support Services

Alzheimer’s Australia (Qld)..... 3895 8200
Alzheimer’s Association Queensland 3857 4043 or 1800 639 331
Brain Injury Association of Qld..... 3367 1049
Multiple Sclerosis Society of Qld..... 3840 0888 or 1800 177 591
Parkinson’s Queensland..... 3209 1588 or 1800 644 189
Vision Australia..... 1800 847 466
Spinal Injuries Association..... 3391 2044 or 1800 810 513

Aged Care Hot Line	1800 500 853
Bayside Aged Care and Disability Help Line.....	3488 4226
Commonwealth Respite Carelink Centre Information Service .	1800 052 222
Dementia Help Line – 24 hour.....	1800 639 331
National Dementia Helpline.....	1800 100 500
National Dementia Behaviour Advisory Service	1300 366 448
Veterans Home Care Service (Assessment)	1300 550 450
Carers Queensland (Counselling, Support Groups, Information) ..	1800 242 636

What will it cost?

Most services charge a fee or ask for a contribution. This money helps to extend the service to more people.

However, being unable to pay should not prevent you from getting help. Please discuss any problems with your service co-ordinator.

ADVOCACY – Knowing and exercising your rights

An advocacy service is funded by the HACCC Program to assist HACCC service users, and potential users:

Queensland Aged and Disability

Advocacy Inc1800 818 338 or 3637 6000

Other services from Metro South Health Service District - Bayside

Queensland Health – Health Service Centres

Specialist services including nursing, social work, podiatry, neuropsychology, physiotherapy, dietetics, transitional care and general information are available through these centres:

Redland Health Service Centre 3488 4222

Wynnum Health Service Centre 3893 8111

New Referrals3488 4226

Aged Care Assessment Service – ACAS

Provides assessment for eligibility for Transition Care, Community Care Packages, (CACP's), EACH Packages, Dementia Packages, residential respite and permanent residential care. Refer only if residential care or Package approval will be used within 12 months.

Aged Care Assessment Service.....3488 4226

Need more information?

- For further information about Aged and Community Services:**

**Commonwealth Respite Carelink Centre Information Service
1800 052 222**

- For information on services for people with disabilities funded by the Department of Disability Services:**

**Disabilities Information and Awareness Line
3224 8444
Toll free - 1800 177 120
TTY Brisbane callers – 3224 8021
Toll free TTY - 1800 010 222
9.00 am – 5.00 pm weekdays**

- For information, support and respite for carers:**

**Commonwealth Respite Carelink Centre Information Service
1800 052 222
After Hours Emergency Respite
1800 052 222**

**Carers Queensland Information, Support and Counselling for Carers Line
1800 242 636
8.30 am – 5.00 pm weekdays**