

**HOME & COMMUNITY CARE PROGRAM SERVICES  
REDLANDS City Area**

|                 |                   |                   |
|-----------------|-------------------|-------------------|
| Alexandra Hills | Redland (S) Bal.  | Redland Bay       |
| Birkdale        | Coochie Mudlo     | Sheldon-Mt Cotton |
| Capalaba        | Island            | Thorneside        |
| Cleveland       | Macleay Island    | Thornlands        |
| Ormiston        | Russell Island    | Victoria Point    |
|                 | Stradbroke Island | Wellington Point  |

For any other information about Community Services, contact Commonwealth Respite Carelink Centre  
Information Service 1800 052 222

**ABORIGINAL AND TORRES STRAIT ISLANDER SERVICES**

|  |           |
|--|-----------|
| Burringilly Centre                           | 3208 4785 |
| Minjerriba Respite Centre, Stradbroke Island | 3409 9686 |

**ADVOCACY**

|   |           |
|---|-----------|
| Queensland Aged & Disability Advocacy Inc | 3637 6000 |
|---|-----------|

**ALLIED HEALTH SERVICES**

|  |              |
|--|--------------|
| Bayside Community Allied Health Project                                | 3488 4226    |
| Blue Care Redlands (Inc Southern Bay Islands)                          | 3824 4555    |
| Domiciliary Allied Health team – (Physiotherapy, Occupational Therapy) | 3163 1760    |
| Spiritus Care Services (Physiotherapy & Podiatry)                      | 1300 785 853 |

**ASSESSMENT/REFERRAL**

|  |           |
|--|-----------|
| Bayside Aged Care & Disability Help Line (Information, Referrals & HACC Screening)   | 3488 4226 |
| Bayside Aged Care Assessment Service<br>(Approvals for Community Care Packages, Extended Aged Care at Home, Dementia Packages, Residential Respite & Permanent Residential Care.<br>Refer only if approvals will be used within 12 months) | 3488 4226 |

**CARERS**

|                                 |              |
|---------------------------------|--------------|
| Carers Queensland               | 1800 242 636 |
| Commonwealth Respite & Carelink | 1800 052 222 |

**CONTINENCE**

|                                       |           |
|---------------------------------------|-----------|
| Bayside Continence Management Service | 3488 4226 |
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**DEMENTIA**

|  |                           |
|--|---------------------------|
| Alzheimer's Association Queensland (24hr helpline) | 1800 639 331 or 3857 4043 |
| Alzheimer's Australia (QLD)                        | 3895 8200                 |
| Bayside Dementia Day Respite Centre MBNCU          | 3488 4226                 |
| Community Dementia Centre                          | 3488 4226                 |
| National Dementia Helpline                         | 1800 100 500              |
| National Dementia Behaviour Advisory Service       | 1300 366 448              |
| Ozcare Dementia Advisory & Support Service         | 3451 2050                 |

**DIAGNOSIS SPECIFIC INFORMATION/SUPPORT SERVICES**

|   |                           |
|---|---------------------------|
| Synapse(Brain Injury Association of Queensland Inc) | 3367 1049                 |
| MS Society of Queensland                            | 3840 0854 or 1800 177 591 |
| Parkinson's Queensland                              | 3209 1588 or 1800 644 189 |
| Spinal Injuries Association                         | 3391 2044 or 1800 810 513 |
| Stroke Association                                  | 1300 753 787 3277 3838    |
| Vision Australia                                    | 3391 9191                 |

**DOMICILIARY NURSING**

|                               |              |
|-------------------------------|--------------|
| Blue Care Redland             | 3824 4555    |
| Ozcare Brisbane South Nursing | 3451 2050    |
| Spiritus Care Services        | 1300 785 853 |

**DOMESTIC ASSISTANCE, PERSONAL CARE AND SOCIAL SUPPORT**

|  |              |
|--|--------------|
| Bayside District Home Care Service         | 3488 4226    |
| Blue Care Redland                          | 3824 4555    |
| Cathay Association                         | 3252 9066    |
| Diversicare                                | 3846 1099    |
| Finnicare                                  | 3829 4800    |
| GOC Care                                   | 3844 3669    |
| Italian Australian Access & Support        | 3352 5755    |
| Ozcare Brisbane South (Personal Care only) | 3451 2000    |
| Spiritus Care Services                     | 1300 785 853 |
| Nextt Health                               | 3331 4091    |
| Islamic Home & Community Care              | 3208 6333    |

**HOME MAINTENANCE AND MINOR MODIFICATIONS**

|                             |           |
|-----------------------------|-----------|
| Redlands Home Assist Secure | 3383 7075 |
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**HOME MODIFICATION (Major)**

|  |           |
|--|-----------|
| Brisbane South Home Modification Service | 3338 9044 |
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**INDEPENDENT LIVING AIDS/EQUIPMENT**

|                                |                           |
|--------------------------------|---------------------------|
| Life Tec                       | 1300 885 886 or 3552 9000 |
| Technical Aid for the Disabled | 3216 1733                 |

**MEALS SERVICES**

|  |           |
|--|-----------|
| Capalaba Meals on Wheels                           | 3390 3450 |
| Cleveland Meals on Wheels                          | 3286 2626 |
| Minjerriba respite Centre (Stradbroke Island only) | 3409 9686 |
| Victoria Point/Redland Bay Meals on Wheels         | 3207 6612 |

## RESPITE CARE

### Social & Activities Groups & Day Respite Services (Inc occasional respite)

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| Bayside Dementia Day Respite Centre                              | 3488 4226    |
| Blue Care Redlands   | 3824 4555    |
| Bridges Friday Night respite (young disabled)                    | 3824 8370    |
| B.U.C.K. (men only) – Killara Place, Cleveland                   | 3829 8100    |
| Carinya (Ladies Only) – Alexandra Hills                          | 3829 8100    |
| Cathay Community Association                                     | 3252 9066    |
| Choices–(young adults with a disability)–Killara Place Cleveland | 3829 8100    |
| Diversicare  | 3846 1099    |
| Finnicare  | 3829 4800    |
| GOC CARE – Greek respite centre                                  | 3217 2755    |
| Killara Place, Cleveland (Monday-Saturday)                       | 3829 8100    |
| Minjerriba Respite Centre (Stradbroke Island only)               | 3409 9686    |
| Multicare Day Care Centre (Asian background, 1 day per week)     | 3345 7016    |
| Step Forward – (young adults with a disability – Alexandra Hills | 3829 8100    |
| Islamic Home & Community Care                                    | 3208 6333    |
| <b>Non Centre Based Respite:</b>                                 |              |
| Bayside Respite Centre (0-55 years)                              | 3390 2310    |
| Blue Care Redlands   | 3824 4555    |
| Brisbane South Flexible Holiday Program (5-18 years)             | 3373 9499    |
| Cathay Community Association                                     | 3252 9066    |
| CODA Personal Time (18-55 years)                                 | 3393 0766    |
| Diversicare  | 3846 1099    |
| Italian Australian Access & Support                              | 3352 5755    |
| Mamre Family Support program (family support groups)             | 3291 5888    |
| Mamre Family Support Project Home Based (0-6 years)              | 3291 5888    |
| Ozcare   | 3451 2000    |
| Spiritus Care Services (Central Referrals)                       | 1300 785 853 |
| Xavier Children’s Support Network (0-16 yrs)                     | 3216 8811    |
| Islamic Home & Community Care                                    | 3208 6333    |

## TELEPHONE CONTACT

|   |              |
|---|--------------|
| St John Ambulance QLD - Silver Cord Telephone Service | 1300 360 455 |
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## TRANSPORT

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|---|-----------|
| STAR – Special Transport Assistance, Redlands | 3821 6699 |
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## VOLUNTEERS

|                    |           |
|--------------------|-----------|
| Blue Care Redlands | 3824 4555 |
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Visit the HACC Website at: <http://www.health.qld.gov.au/hacc>