

**Txojkev txheeb-xyuas kev hnov lus
thiab hais lus rau...**

Thaum yus los txog 3 hlis

- Tsis quaj thaum hnov cov suab losyog suab lus uas paub
- Ceeb los ras-dheev thaum hnov cov suab nrov tamsis ntawd

3 mus txog 6 hlis

- Tig taub-haus losyog qhovmuag mus ntsia saib lub suab nrov qhov twg tuaj
- Ua tus xwsi mloog lus
- Tsim dheev thaum hnov suab nrov
- Pib qw li cov suab lus

6 mus txog 12 hlis

- Paub qho lo-lus yoojyim xwsi “no” thiab “bye-bye”
- Pib xyaum raws-qab suab lus
- Tig mus ntsia thaum hnov cov suab ntxhi

12 mus txog 18 lub hlis

- Xwsi ib lis-piam rau ib lis-piam txawj lus ntau lo tuaj
- Thaum nug txog, txawj tau-tes rau cov neeg, lub cev losyog cov khoom uasi
- Ua rawsli tej kab-lus qhia yooj-yim xwsi “zaum”

Yog koj muaj lus txhawj xeeb txog koj tus menyuam txojkev hnov lus, thov mus cuag koj tus kws khomob losyog cov neeg saib mob nyob hauv lub tsev kuaj mob hauv zos.

**Kev txheeb-xyuas txojkev hnov lus
pab dawb rau koj tus menyuam**

Koj yuav paub tau licas tias kuv hnov koj hais?

**Txojkev Txheeb-xyuas Kev hnov lus
– (The Healthy Hearing Program)**
lub hom phiaj yog yuav txheeb-xyuas kom tau txhua tus menyuam uas yug tau los lag-ntseg. Nws yog ib txojkev pab dawb thiab txijli lub xyoo 2006 tag ces yuav muaj pab rau tag rho cov menyuam yug tshiab nyob xeev Queensland.



Kev txheeb-xyuas koj tus menyuam txojkev hnov lus

Txojkev hnov lus tseemceeb heev rau koj tus menyuam thaum pib xyaum hais lus. Nws muaj txog ib los ob tug menyuam ntawm 1000 leej uas yuav lag-ntseg.

Yog tus menyuam lag-ntseg es txheeb tsis tau ntxov ces yuav ua rau kom tus menyuam muaj teeb meem txog kev xyaum hais lus thiab kev kawm ntawv rau yav tom ntej.

Daim ntawv teem caij kev txheeb-xyuas txojkev hnov lus rau

Hnub tim

Lub caij

Qhov chaw

Txojkev Txheeb-xyuas “tsis meej–(refer)” no yog txhais licas?

Txojkev txheeb-txhuas “tsis meej – (refer)” yog tim los ntawm ntau yam:

- koj tus menyuam quaj thaum lawv tabtom txheeb-xyuas
- nyaj yog thaum txheeb-xyuas ntawd nws muaj cov suab nrov nyob ib ncig tus menyuam
- nyaj yog koj tus menyuam tseem muaj cov kua-dej losyog qhov pob-ntseg txhaws tomqab thaum yug los.
- muaj qho tus menyuam yuav tsis hnov lus mus li ib ntus los yog tejzaum lag ntseg. Qhov ntawm yuav tsis hnov lus no kuj yuav pib tsis hnov lus me-ntsis mus rau cia li tsis hnov lus kiag li lawm.

Yog kev txheeb-xyuas thawj zaug qhia tau tias tus menyuam tsis hnov lus ib sab losyog ob sab pob ntseg ces yuav tau rovqab koj nws tuaj txheeb xyuas ntxiv zaum ob.

Yog tias tomqab ntawm txheeb-xyuas zaum ob tag, tus menyuam ob sab pob-ntseg tseem tsis hnov zoo, ces nws yuav raug xa mus ntsib tus kws audiologist thiab koj yuav tau txais cov ntawv sau qhia txog cov teebmeem no.

Kuv yuav mus nug ntxiv tau qhov twg?

Yog koj xav paub cov ntsiab lus ntau txog koj tus menyuam txojkev txheeb-xyuas saib puas hnov lus, koj mus cuag lub tsev khomob hauv zos, koj tus kws khomob losyog cov tsev kuaj mob clinic me hauv zos.

Ib cov kev txheeb xyuas tus menyuam txojkev nojqab nyobzoo

Txojkev Txheeb-xyuas Kev hnov lus– (*The Healthy Hearing Program*) lub hom phiaj yog yuav txheeb-xyuas kom tau txhua tus menyuam uas yug tau los lag-ntseg. Nws yog ib txojkev pab dawb thiab txijli lub xyoo 2006 tag ces yuav muaj pab rau tag rho cov menyuam yug tshiab nyob xeev Queensland.

Thaum koj yug tau tus menyuam los, nws yuav muaj kev txheeb-xyuas ntau yam. Ib yam yog kev txheeb-xyuas txojkev hnov lus. Txojkev txheeb-xyuas no yuavtsum tau txheeb tsis ntev tomqab thaum yug tau tus menyuam los. Yog tias txog lub caij thaum koj thiab tus menyuam twb yuav los tsev lawm es tseem tsis tau txheeb-xyuas ces koj yuav tau koj tus menyuam rovqab tuaj txheeb-xyuas tomqab ntawm los tsev lawm.

Kev txheeb-xyuas yog txheeb licas?

Txojkev txheeb-xyuas saib puas hnov lus yuav tsis ua rau kom tus menyuam raug mob. Nws yuav muaj ib tug ntxhais khomob losyog cov neeg txawj los txheeb-xyuas tus menyuam thaum nws nyob ntsiag-to losyog pw tsaug-zog. Lawv yuav muab ib cov ntau paj-rwb (*pads*) me-me lo rau saum nws taub-hau thiab muab ib lub tswb earphone khwb tus menyuam ob sab pob ntseg. Lawv yuav tso ib cov suab lus yau-yau rau tus menyuam mloog. Cov ntau paj-rwb no yuav yog cov qhia saib tus menyuam hnov lus licas.

Thaum twg kuv thiajpaub tias kev txheeb-xyuas tawm los zoo licas?

Koj yuav paub tau txojkev txheeb-xyuas tias nws zoo licas tomqab thaum kuaj tag thiab lawv yuav sau rau hauv koj tus menyuam phau ntawv Kuaj mob Personal Health Record. Tus neeg txheeb-xyuas mamli piav qhia koj. Yog koj xav paub dabtsi, losyog muaj tej yam koj tsis nkaq siab zoo, koj muaj cai nug lawv tau.

Txojkev txheeb-xyuas yuav qhia txog dabtsi rau wb?

Txojkev txheeb xyuas tsuas qhia tau tias sab pob ntseg ntawd “meej –(pass)” los yog “tsis meej –(refer)”. Nws yuav tsis qhia txog tus menyuam txojkev hnov lus.

Txojkev txheeb-xyuas tias “meej –(pass)” no yog txhais licas?

Yog txheeb-xyuas ob sab pob ntseg pom tias nws “meej-(pass)” ces yog txhais tias nyaj koj tus menyuam yuav tsis lag ntseg thiab yuav ua teebmeem rau nws txojkev xyaum hais lus.

Nws muaj qho tus menyuam thaum txheeb-xyuas tag yeej pom tias hnov lus meej tabsis muaj qho yam ua rau kom ceevfaj tias ntev mus yuav tsis hnov lus tuaj. Yog koj tus menyuam yog hom no, koj yuav tau koj nws mus ntsib cov kws audiologist pab txheeb-xyuas uantej thaum nws yuav muaj ib xyoos. Lub caij uas yuav koj tus menyuam mus txheeb-xyuas kuj yuav ntsuas saib nws tsis hnov lus ntau los me. Muaj qho tus menyuam uas zoo lino ntawm yuav lag ntseg. Nws tseemceeb ntawm koj yuavtsum koj tus menyuam rov mus txheeb-xyuas ntxiv.

Thov nco tseg tias cov menyuam mos thiab menyuam yau txojkev hnov lus yuav txawj pauv tau yog ntev mus. Yog thaum twg koj muaj kev txhawj xeeb txog tus menyuam txojkev hnov lus, thov koj mus ntsib koj tus kws khomob losyog cov neeg khomob nyob hauv lub tsev khomob hauv zos. Kev txheeb-xyuas saib puas hnov lus, yuav txheeb-xyuas tau rau txhua tus menyuam loj thiab me.

