

## PERSONAL CARE

Includes help with bathing or showering, dressing, hair care and toileting.

### For further information contact:

Springsure HACC Services: (07) 4984 1200  
OzCare Central Highlands: (07) 4982 3871  
Gemfields Community Support: (07) 4985 4664  
Woorabinda HACC Program: (07) 4913 2800

## RESPIRE CARE

Gives carers a break from their caring role. A respite worker looks after the person needing care so the carer can enjoy other activities and interests.

### For further information contact:

Blue Care Central Highlands: (07) 4982 1488  
OzCare Central Highlands: (07) 4982 3871  
Springsure HACC Services: (07) 4984 1200  
Centacare HACC Blackwater: 1300 523 985  
Gemfields Community Support: (07) 4985 4664

## SOCIAL SUPPORT

Gives clients a hand by taking them shopping, banking or to appointments, or just providing company for a chat.

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Blue Care Central Highlands: (07) 4982 1488  
OzCare Central Highlands: (07) 4982 3871  
Springsure HACC Services: (07) 4984 1200  
Centacare HACC Blackwater: 1300 523 985  
Gemfields Community Support: (07) 4985 4664  
Woorabinda HACC Program: (07) 4913 2800

## TRANSPORT

Helps people get out and about to a day centre, shopping or appointments.

### For further information contact:

Blue Care Central Highlands: (07) 4982 1488  
Springsure HACC Services: (07) 4984 1200  
Centacare HACC Blackwater: (07) 4986 1100  
Gemfields Community Support: (07) 4985 4664

## ADVOCACY

You can contact an advocate to give you information about your rights or to act on your behalf if you have a complaint.

### For further information contact:

QLD Aged & Disability Advocacy:  
Phone Toll Free: 1800 818 338

## CARERS SUPPORT

Provides FREE Carer Support Kits, information, support, training, advocacy, FREE face to face telephone counseling, Carer Support groups, and representing Carer issues to the local community. CALD Support.

### For further information contact:

Carers Queensland: (07) 4921 4486  
Integratedliving: (07) 4932 8036  
Information & Support Line: 1800 818 338



## CENTRAL AREA OFFICE CONTACT DETAILS

### AREA HACC MANAGER Sharon Hill

Supports Service Providers in the Central Area to provide high quality HACC services to clients.  
Monitors quality and compliance with HACC Standards, policies and procedures.

### ADMINISTRATIVE SUPPORT Sharon Rukavina

Provides Administrative Support and assistance to the Area HACC Manager.

PO Box 501  
ROCKHAMPTON QLD 4700

Phone: 4920 6880  
Fax: 4920 6867

*This leaflet is produced by the Home & Community Care Central Area Office*

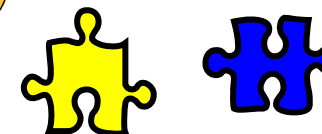
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# HOME & COMMUNITY CARE (HACC) SERVICE GUIDE Central Highlands Local HACC Planning Area includes: Emerald, Woorabinda, Comet Blackwater, Springsure, Sapphire, Willows Rubyvale, Capella, Anakie, Rolleston, JULY 2011



Do you need a  
helping hand



## **HOME & COMMUNITY CARE (HACC) SERVICES**

The HACC Program is a key provider of Community Care Services. The overall objective is to enhance independence of people and to avoid or delay premature admission to long term residential care through the provision of basic maintenance and support Services.

### **Eligibility**

You may be eligible for HACC Services if you are a frail older person, a young person with a functional disability or a carer of these people. Some services require a contribution. Services can provide information if costs are involved.

## **COMMUNITY CARE ACCESS POINT**

There are many services available to help you live independently at home and in your community.

One phone call to Community Care Access Point will give you information about services such as help around the home, assistance with showering, support for carers and much more.

Access Point staff will also find out whether you are eligible for services, discuss your needs and put services in contact with you.

Community Care Access Point can make it easier to access care, provide information about services, determine eligibility, undertake need assessments and provide referrals to the most suitable service providers.

If you contact Access Point you still get to choose a provider of your choice to provide your service.

**For further information contact free-call  
1800 600 300**

**You may also contact your service provider directly.**

## **HACC SERVICES IN THE Central Highlands AREA INCLUDE:**

### **ALLIED HEALTH SERVICES**

For people having problems with their feet or speech, for example, or needing help with ongoing problems resulting from an accident or illness. Services include physiotherapy, podiatry, speech pathology, occupational therapy and advice from a dietician and continence advisor and counselling from a social worker.

#### **For further information contact:**

Springsure HACC Services: (07) 4984 1200  
Centacare HACC Blackwater: 1300 523 985  
Woorabinda HACC Program: (07) 4913 2800  
CQ Rural Division of GP's: (07) 4982 4233

### **CENTRE-BASED DAY RESPITE**

Care, company and group activities in the centre, and may include short trips away from the centre.

#### **For further information contact:**

Blue Care Central Highlands: (07) 4982 1488  
Springsure HACC Services: (07) 4984 1200  
Centacare HACC Blackwater: 1300 523 985  
Gemfields Community Support: (07) 4985 4664  
Woorabinda HACC Program: (07) 4913 2800

### **COMMUNITY NURSING**

Provided in your home by a qualified nurse (e.g. wound dressing).

#### **For further information contact:**

Blue Care Central Highlands: (07) 4982 1488  
OzCare Central Highlands: (07) 4982 3871  
Springsure HACC Services: (07) 4984 1200  
Woorabinda HACC Program: (07) 4913 2800

## **DOMESTIC ASSISTANCE**

(home help / home care)

General household jobs like cleaning, clothes washing and ironing.

#### **For further information contact:**

Blue Care Central Highlands: (07) 4982 1488  
OzCare Central Highlands: (07) 4982 3871  
Springsure HACC Services: (07) 4984 1200  
Centacare HACC Blackwater: 1300 523 985  
Gemfields Community Support: (07) 4985 4664

## **HOME MAINTENANCE**

Home maintenance is general repair and care of a clients' house or yard (e.g. changing light bulbs, fixing door locks and lawn mowing vouchers)

#### **For further information contact:**

CQ Home Assist Secure: (07) 4922 3301  
Springsure HACC Services: (07) 4984 1200  
Centacare HACC Blackwater: 1300 523 985  
Blue Care Central Highlands: (07) 4982 1488

## **MAJOR HOME MODIFICATION**

Provides subsidized home modifications to improve physical access to and within your home.

#### **For further information contact:**

CQ Home Assist Secure  
Home Modification Service: (07) 4922 3301

## **MEALS SERVICES**

Drivers can deliver nutritious meals to your home.

#### **For further information contact:**

Springsure Meals on Wheels: (07) 4984 1012  
Blue Care Central Highlands: (07) 4982 1488  
Gemfields Community Support: (07) 4985 4664  
Woorabinda HACC Program: (07) 4913 2800