

CATALOGUE OF MULTILINGUAL BROCHURES



Qld Transcultural Mental Health Centre

Resource Library

This catalogue contains a list of multilingual brochures which are available in Australia or internationally. Web links where available have been included in this catalogue to assist with accessing the brochures directly from the organisation who produced them.

Alternatively, you may contact our Resource Library for assistance by phoning (07) 3167 8333 or via email: QTMHC@health.qld.gov.au.



**Queensland
Government**

ABUSE

Mistreatment of older people: let's open the door to hope and family harmony.

Available in: Arabic, Chinese, Croatian, Dutch, English, Tagalog, Finnish, Greek, Italian, Polish, Russian, Samoan, Serbian, Spanish, Vietnamese

Produced by: Elder Abuse Prevention Unit, 2002.

Download from: www.eapu.com.au

QTMHC Location Code: BROCHURE - ABUSE

Child protection - Spot it, help stop it.

Available in: Arabic, Chinese, Croatian, Dari, Dinka, English, Farsi, Korean, Macedonian, Russian, Samoan, Somali, Spanish, Tamil, Turkish, Vietnamese

Produced by: NSW Department of Community Services, 2003.

Download from: www.community.nsw.gov.au/html/child_protect/abuse.htm

QTMHC Location Code: BROCHURE - ABUSE

Protecting children and young people and reporting to the Department of Community Services.

Available in: Arabic, Bosnian, Chinese, Croatian, English, Farsi, Indonesian, Japanese, Khmer, Korean, Lao, Macedonian, Portuguese, Russian, Serbian, Spanish, Tamil, Thai, Turkish, Vietnamese

Produced by: NSW Health, 2004.

Download from: www.mhcs.health.nsw.gov.au

QTMHC Location Code: BROCHURE - ABUSE

Before you hit a child - stop and think.

Available in: Arabic, Chinese, Croatian, English, Italian, Khmer, Korean, Lao, Portuguese, Russian, Serbian, Spanish, Tamil, Thai, Turkish, Vietnamese

Produced by: NSW Health, 2004.

Download from: www.mhcs.health.nsw.gov.au

QTMHC Location Code: BROCHURE - ABUSE

12 alternatives to hitting your child.

Available in: Chinese, English

Produced by: Committee on Child Abuse of Hong Kong, 2003.

Download from: www.mhcs.health.nsw.gov.au

QTMHC Location Code: BROCHURE - ABUSE

Protecting children is everyone's responsibility.

Available in: Arabic, English

Produced by: NSW Department of Community Services, 2005.

Download from: www.community.nsw.gov.au/html/parenting/arabic.htm

QTMHC Location Code: BROCHURE - ABUSE

ADHD

ADHD: What parents should know.

Available in: *English, Spanish*

Produced by: American Academy of Family Physicians, 2006.

Download from: <http://familydoctor.org>

QTMHC Location Code: BROCHURE - ADHD

ADHD in adults.

Available in: *English, Spanish*

Produced by: American Academy of Family Physicians, 2006.

Download from: <http://familydoctor.org>

QTMHC Location Code: BROCHURE - ADHD

ADHD and hyperkinetic disorder: Factsheet for parents and teachers.

Available in: *Arabic, English*

Produced by: Royal College of Psychiatrists, 2005.

Download from: www.rcpsych.ac.uk/mentalhealthinformation/

QTMHC Location Code: BROCHURE - ADHD

ALCOHOL/DRUGS

Alcohol and drug problems happen in all kinds of families.

Available in: *Arabic, Chinese, Croatian, English, Italia, Korean, Laotian, Macedonian, Portuguese, Russian, Serbian, Spanish, Thai, Turkish, Vietnamese*

Produced by: NSW Health, 2004.

Download from: www.mhcs.health.nsw.gov.au

QTMHC Location Code: BROCHURE - ALCOHOL/DRUGS

Drug information for parents.

Available in: *Amharic, Arabic, Bosnian, Chinese, Croatian, Dari, English, Farsi, Greek, Italian, Khmer, Kurdish, Macedonian, Oromo, Pushto, Samoan, Serbian, Somali, Spanish, Tagalog, Tigrigna, Turkish, Vietnamese*

Produced by: State Government of Victoria, 2009.

Download from: www.mhcs.health.nsw.gov.au

QTMHC Location Code: BROCHURE - ALCOHOL/DRUGS

How harmful is cannabis?

Available in: *Arabic, Chinese, Croatian, English, Italian, Korean, Laotian, Macedonian, Portuguese, Russian, Spanish, Thai, Turkish, Vietnamese*

Produced by: NSW Health, 2004.

Download from: www.mhcs.health.nsw.gov.au

QTMHC Location Code: BROCHURE - ALCOHOL/DRUGS

Marijuana: facts for teens.

Available in: *English, Spanish*

Produced by: National Institute on Drug Abuse, 2003.

Download from: www.drugabuse.gov

QTMHC Location Code: BROCHURE - ALCOHOL/DRUGS

Marijuana: Facts parents need to know.

Available in: *English, Spanish*

Produced by: National Institute on Drug Abuse, 2003.

Download from: www.drugabuse.gov

QTMHC Location Code: BROCHURE - ALCOHOL/DRUGS

Talking to teenagers about alcohol.

Available in: *Arabic, Chinese, Croatian, English, Italian, Khmer, Korean, Laotian, Macedonian, Portuguese, Russian, Serbian, Spanish, Thai, Turkish, Vietnamese*

Produced by: NSW Health, 2004.

Download from: www.mhcs.health.nsw.gov.au

QTMHC Location Code: BROCHURE - ALCOHOL/DRUGS

What should you do if you think your child is using illegal drugs?

Available in: *Arabic, Chinese, Croatian, English, Italian, Laotian, Macedonian, Portuguese, Spanish, Thai, Turkish, Vietnamese*

Produced by: NSW Health, 2004.

Download from: www.mhcs.health.nsw.gov.au

QTMHC Location Code: BROCHURE - ALCOHOL/DRUGS

Young people and heroin.

Available in: *Arabic, Chinese, Croatian, English, Italian, Korean, Laotian, Macedonian, Portuguese, Russian, Spanish, Thai, Turkish, Vietnamese*

Produced by: NSW Health, 2004.

Download from: www.mhcs.health.nsw.gov.au

QTMHC Location Code: BROCHURE - ALCOHOL/DRUGS

Family matters: How to approach drug issues in your family.

Available in: *Arabic, Bosnian, Chinese, Croatian, English, Khmer, Korean, Laotian, Macedonian, Punjabi, Russian, Serbian, Spanish, Thai, Turkish, Vietnamese*

Produced by: NSW Premiers Department, 2005.

Download from: www.mhcs.health.nsw.gov.au

QTMHC Location Code: BROCHURE - ALCOHOL/DRUGS

Marijuana.

Available in: *English, Greek*

Produced by: Australian Greek Welfare Society, 2003.

Download from: www.agws.com.au/drug/index.htm

QTMHC Location Code: BROCHURE - ALCOHOL/DRUGS

Heroin.

Available in: *English, Greek*

Produced by: Australian Greek Welfare Society, 2003.

Download from: www.agws.com.au/drug/index.htm

QTMHC Location Code: BROCHURE - ALCOHOL/DRUGS

Ecstasy.

Available in: *English, Greek*

Produced by: Australian Greek Welfare Society, 2003.

Download from: www.agws.com.au/drug/index.htm

QTMHC Location Code: BROCHURE - ALCOHOL/DRUGS

Inhalants.

Available in: *English, Greek*

Produced by: Australian Greek Welfare Society, 2003.

Download from: www.agws.com.au/drugs/index.htm

QTMHC Location Code: BROCHURE - ALCOHOL/DRUGS

Drugs and their effects.

Available in: *Albanian, Amharic, Arabic, Chinese, Dari, English, Farsi, Somali, Tigrinya, Vietnamese*

Produced by: Australian Drug Foundation, 2006.

Download from: www.druginfo.adf.org.au/multicultural/

QTMHC Location Code: BROCHURE - ALCOHOL/DRUGS

Khat fact sheets.

Available in: *Amharic, English, Oromo, Somali*

Produced by: Australian Drug Foundation, 2005.

Download from: www.druginfo.adf.org.au/multicultural/

QTMHC Location Code: BROCHURE - ALCOHOL/DRUGS

How to approach drug issues in your family.

Available in: *Arabic, English*

Produced by: NSW Department of Community Services, 2005.

Download from: www.community.nsw.gov.au/html/parenting/arabic.htm

QTMHC Location Code: BROCHURE - ALCOHOL/DRUGS

Talking with your kids about drugs.

Available in: *Arabic, Bosnian, Chinese, Croatian, English, Farsi, Greek, Indonesian, Italian, Khmer, Korean, Macedonian, Russian, Serbian, Spanish, Turkish, Vietnamese*

Produced by: Commonwealth Dept of Health and Ageing, 2005.

Download from: www.drugs.health.gov.au

QTMHC Location Code: BROCHURE - ALCOHOL/DRUGS

ALZHEIMER'S DISEASE/DEMENTIA

A time to care: helping people with dementia and their families VIDEO BOOKLET.

Available in: *Arabic, Chinese, Croatian, English, German, Greek, Polish, Spanish, Vietnamese*

Produced by: South Western Sydney Area Health Service, 1994.

Download from: Not Available on-line

QTMHC Location Code: BROCHURE - ALZHEIMER'S DISEASE/DEMENTIA

Alzheimer's disease: help for caregivers.

Available in: *Arabic, Danish, English, Hebrew, Japanese, Korean, Spanish*

Produced by: Alzheimer's Disease International, 1999.

Download from: www.alz.co.uk

QTMHC Location Code: BROCHURE - ALZHEIMER'S DISEASE/DEMENTIA

Communication: Caring for someone with dementia.

Available in: Arabic, Armenian, Chinese, Croatian, Dutch, English, German, Greek, Hungarian, Italian, Korean, Macedonian, Maltese, Polish, Russian, Serbian, Spanish, Tagalog, Ukrainian, Vietnamese

Produced by: Alzheimer's Australia, 2005.

Download from: www.alzheimers.org.au

QTMHC Location Code: BROCHURE - ALZHEIMER'S DISEASE/DEMENCIA

Dementia: answers to common questions about memory loss and confusion.

Available in: Arabic, Chinese, Croatian, English, Greek, Italian, Korean, Macedonian, Maltese, Polish, Portuguese, Russian, Serbian, Spanish, Turkish, Vietnamese

Produced by: Alzheimer's Association NSW, 2004.

Download from: www.mhcs.health.nsw.gov.au

QTMHC Location Code: BROCHURE - ALZHEIMER'S DISEASE/DEMENCIA

Dementia: what you need to know.

Available in: Bengali, Chinese, English, Hindi, Italian, Polish, Ukrainian, Urdu

Produced by: Alzheimer's Scotland

Download from: www.alzscot.org

QTMHC Location Code: BROCHURE - ALZHEIMER'S DISEASE/DEMENCIA

Dementia and urinary incontinence.

Available in: Arabic, Chinese, Croatian, Dutch, English, German, Greek, Italian, Macedonian, Maltese, Polish, Serbian, Spanish, Turkish, Vietnamese

Produced by: Commonwealth Department of Health & Ageing, 2002.

Download from: www.health.gov.au

QTMHC Location Code: BROCHURE - ALZHEIMER'S DISEASE/DEMENCIA

Dementia and intellectual disabilities.

Available in: Chinese, English, German, Hebrew, Japanese, Spanish

Produced by: Alzheimer's Disease International, 2003.

Download from: www.alz.co.uk/

QTMHC Location Code: BROCHURE - ALZHEIMER'S DISEASE/DEMENCIA

What is dementia? About dementia.

Available in: Armenian, Arabic, Chinese, Croatian, Dutch, English, German, Greek, Hungarian, Italian, Korean, Macedonian, Maltese, Polish, Russian, Serbian, Spanish, Tagalog, Ukrainian, Vietnamese

Produced by: Alzheimer's Australia, 2005.

Download from: www.alzheimers.org.au

QTMHC Location Code: BROCHURE - ALZHEIMER'S DISEASE/DEMENCIA

Diagnosing dementia. About dementia.

Available in: Armenian, Arabic, Chinese, Croatian, Dutch, English, German, Greek, Hungarian, Italian, Korean, Macedonian, Maltese, Polish, Russian, Serbian, Spanish, Tagalog, Ukrainian, Vietnamese

Produced by: Alzheimer's Australia, 2005.

Download from: www.alzheimers.org.au

QTMHC Location Code: BROCHURE - ALZHEIMER'S DISEASE/DEMENCIA

Wandering: Changed behaviours and Dementia.

Available in: *Chinese, English*

Produced by: Alzheimer's Australia, 2005.

Download from: www.alzheimers.org.au

QTMHC Location Code: BROCHURE - ALZHEIMER'S DISEASE/DEMENTIA

Taking a break: Looking after families & carers.

Available in: *Armenian, Arabic, Chinese, Croatian, Dutch, English, German, Greek, Hungarian, Italian, Korean, Macedonian, Maltese, Polish, Russian, Serbian, Spanish, Tagalog, Ukrainian, Vietnamese*

Produced by: Alzheimer's Australia, 2005.

Download from: www.alzheimers.org.au

QTMHC Location Code: BROCHURE - ALZHEIMER'S DISEASE/DEMENTIA

Worried about your memory?

Available in: *Arabic, Chinese, English, Greek, Italian, Macedonian, Polish, Spanish, Vietnamese*

Produced by: Alzheimer's Australia, 2006.

Download from: www.alzheimers.org.au

QTMHC Location Code: BROCHURE - ALZHEIMER'S DISEASE/DEMENTIA

Mind your mind.

Available in: *Arabic, Chinese, Croatian, English, Greek, Italian, Spanish*

Produced by: Alzheimer's Australia, 2005.

Download from: www.alzheimers.org.au

QTMHC Location Code: BROCHURE - ALZHEIMER'S DISEASE/DEMENTIA

Depression and Alzheimer's Disease.

Available in: *English, Spanish*

Produced by: American Academy of Family Physicians, 2006.

Download from: <http://familydoctor.org>

QTMHC Location Code: BROCHURE - ALZHEIMER'S DISEASE/DEMENTIA

ANXIETY

Help for anxiety problems.

Available in: *Arabic, Chinese, Croatian, English, Italian, Khmer, Korean, Laotian, Macedonian, Portuguese, Russian, Spanish, Thai, Turkish, Vietnamese*

Produced by: NSW Health, 2005.

Download from: www.mhcs.health.nsw.gov.au

QTMHC Location Code: BROCHURE - ANXIETY

Let's talk mental health - stigma and anxiety.

Available in: *Arabic, Bosnian, Chinese, Croatian, English, Greek, Italian, Khmer, Korean, Maltese, Serbian, Spanish, Tagalog, Turkish, Vietnamese*

Produced by: Transcultural Mental Health Centre, 1999.

Download from: www.dhi.gov.au

QTMHC Location Code: BROCHURE - ANXIETY

Anxiety in children - What we should know as parents.

Available in: *English, French, Tamil*

Produced by: Westmead Children's Hospital, 2001.

Download from: www.mhcs.health.nsw.gov.au

QTMHC Location Code: BROCHURE - ANXIETY

Anxiety in children.

Available in: *Arabic, Chinese, English, Farsi, Hindi, Spanish, Tagalog, Turkish, Vietnamese*

Produced by: Westmead Children's Hospital and Transcultural Mental Health Centre, 2002.

Download from: www.mhcs.health.nsw.gov.au

QTMHC Location Code: BROCHURE - ANXIETY

Sleeping well.

Available in: *Bengali, Chinese, English, Farsi, Hindi*

Produced by: Royal College of Psychiatrists, 2003.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE - ANXIETY

Shyness and social phobia.

Available in: *Bengali, Chinese, English*

Produced by: Royal College of Psychiatrists, 2003.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE - ANXIETY

Anxiety & phobias.

Available in: *Chinese, English*

Produced by: Royal College of Psychiatrists, 2003.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE - ANXIETY

Understanding anxiety disorders.

Available in: *Dari, English, Farsi, Italian, Polish*

Produced by: Canadian Mental Health Association, 1993.

Download from: www.cmha.ca/bins/

QTMHC Location Code: BROCHURE - ANXIETY

A practical guide about: A good night's sleep.

Available in: *Arabic, Chinese, English, Greek, Italian, Maltese*

Produced by: Transcultural Mental Health Centre, 2005.

Download from: www.dhi.gov.au

QTMHC Location Code: BROCHURE - ANXIETY

A practical guide about: Problem solving and setting goals.

Available in: *Arabic, Chinese, English, Farsi, German, Greek, Italian, Spanish, Vietnamese*

Produced by: Transcultural Mental Health Centre, 2005.

Download from: www.dhi.gov.au

QTMHC Location Code: BROCHURE - ANXIETY

Anxiety and panic disorder: Gaining control over how you're feeling.

Available in: *English, Spanish*

Produced by: American Academy of Family Physicians, 2006.

Download from: <http://familydoctor.org>

QTMHC Location Code: BROCHURE - ANXIETY

Generalized anxiety disorder: What you should know.

Available in: *English, Spanish*

Produced by: American Academy of Family Physicians, 2006.

Download from: <http://familydoctor.org>

QTMHC Location Code: BROCHURE - ANXIETY

Panic disorder: Panic attacks and Agoraphobia.

Available in: *English, Spanish*

Produced by: American Academy of Family Physicians, 2006.

Download from: <http://familydoctor.org>

QTMHC Location Code: BROCHURE - ANXIETY

Social phobia.

Available in: *English, Spanish*

Produced by: American Academy of Family Physicians, 2006.

Download from: <http://familydoctor.org>

QTMHC Location Code: BROCHURE - ANXIETY

Worries and anxieties: helping children to cope: Factsheet for parents and teachers.

Available in: *Arabic, English*

Produced by: Royal College of Psychiatrists, 2005.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE - ANXIETY

What is an anxiety disorder?

Available in: *Amharic, Arabic, Assyrian, Chinese, Croatian, Dari, Dinka, English, Farsi, Greek, Italian, Khmer, Korean, Krio, Macedonian, Polish, Russian, Serbian, Spanish, Swahili, Turkish, Vietnamese*

Produced by: Multicultural Mental Health Australia, 2007.

Download from: www.mmha.org.au

QTMHC Location Code: BROCHURE – ANXIETY

Anxiety disorders.

Available in: *Chinese, English, Italian, Portuguese, Spanish*

Produced by: Mental Health & Addiction Patient Education Committee, 2008.

Download from: www.uhn.ca/patients_&_visitors/health_info/topics/m/mentalhealth.asp

QTMHC Location Code: BROCHURE – ANXIETY

Fact sheet 21: Anxiety disorders.

Available in: *Arabic, Assyrian, Bosnian, Chinese, Croatian, Dari, English, Farsi, Greek, Indonesian, Italian, Japanese, Khmer, Korean, Laotian, Macedonian, Polish, Punjabi, Serbian, Somali, Spanish, Tamil, Thai, Turkish, Vietnamese*

Produced by: Beyondblue, 2009.

Download from: www.beyondblue.org.au

QTMHC Location Code: BROCHURE - ANXIETY

BIPOLAR DISORDER

Living with dramatic mood swings: Bipolar disorder.

Available in: Arabic, Chinese, Croatian, English, Italian, Korean, Macedonian, Portuguese, Spanish, Thai, Turkish, Vietnamese

Produced by: NSW Health, 2005.

Download from: www.mhcs.health.nsw.gov.au

QTMHC Location Code: BROCHURE - BIPOLAR DISORDER

Bipolar Disorder (Manic depression).

Available in: Arabic, Chinese, English, Italian, Urdu

Produced by: Royal College of Psychiatrists, 2009.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE - BIPOLAR DISORDER

Bipolar Disorder Factsheet.

Available in: Arabic, Chinese, English, Greek, Italian, Spanish, Turkish, Vietnamese

Produced by: SANE Australia, 2005.

Download from: www.sane.org

QTMHC Location Code: BROCHURE - BIPOLAR DISORDER

Bipolar Disorder.

Available in: English, Spanish

Produced by: American Academy of Family Physicians, 2006.

Download from: <http://familydoctor.org>

QTMHC Location Code: BROCHURE - BIPOLAR DISORDER

Bipolar affective disorder (manic depression): Factsheet for parents and teachers.

Available in: Arabic, English

Produced by: Royal College of Psychiatrists, 2005.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE - BIPOLAR DISORDER

Bipolar Disorder.

Available in: English, Italian, Portuguese, Spanish, Vietnamese

Produced by: Lurkhur, B., 2005.

Download from: [www.uhn.ca/patients & visitors/health_info/topics/m/mentalhealth.asp](http://www.uhn.ca/patients_and_visitors/health_info/topics/m/mentalhealth.asp)

QTMHC Location Code: BROCHURE - BIPOLAR DISORDER

What is bipolar mood disorder?

Available in: Amharic, Arabic, Assyrian, Chinese, Croatian, Dari, Dinka, English, Farsi, Greek, Italian, Khmer, Korean, Krio, Macedonian, Polish, Russian, Serbian, Spanish, Swahili, Turkish, Vietnamese

Produced by: Multicultural Mental Health Australia, 2007.

Download from: www.mmha.org.au

QTMHC Location Code: BROCHURE - BIPOLAR DISORDER

BIRTH

Problems with a new baby? There's always someone to help.

Available in: Arabic, Chinese, Croatian, English, Italian, Khmer, Portuguese, Russian, Serbian, Spanish, Tamil, Thai, Turkish, Vietnamese

Produced by: NSW Health, 2004.

Download from: www.mhcs.health.nsw.gov.au

QTMHC Location Code: BROCHURE - BIRTH

Antenatal Edinburgh Scale.

Available in: Arabic, Chinese, English, Hindi, Khmer, Laotian, Macedonian, Serbian, Spanish, Tagalog, Thai, Turkish, Vietnamese

Produced by: South Western Sydney Area Health Service, 2002.

Download from: www.mhcs.health.nsw.gov.au

QTMHC Location Code: BROCHURE - BIRTH

BRAIN INJURY

The hidden scars of brain injury.

Available in: Arabic, Chinese, Croatian, English, Italian, Khmer, Korean, Laotian, Macedonian, Portuguese, Russian, Spanish, Thai, Turkish, Vietnamese

Produced by: NSW Health, 1998.

Download from: www.mhcs.health.nsw.gov.au

QTMHC Location Code: BROCHURE - BRAIN INJURY

CARERS

How to care safely at home.

Available in: Arabic, Chinese, Croatian, English, Greek, Polish, Spanish, Turkish, Vietnamese

Produced by: Carers Australia, 1993.

Download from: www.carersaustralia.com.au

QTMHC Location Code: BROCHURE - CARERS

Supporting carers in their caring role.

Available in: Chinese, English, Greek, Italian, Vietnamese

Produced by: Carer's Australia, 2005.

Download from: www.carersaustralia.com.au

QTMHC Location Code: BROCHURE - CARERS

Caregiver stress.

Available in: English, Spanish

Produced by: American Academy of Family Physicians, 2006.

Download from: <http://familydoctor.org>

QTMHC Location Code: BROCHURE - CARERS

Living with and caring for a person with depression.

Available in: Arabic, Assyrian, Chinese, Croatian, Dari, English, Farsi, Greek, Italian, Khmer, Korean, Krio, Macedonian, Polish, Russian, Serbian, Somali, Spanish, Turkish, Vietnamese

Produced by: Beyondblue and Multicultural Mental Health Australia, 2007.

Download from: www.beyondblue.org.au

QTMHC Location Code: BROCHURE – CARERS

Are you caring for someone who lives with, or is recovering from, a mental illness?

Available in: Arabic, Chinese, Chinese (Simplified), Croatian, English, Greek, Italian, Spanish, Vietnamese

Produced by: PA Hospital Health Service District, 2007.

Download from: Not available on-line

QTMHC Location Code: BROCHURE – CARERS

Tip sheet for carers of people with mental illness and drug use (dual diagnosis).

Available in: Amharic, Arabic, Chinese, Croatian, English, Greek, Italian, Macedonian, Polish, Russian, Serbian, Somali, Spanish, Tigrinya, Turkish, Vietnamese

Produced by: Piu, M. and Sweeney, S., 2007.

Download from: www.carersnetwork.org

QTMHC Location Code: BROCHURE - CARERS

CONSUMER OUTCOMES

Outcome questionnaires - what are they?

Available in: Arabic, Chinese, Croatian, English, Farsi, Greek, Italian, Khmer, Samoan, Serbian, Spanish, Tagalog, Vietnamese

Produced by: Qld Health, 2003.

Download from: www.health.qld.gov.au

QTMHC Location Code: BROCHURE - CONSUMER OUTCOMES

DEPRESSION

Depression is never really black and white: some facts about depression.

Available in: Arabic, Bosnian, Chinese, English, Greek, Italian, Khmer, Polish, Russian, Serbian, Spanish, Tagalog, Vietnamese

Produced by: Qld Transcultural Mental Health Centre, 1998.

Download from: www.health.qld.gov.au/pahospital/qtmhc/multilingual_resources.asp

QTMHC Location Code: BROCHURE - DEPRESSION

Let's talk mental health - depression.

Available in: Arabic, Bosnian, Chinese, Croatian, English, Greek, Italian, Khmer, Korean, Maltese, Serbian, Spanish, Tagalog, Turkish, Vietnamese

Produced by: Transcultural Mental Health Centre, 1999.

Download from: www.dhi.gov.au

QTMHC Location Code: BROCHURE - DEPRESSION

Making sense of depression.

Available in: Arabic, Chinese, Czech, Croatian, English, Italian, Khmer, Korean, Laotian, Macedonian, Portuguese, Russian, Serbian, Spanish, Thai, Turkish, Vietnamese

Produced by: NSW Health, 2004.

Download from: www.healthtranslations.vic.gov.au

QTMHC Location Code: BROCHURE – DEPRESSION

Fact sheet 17: Depression in older people.

Available in: *Chinese, English, Greek, Italian, Vietnamese*

Produced by: Beyondblue, 2008.

Download from: www.beyondblue.org.au

QTMHC Location Code: BROCHURE – DEPRESSION

Fact sheet 28: Grief, loss and depression.

Available in: *English, Greek, Italian*

Produced by: Beyondblue, 2008.

Download from: www.beyondblue.org.au

QTMHC Location Code: BROCHURE - DEPRESSION

Depression in children.

Available in: *Arabic, Chinese, English, Farsi, Hindi, Spanish, Tagalog, Turkish, Vietnamese*

Produced by: Westmead Children's Hospital and Transcultural Mental Health Centre, 2002.

Download from: www.mhcs.health.nsw.gov.au

QTMHC Location Code: BROCHURE - DEPRESSION

Men behaving sadly.

Available in: *Chinese, English*

Produced by: Royal College of Psychiatrists, 2003.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE - DEPRESSION

Alcohol and depression.

Available in: *Arabic, Chinese, English, Urdu*

Produced by: Royal College of Psychiatrists, 2003.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE - DEPRESSION

Depression.

Available in: *Arabic, Bengali, Chinese, English, Farsi, French, Hindi, Gujarati, Polish, Punjabi, Russian, Spanish, Urdu*

Produced by: Royal College of Psychiatrists, 2003.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE - DEPRESSION

Depression in older adults.

Available in: *Chinese, English*

Produced by: Royal College of Psychiatrists, 2003.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE - DEPRESSION

Depression in people with learning disability.

Available in: *Chinese, English*

Produced by: Royal College of Psychiatrists, 2003.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE - DEPRESSION

Depression in the workplace.

Available in: *Chinese, English*

Produced by: Royal College of Psychiatrists, 2003.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE - DEPRESSION

About depression.

Available in: *Arabic, Bengali, Chinese, Croatian, Danish, Dutch, English, Finnish, French, German, Hindi, Hungarian, Italian, Japanese, Korean, Lithuanian, Polish, Portuguese, Russian, Spanish, Swahili, Tamil*

Produced by: Befrienders Worldwide, 2003.

Download from: www.befrienders.org

QTMHC Location Code: BROCHURE - DEPRESSION

Understanding depression.

Available in: *Albanian, Arabic, Bengali, Chinese, English, Farsi, French, Gujarati, Somali, Spanish, Turkish*

Produced by: Mind Publications, 2004.

Download from: www.multikulti.org.uk/

QTMHC Location Code: BROCHURE - DEPRESSION

Understanding depression and antidepressant medication.

Available in: *Arabic, Assyrian, Chinese, Croatian, Dari, English, Farsi, Greek, Italian, Khmer, Korean, Macedonian, Polish, Russian, Serbian, Somali, Spanish, Turkish, Vietnamese*

Produced by: Multicultural Mental Health Australia, 2005.

Download from: www.mmha.org.au

QTMHC Location Code: BROCHURE - DEPRESSION

Depression in pregnancy & antidepressant medication use.

Available in: *Arabic, English*

Produced by: South East Sydney Area Health Service, 2004.

Download from: www.mhcs.health.nsw.gov.au

QTMHC Location Code: BROCHURE - DEPRESSION

Depression during pregnancy and early parenthood.

Available in: *Arabic, Bosnian, Chinese, Croatian, English, Farsi, Indonesian, Japanese, Khmer, Korean, Laotian, Macedonian, Punjabi, Serbian, Spanish, Tamil, Thai, Turkish*

Produced by: National Postnatal Depression Program and Beyondblue, 2003.

Download from: www.mhcs.health.nsw.gov.au

QTMHC Location Code: BROCHURE - DEPRESSION

No one is an island.

Available in: *English, Fijian, Samoan, Tongan*

Produced by: Sydney West Area Health Service, 2006.

Download from: www.wsahs.nsw.gov.au

QTMHC Location Code: BROCHURE - DEPRESSION

Depression: you don't have to feel this way.

Available in: *English, Spanish*

Produced by: American Academy of Family Physicians, 2006.

Download from: <http://familydoctor.org>

QTMHC Location Code: BROCHURE - DEPRESSION

Depression in women.

Available in: *English, Spanish*

Produced by: American Academy of Family Physicians, 2006.

Download from: <http://familydoctor.org>

QTMHC Location Code: BROCHURE - DEPRESSION

Depression in children and teens.

Available in: *English, Spanish*

Produced by: American Academy of Family Physicians, 2006.

Download from: <http://familydoctor.org>

QTMHC Location Code: BROCHURE - DEPRESSION

Depression and older adults: What is it and how to get help.

Available in: *English, Spanish*

Produced by: American Academy of Family Physicians, 2006.

Download from: <http://familydoctor.org>

QTMHC Location Code: BROCHURE - DEPRESSION

Dysthymic Disorder: When depression lingers.

Available in: *English, Spanish*

Produced by: American Academy of Family Physicians, 2006.

Download from: <http://familydoctor.org>

QTMHC Location Code: BROCHURE - DEPRESSION

Depression in children and young people: Factsheet for young people.

Available in: *Arabic, English*

Produced by: Royal College of Psychiatrists, 2005.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE - DEPRESSION

Depression.

Available in: *Chinese, English, Italian, Portuguese, Spanish, Vietnamese*

Produced by: Lurkhur, B., 2005.

Download from: www.uhn.ca/patients_ & visitors/health_info/topics/m/mentalhealth.asp

QTMHC Location Code: BROCHURE - DEPRESSION

How can you help someone with depression?

Available in: *Arabic, Assyrian, Chinese, English, Farsi, Greek, Italian, Khmer, Korean, Macedonian, Polish, Russian, Serbian, Somali, Spanish, Turkish, Vietnamese*

Produced by: Beyondblue and Multicultural Mental Health Australia, 2007.

Download from: www.beyondblue.org.au

QTMHC Location Code: BROCHURE - DEPRESSION

Understanding depression.

Available in: *Arabic, Assyrian, Chinese, Croatian, Dari, English, Farsi, Greek, Italian, Khmer, Korean, Macedonian, Polish, Russian, Serbian, Somali, Spanish, Turkish, Vietnamese*

Produced by: Beyondblue and Multicultural Mental Health Australia, 2007.

Download from: www.beyondblue.org.au

QTMHC Location Code: BROCHURE - DEPRESSION

What is a depressive disorder?

Available in: Amharic, Arabic, Assyrian, Chinese, Croatian, Dari, Dinka, English, Farsi, Greek, Italian, Khmer, Korean, Krio, Macedonian, Polish, Russian, Serbian, Spanish, Swahili, Turkish, Vietnamese

Produced by: Multicultural Mental Health Australia, 2007.

Download from: www.mmha.org.au

QTMHC Location Code: BROCHURE - DEPRESSION

DEPRESSION CHECKLIST - helping someone with depression isn't beyond you.

Available in: Arabic, Assyrian, Chinese (simplified), Chinese (traditional), Croatian, Dari, English, Farsi, Greek, Indonesian, Italian, Khmer, Korean, Macedonian, Polish, Russian, Serbian, Somali, Spanish, Turkish, Vietnamese

Produced by: Beyondblue, 2008.

Download from: Not available on-line

QTMHC Location Code: BROCHURE – DEPRESSION

Fact sheet 25: Depression and dementia.

Available in: English, Greek, Italian

Produced by: Beyondblue, 2009.

Download from: www.beyondblue.org.au

QTMHC Location Code: BROCHURE - DEPRESSION

DIET

Smart eating: a parent guide.

Available in: Arabic, Bosnian, Chinese, Croatian, English, Farsi, Greek, Khmer, Macedonian, Serbian, Somali, Spanish, Turkish, Vietnamese

Produced by: Department of Education and Training, 2003.

Download from: www.healthtranslations.vic.gov.au

QTMHC Location Code: BROCHURE - DIET

Healthy eating and living in Australia.

Available in: Arabic, Bosnian, Croatian, English, Serbian, Somali

Produced by: Victorian Foundation for Survivors of Torture, 2000.

Download from: www.foundationhouse.org.au

QTMHC Location Code: BROCHURE - DIET

DISABILITY

Opening doors. Disability experienced in Arab countries and Australia.

Available in: Arabic, English

Produced by: Dunnett, M. and Schlossar, S., 2004.

Download from: www.mdaa.org.au

QTMHC Location Code: BROCHURE - DISABILITY

Opening doors. Disability experienced in Bosnia and Australia.

Available in: *Bosnian, English*

Produced by: Dunnett, M. and Schlossar, S., 2004.

Download from: www.mdaa.org.au

QTMHC Location Code: BROCHURE - DISABILITY

Opening doors. Disability experienced in China and Australia.

Available in: *Chinese, English*

Produced by: Dunnett, M. and Schlossar, S., 2004.

Download from: www.mdaa.org.au

QTMHC Location Code: BROCHURE - DISABILITY

Opening doors. Disability experienced in Croatia and Australia.

Available in: *Croatian, English*

Produced by: Dunnett, M. and Schlossar, S., 2004.

Download from: www.mdaa.org.au

QTMHC Location Code: BROCHURE - DISABILITY

Opening doors. Disability experienced in India and Australia.

Available in: *Hindi, English*

Produced by: Dunnett, M. and Schlossar, S., 2004.

Download from: www.mdaa.org.au

QTMHC Location Code: BROCHURE - DISABILITY

Opening doors. Disability experienced in South-Korea and Australia.

Available in: *Korean, English*

Produced by: Dunnett, M. and Schlossar, S., 2004.

Download from: www.mdaa.org.au

QTMHC Location Code: BROCHURE - DISABILITY

Opening doors. Disability experienced in Malta and Australia.

Available in: *Maltese, English*

Produced by: Dunnett, M. and Schlossar, S., 2004.

Download from: www.mdaa.org.au

QTMHC Location Code: BROCHURE - DISABILITY

Opening doors. Disability experienced in Serbia and Australia.

Available in: *English, Serbian*

Produced by: Dunnett, M. and Schlossar, S., 2004.

Download from: www.mdaa.org.au

QTMHC Location Code: BROCHURE - DISABILITY

Opening doors. Disability experienced in Spanish speaking countries and Australia.

Available in: *English, Spanish*

Produced by: Dunnett, M. and Schlossar, S., 2004.

Download from: www.mdaa.org.au

QTMHC Location Code: BROCHURE - DISABILITY

Opening doors. Disability experienced in Turkey and Australia.

Available in: *English, Turkish*

Produced by: Dunnett, M. and Schlossar, S., 2004.

Download from: www.mdaa.org.au

QTMHC Location Code: BROCHURE - DISABILITY

DOMESTIC VIOLENCE

Domestic violence hurts the whole family.

Available in: *Amharic, Arabic, Bosnian, Chinese, Croatian, English, Italian, Khmer, Korean, Laotian, Macedonian, Portuguese, Russian, Serbian, Somali, Sorani, Tamil, Thai, Tigrigna, Turkish, Vietnamese*

Produced by: NSW Health, 2003.

Download from: www.mhcs.health.nsw.gov.au/

QTMHC Location Code: BROCHURE - DOMESTIC VIOLENCE

Help in court...for women.

Available in: *Arabic, Chinese, English, Russian, Tagalog, Vietnamese*

Produced by: Legal Aid Qld, 2004.

Download from: www.legalaid.qld.gov.au

QTMHC Location Code: BROCHURE - DOMESTIC VIOLENCE

Are you accused of domestic violence?

Available in: *Arabic, Bosnian, Chinese, Croatian, English, Italian, Japanese, Polish, Serbian, Spanish, Tagalog, Thai, Turkish, Vietnamese*

Produced by: Department of Justice and Attorney-General, 2005.

Download from: www.justice.qld.gov.au/1845.htm

QTMHC Location Code: BROCHURE - DOMESTIC VIOLENCE

Are you a victim of domestic violence?

Available in: *Arabic, Bosnian, Chinese, Croatian, English, Italian, Japanese, Polish, Serbian, Spanish, Tagalog, Thai, Turkish, Vietnamese*

Produced by: Department of Justice and Attorney-General, 2004.

Download from: www.justice.qld.gov.au/1845.htm

QTMHC Location Code: BROCHURE - DOMESTIC VIOLENCE

Domestic violence protection order - information for respondents.

Available in: *Arabic, English, Russian, Serbian, Tagalog, Vietnamese*

Produced by: Legal Aid Qld, 2005.

Download from: www.legalaid.qld.gov.au/publications/

QTMHC Location Code: BROCHURE - DOMESTIC VIOLENCE

Domestic violence protection order - information for applicants.

Available in: *Arabic, English, Russian, Serbian, Tagalog, Vietnamese*

Produced by: Legal Aid Qld, 2005.

Download from: www.legalaid.qld.gov.au/publications/

QTMHC Location Code: BROCHURE - DOMESTIC VIOLENCE

Our legal system: Information for women.

Available in: *Chinese, English, Tagalog, Vietnamese*

Produced by: Legal Aid Qld, 2005.

Download from: www.legalaid.qld.gov.au/publications

QTMHC Location Code: BROCHURE - DOMESTIC VIOLENCE

What are my rights if.....

Available in: *Chinese, English, Tagalog, Vietnamese*

Produced by: Legal Aid Qld, 2005.

Download from: www.legalaid.qld.gov.au/publications

QTMHC Location Code: BROCHURE - DOMESTIC VIOLENCE

Domestic violence: its effects on children: Factsheet for parents and teachers.

Available in: *Arabic, English*

Produced by: Royal College of Psychiatrists, 2005.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE - DOMESTIC VIOLENCE

Information about domestic violence translated.

Available in: *Arabic, Bosnian, Chinese, Croatian, English, Filipino, Italian, Polish, Serbian, Spanish, Thai, Turkish, Vietnamese*

Produced by: Department of Justice, 1996.

Download from: Not available on-line

QTMHC Location Code: BROCHURE - DOMESTIC VIOLENCE (FOLDER 2)

EATING DISORDERS

Understanding eating disorders.

Available in: *Arabic, Chinese, Croatian, English, Italian, Korean, Macedonian, Portuguese, Russian, Spanish, Thai, Turkish, Vietnamese*

Produced by: NSW Health, 2004.

Download from: www.mhcs.nsw.gov.au/

QTMHC Location Code: BROCHURE - EATING DISORDERS

Anorexia Nervosa in children.

Available in: *Arabic, Chinese, English, Farsi, Hindi, Spanish, Tagalog, Turkish, Vietnamese*

Produced by: Westmead Children's Hospital and Transcultural Mental Health Centre, 2005.

Download from: www.mhcs.health.nsw.gov.au

QTMHC Location Code: BROCHURE - EATING DISORDERS

Anorexia & Bulimia.

Available in: *Chinese, English*

Produced by: Royal College of Psychiatrists, 2003.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE - EATING DISORDERS

Anorexia Nervosa.

Available in: *English, Spanish*

Produced by: American Academy of Family Physicians, 2006.

Download from: <http://familydoctor.org>

QTMHC Location Code: BROCHURE - EATING DISORDERS

Eating disorders: Facts for teens.

Available in: *English, Spanish*

Produced by: American Academy of Family Physicians, 2006.

Download from: <http://familydoctor.org>

QTMHC Location Code: BROCHURE - EATING DISORDERS

Eating disorders in young people: Factsheet for parents and teachers.

Available in: *Arabic, English*

Produced by: Royal College of Psychiatrists, 2005.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE - EATING DISORDERS

Information for family and friends.

Available in: *Arabic, Chinese, Croatian, English, Greek, Italian, Macedonian, Spanish, Turkish, Vietnamese*

Produced by: Eating Disorders Foundation of Victoria Inc, 2006.

Download from: www.eatingdisorders.org.au

QTMHC Location Code: BROCHURE - EATING DISORDERS

Information about eating disorders.

Available in: *Arabic, Chinese, Croatian, English, Greek, Italian, Macedonian, Spanish, Turkish, Vietnamese*

Produced by: Eating Disorders Foundation of Victoria Inc, 2006.

Download from: www.eatingdisorders.org.au

QTMHC Location Code: BROCHURE - EATING DISORDERS

What is an eating disorder?

Available in: *Amharic, Arabic, Assyrian, Chinese, Croatian, Dari, Dinka, English, Farsi, Greek, Italian, Khmer, Korean, Krio, Macedonian, Polish, Russian, Serbian, Spanish, Swahili, Turkish, Vietnamese*

Produced by: Multicultural Mental Health Australia, 2007.

Download from: www.mmha.org.au

QTMHC Location Code: BROCHURE - EATING DISORDERS

ECT

Depression: Electroconvulsive Therapy.

Available in: *English, Spanish*

Produced by: American Academy of Family Physicians, 2006.

Download from: <http://familydoctor.org>

QTMHC Location Code: BROCHURE – ECT

Electroconvulsive Therapy (ECT).

Available in: *English, Portuguese*

Produced by: Lurkhur, B., 2006.

Download from: [www.uhn.ca/patients & visitors/health_info/topics/m/mentalhealth.asp](http://www.uhn.ca/patients_and_visitors/health_info/topics/m/mentalhealth.asp)

QTMHC Location Code: BROCHURE - ECT

FAMILIES

Family help kit.

Available in: *Arabic, Chinese, Croatian, English, Greek, Hindi, Italian, Korean, Macedonian, Serbian, Spanish, Tagalog, Tongan, Turkish, Vietnamese*

Produced by: Transcultural Mental Health Centre, 1999.

Download from: www.dhi.gov.au

QTMHC Location Code: BROCHURE - FAMILIES

When marriages break down, it's often men who hurt the most.

Available in: *Arabic, Bosnian, Chinese, Croatian, English, Italian, Korean, Macedonian, Portuguese, Russian, Serbian, Spanish, Thai, Turkish, Vietnamese*

Produced by: NSW Health, 2004.

Download from: www.mhcs.health.nsw.gov.au/

QTMHC Location Code: BROCHURE - FAMILIES

Resilience building: Making a difference.

Available in: *English, Greek*

Produced by: Australian Greek Welfare Society, 2003.

Download from: www.agws.com.au/resources.asp

QTMHC Location Code: BROCHURE - FAMILIES

Positive parenting for young Greek families.

Available in: *English, Greek*

Produced by: Australian Greek Welfare Society, 2003.

Download from: www.agws.com.au/

QTMHC Location Code: BROCHURE - FAMILIES

Supporting parents and families: the mental health and wellbeing of children and young people.

Available in: *Amharic, Arabic, Chinese, Croatian, Dari, Dinka, English, Farsi, Greek, Italian, Khmer, Korean, Krio, Macedonian, Polish, Russian, Serbian, Spanish, Swahili, Turkish, Vietnamese*

Produced by: Multicultural Mental Health Australia, 2007.

Download from: www.mmha.org.au

QTMHC Location Code: BROCHURE - FAMILIES

Love, Talk, Sing, Read, Play - Ideas to make the most of my child's early development.

Available in: *Arabic, Chinese, English, Vietnamese*

Produced by: Blackmore, R. and Garlick, L., 2007.

Download from: www.mhcs.health.nsw.gov.au/mhcs/services/campaign/familiesnsw.asp

QTMHC Location Code: BROCHURE - FAMILIES

GAMBLING

Gambling...how to walk away.

Available in: *English, Portuguese*

Produced by: Portuguese Mental Health and Addictions, 2004.

Download from: www.uhn.ca/patients_&_visitors/health_info/topics/m/mentalhealth.asp

QTMHC Location Code: BROCHURE - GAMBLING

GENERAL HEALTH

1. Health system in Queensland.

Available in: *Amharic, Arabic, Burmese, Chinese, Croatian, Dari, Dinka, English, French, Japanese, Khmer, Samoan, Spanish, Swahili, Tagalog, Thai, Vietnamese*

Produced by: Qld Health, 2007.

Download from: www.health.qld.gov.au/multicultural/public/language.asp

QTMHC Location Code: BROCHURE - GENERAL HEALTH

2. Seeing a doctor.

Available in: *Amharic, Arabic, Burmese, Chinese, Croatian, Dari, Dinka, English, French, Japanese, Khmer, Samoan, Spanish, Swahili, Tagalog, Thai, Vietnamese*

Produced by: Qld Health, 2007.

Download from: www.health.qld.gov.au/multicultural/public/language.asp

QTMHC Location Code: BROCHURE - GENERAL HEALTH

3. Medicines.

Available in: *Amharic, Arabic, Burmese, Chinese, Croatian, Dari, Dinka, English, French, Japanese, Khmer, Samoan, Spanish, Swahili, Tagalog, Thai, Vietnamese*

Produced by: Qld Health, 2007.

Download from: www.health.qld.gov.au/multicultural/public/language.asp

QTMHC Location Code: BROCHURE - GENERAL HEALTH

4. Queensland hospitals.

Available in: *Amharic, Arabic, Burmese, Chinese, Croatian, Dari, Dinka, English, French, Japanese, Khmer, Samoan, Spanish, Swahili, Tagalog, Thai, Vietnamese*

Produced by: Qld Health, 2007.

Download from: www.health.qld.gov.au/multicultural/public/language.asp

QTMHC Location Code: BROCHURE - GENERAL HEALTH

5. Community health centres.

Available in: *Amharic, Arabic, Burmese, Chinese, Croatian, Dari, Dinka, English, French, Japanese, Khmer, Samoan, Spanish, Swahili, Tagalog, Thai,*

Produced by: Qld Health, 2007.

Download from: www.health.qld.gov.au/multicultural/public/language.asp

QTMHC Location Code: BROCHURE - GENERAL HEALTH

6. Dental services.

Available in: Amharic, Arabic, Burmese, Chinese, Croatian, Dari, Dinka, English, French, Japanese, Khmer, Samoan, Spanish, Swahili, Tagalog, Thai, Vietnamese

Produced by: Qld Health, 2007.

Download from: www.health.qld.gov.au/multicultural/public/language.asp

QTMHC Location Code: BROCHURE - GENERAL HEALTH

7. Allied health.

Available in: Amharic, Arabic, Burmese, Chinese, Croatian, Dari, Dinka, English, French, Japanese, Khmer, Samoan, Spanish, Swahili, Tagalog, Thai, Vietnamese

Produced by: Qld Health, 2007.

Download from: www.health.qld.gov.au/multicultural/public/language.asp

QTMHC Location Code: BROCHURE - GENERAL HEALTH

8. Staying healthy & preventing illness.

Available in: Amharic, Arabic, Burmese, Chinese, Croatian, Dari, Dinka, English, French, Japanese, Khmer, Samoan, Spanish, Swahili, Tagalog, Thai, Vietnamese

Produced by: Qld Health, 2007.

Download from: www.health.qld.gov.au/multicultural/public/language.asp

QTMHC Location Code: BROCHURE - GENERAL HEALTH

9. Health & support services for specific groups.

Available in: Amharic, Arabic, Burmese, Chinese, Croatian, Dari, Dinka, English, French, Japanese, Khmer, Samoan, Spanish, Swahili, Tagalog, Thai, Vietnamese

Produced by: Qld Health, 2007.

Download from: www.health.qld.gov.au/multicultural/public/language.asp

QTMHC Location Code: BROCHURE - GENERAL HEALTH

10. You & the health service system.

Available in: Amharic, Arabic, Burmese, Chinese, Croatian, Dari, Dinka, English, French, Japanese, Khmer, Samoan, Spanish, Swahili, Tagalog, Thai, Vietnamese

Produced by: Qld Health, 2007.

Download from: www.health.qld.gov.au/multicultural/public/language.asp

QTMHC Location Code: BROCHURE - GENERAL HEALTH

Cue cards.

Available in: Albanian, Amharic, Arabic, Armenian, Bosnian, Burmese, Chin, Chinese, Croatian, Dari, Dinka, Dutch, English, Farsi, Filipino, French, German, Greek, Hindi, Hebrew, Hungarian, Indonesian, Italian, Japanese, Karen, Khmer, Kirundi, Korean, Lao, Macedonian, Maltese, Maori Cook Islands, Maori New Zealand, Nuer, Oromo, Polish, Portuguese, Pushto, Russian, Samoan, Serbian, Sinhalese, Somali, Spanish, Swahili, Tamil, Thai, Tigrigna, Turkish, Ukrainian, Urdu, Vietnamese, Yiddish

Produced by: Eastern Health, 2007.

Download from: www.easternhealth.org.au/language/cuecards/index.asp

QTMHC Location Code: BROCHURE - GENERAL HEALTH

GRIEF

Information for parents and families when a baby or child dies.

Available in: *Bosnian, Chinese, English, Spanish, Tagalog, Vietnamese*

Produced by: SANDS, 1999.

Download from: Not available on-line

QTMHC Location Code: BROCHURE - GRIEF

When a baby dies.

Available in: *Arabic, Chinese, Croatian, English, Italian, Korean, Macedonian, Portuguese, Russian, Spanish, Thai, Turkish, Vietnamese*

Produced by: NSW Health, 2001.

Download from: www.mhcs.health.nsw.gov.au/

QTMHC Location Code: BROCHURE - GRIEF

Bereavement.

Available in: *Chinese, English, Urdu*

Produced by: Royal College of Psychiatrists, 2003.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE - GRIEF

Death in the family: Factsheet for parents and teachers.

Available in: *Arabic, English*

Produced by: Royal College of Psychiatrists, 2005.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE - GRIEF

Help tip 4: Recognising the grief response and mental illness.

Available in: *Arabic, Chinese, English, Greek, Italian, Turkish, Vietnamese*

Produced by: Piu, M., 2005.

Download from: www.carersnetwork.org

QTMHC Location Code: BROCHURE - GRIEF

HEPATITIS

Hepatitis C.

Available in: *Arabic, Bosnian, Chinese, Croatian, English, Farsi, Greek, Indonesian, Italian, Japanese, Khmer, Malay, Serbian, Spanish, Tagalog, Thai, Vietnamese*

Produced by: Ethnic Communities Council of Qld,

Download from: www.eccq.com.au

QTMHC Location Code: BROCHURE - HEPATITIS

Getting it right.

Available in: *Akan, Amharic, Arabic, Bosnian, Burmese, Chinese, Croatian, Indonesian, Khmer, Laotian, Portuguese, Serbian, Shona, Spanish, Somali, Tagalog, Thai, Turkish, Vietnamese*

Produced by: Multicultural HIV/AIDS and Hepatitis C Service, 2003.

Download from: www.multiculturalhivhepc.net.au

QTMHC Location Code: BROCHURE - HEPATITIS

INTERPRETERS

Language identification card- please point to your language. We will arrange an interpreter at no charge.

Available in: Afrikaans, Albanian, Amharic, Arabic, Armenian, Bangla (Bengali), Bosnian, Bulgarian, Burmese, Cantonese, Croatian, Czech, Danish, Dari, Dinka, Dutch, English, Estonian, Farsi, Fijian, Filipino, Finnish, French, Gaelic, German, Greek, Hindi, Hmong, Hungarian, Indonesian, Italian, Japanese, Khmer, Korean, Lao, Latvian, Lithuanian, Macedonian, Malay, Maltese, Mandarin, Maori, Norwegian, PNG Pidgin, Polish, Portuguese, Romanian, Romany, Russian, Samoan, Serbian, Sinhalese, Slovak, Slovenian, Spanish, Swahili, Swedish, Tamil, Tetum, Thai, Tongan, Turkish, Ukrainian, Urdu, Vietnamese, Welsh

Produced by: Queensland Health Interpreter Service, 2008.

Download from: Not available on-line

QTMHC Location Code: BROCHURE - INTERPRETER - LANGUAGE

KESSLER-10 (K10)

The Kessler-10 (K10).

Available in: Arabic, Bosnian, Chinese, Croatian, English, Farsi, Greek, Hindi, Italian, Korean, Macedonian, Serbian, Spanish, Tagalog, Turkish, Vietnamese

Produced by: Transcultural Mental Health Centre, 2005.

Download from: www.dhi.gov.au

QTMHC Location Code: BROCHURE - KESSLER-10 K10

LEGAL

Refugees and protection visas.

Available in: Arabic, Chinese, English, Farsi, Turkish

Produced by: Victoria Legal Aid, 2008.

Download from: www.legalaid.vic.gov.au

QTMHC Location Code: BROCHURE - LEGAL

MEDICATION

Making the most of your new medication: Zyprexa Olanzapine.

Available in: Arabic, Chinese, English, Greek, Italian, Vietnamese

Produced by: Eli Lilly Australia Pty Ltd and SANE Australia, N/A.

Download from: Not available on-line

QTMHC Location Code: BROCHURE - MEDICATION

Information about tranquillisers and sleeping pills.

Available in: Amharic, Arabic, Chinese, Croatian, Dari, Dutch, English, Greek, Hindi, Hungarian, Italian, Khmer, Macedonian, Maltese, Polish, Pushto, Russian, Serbian, Sinhalese, Somali, Spanish, Tagalog, Turkish, Vietnamese

Produced by: Tranquilliser Recovery and New Existence Inc, 2000.

Download from: www.reconnexion.org.au

QTMHC Location Code: BROCHURE - MEDICATION

Depot medication.

Available in: *Chinese, English*

Produced by: Royal College of Psychiatrists, 2003.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE - MEDICATION

NESB medication instructions.

Available in: *Arabic, Chinese, Greek, Italian, Macedonian*

Produced by: South East Sydney Area Health Service, 2003.

Download from: www.mhcs.health.nsw.gov.au

QTMHC Location Code: BROCHURE - MEDICATION

Medimate. For medicines without the mix-ups.

Available in: *Chinese, English, Greek, Italian, Vietnamese*

Produced by: National Prescribing Service Limited, 2005.

Download from: www.nps.org.au

QTMHC Location Code: BROCHURE - MEDICATION

Breastfeeding & antidepressant medication use.

Available in: *Arabic, English*

Produced by: South East Sydney Area Health Service, 2004.

Download from: www.mhcs.health.nsw.gov.au

QTMHC Location Code: BROCHURE - MEDICATION

Medi List.

Available in: *Arabic, Chinese, Croatian, Dutch, English, German, Greek, Hungarian, Italian, Maltese, Polish, Serbian, Spanish, Vietnamese*

Produced by: Department of Health and Ageing, 2005.

Download from: www.health.gov.au/

QTMHC Location Code: BROCHURE - MEDICATION

Depression: How medicine can help.

Available in: *English, Spanish*

Produced by: American Academy of Family Physicians, 2006.

Download from: <http://familydoctor.org>

QTMHC Location Code: BROCHURE - MEDICATION

Antidepressants: Medicine for depression.

Available in: *English, Spanish*

Produced by: American Academy of Family Physicians, 2006.

Download from: <http://familydoctor.org>

QTMHC Location Code: BROCHURE - MEDICATION

ADHD Medicines.

Available in: *English, Spanish*

Produced by: American Academy of Family Physicians, 2006.

Download from: <http://familydoctor.org>

QTMHC Location Code: BROCHURE - MEDICATION

Schizophrenia: Newer medications.

Available in: *English, Spanish*

Produced by: American Academy of Family Physicians, 2006.

Download from: <http://familydoctor.org>

QTMHC Location Code: BROCHURE - MEDICATION

Stimulant medication for ADHD and hyperkinetic disorder: Factsheet for parents and teachers.

Available in: *Arabic, English*

Produced by: Royal College of Psychiatrists, 2005.

Download from: www.rcpsych.ac.uk/mentalhealthinformation/

QTMHC Location Code: BROCHURE - MEDICATION

Antidepressants.

Available in: *Arabic, Chinese, English, Farsi, French, Polish, Urdu*

Produced by: Royal College of Psychiatrists, 2005.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE - MEDICATION

Risperdal patient and carer support book.

Available in: *Arabic, Chinese, English, Greek, Italian, Korean, Vietnamese*

Produced by: Janssen-Cilag, 2007.

Download from: Not available on-line

QTMHC Location Code: BROCHURE – MEDICATION

Antidepressant medication.

Available in: *English, Portuguese*

Produced by: Mental Health & Addiction Patient Education Committee, 2008.

Download from: [www.uhn.ca/patients & visitors/health_info/topics/m/mentalhealth.asp](http://www.uhn.ca/patients_and_visitors/health_info/topics/m/mentalhealth.asp)

QTMHC Location Code: BROCHURE - MEDICATION

MENTAL HEALTH ACT

BROCHURE - MENTAL HEALTH ACT

Statement of rights for involuntary patients.

Available in: *Arabic, Bosnian, Chinese, Dinka, English, Farsi, Greek, Italian, Japanese, Samoan, Serbian, Spanish, Tagalog, Vietnamese*

Produced by: Qld Health, 2005.

Download from: www.health.qld.gov.au/mha2000/statement_rights.asp

Download from: QTMHC Location Code: BROCHURE - MENTAL HEALTH ACT

Mental Health Act 2000 Factsheet 1: Purpose, principles and definitions.

Available in: *Arabic, Bosnian, Chinese, Dinka, English, Farsi, Greek, Italian, Japanese, Samoan, Serbian, Spanish, Tagalog, Vietnamese*

Produced by: Queensland Health, 2009.

Download from: www.health.qld.gov.au/mha2000/factsheets.asp

QTMHC Location Code: BROCHURE - MENTAL HEALTH ACT

Mental Health Act 2000 Factsheet 2: Involuntary assessment.

Available in: Arabic, Bosnian, Chinese, Dinka, English, Farsi, Greek, Italian, Japanese, Samoan, Serbian, Spanish, Tagalog, Vietnamese

Produced by: Queensland Health, 2009.

Download from: www.health.qld.gov.au/mha2000/factsheets.asp

QTMHC Location Code: BROCHURE - MENTAL HEALTH ACT

Mental Health Act 2000 Factsheet 3: Involuntary treatment.

Available in: Arabic, Bosnian, Chinese, Dinka, English, Farsi, Greek, Italian, Japanese, Samoan, Serbian, Spanish, Tagalog, Vietnamese

Produced by: Queensland Health, 2009.

Download from: www.health.qld.gov.au/mha2000/factsheets.asp

QTMHC Location Code: BROCHURE - MENTAL HEALTH ACT

Mental Health Act 2000 Factsheet 4: Classified patients.

Available in: Arabic, Bosnian, Chinese, Dinka, English, Farsi, Greek, Italian, Japanese, Samoan, Serbian, Spanish, Tagalog, Vietnamese

Produced by: Queensland Health, 2009.

Download from: www.health.qld.gov.au/mha2000/factsheets.asp

QTMHC Location Code: BROCHURE - MENTAL HEALTH ACT

Mental Health Act 2000 Factsheet 5: Forensic provisions.

Available in: Arabic, Bosnian, Chinese, Dinka, English, Farsi, Greek, Italian, Japanese, Samoan, Serbian, Spanish, Tagalog, Vietnamese

Produced by: Queensland Health, 2009.

Download from: www.health.qld.gov.au/mha2000/factsheets.asp

QTMHC Location Code: BROCHURE - MENTAL HEALTH ACT

Mental Health Act 2000 Factsheet 6: Mental Health Review Tribunal.

Available in: Arabic, Bosnian, Chinese, Dinka, English, Farsi, Greek, Italian, Japanese, Samoan, Serbian, Spanish, Tagalog, Vietnamese

Produced by: Queensland Health, 2009.

Download from: www.health.qld.gov.au/mha2000/factsheets.asp

QTMHC Location Code: BROCHURE - MENTAL HEALTH ACT

Mental Health Act 2000 Factsheet 7: Patient rights.

Available in: Arabic, Bosnian, Chinese, Dinka, English, Farsi, Greek, Italian, Japanese, Samoan, Serbian, Spanish, Tagalog, Vietnamese

Produced by: Queensland Health, 2009.

Download from: www.health.qld.gov.au/mha2000/factsheets.asp

QTMHC Location Code: BROCHURE - MENTAL HEALTH ACT

Mental Health Act 2000 Factsheet 8: Provisions assisting victims of crime.

Available in: Arabic, Bosnian, Chinese, Dinka, English, Farsi, Greek, Italian, Japanese, Samoan, Serbian, Spanish, Tagalog, Vietnamese

Produced by: Queensland Health, 2009.

Download from: www.health.qld.gov.au/mha2000/factsheets.asp

QTMHC Location Code: BROCHURE - MENTAL HEALTH ACT

Involuntary patients: About your rights.

Available in: Arabic, Chinese, Croatian, English, Greek, Italian, Khmer, Macedonian, Serbian, Somali, Spanish, Turkish, Vietnamese

Produced by: Victorian Department of Human Services, 2008.

Download from: www.health.vic.gov.au/mentalhealth/patientrights/downloads.htm

QTMHC Location Code: BROCHURE - MENTAL HEALTH ACT

Electroconvulsive therapy: About your rights.

Available in: Arabic, Chinese, Croatian, English, Greek, Italian, Khmer, Macedonian, Serbian, Somali, Spanish, Turkish, Vietnamese

Produced by: Victorian Department of Human Services, 2008.

Download from: www.health.vic.gov.au/mentalhealth/patientrights/downloads.htm

QTMHC Location Code: BROCHURE - MENTAL HEALTH ACT

Security patients: About your rights.

Available in: Arabic, Chinese, Croatian, English, Greek, Italian, Khmer, Macedonian, Serbian, Somali, Spanish, Turkish, Vietnamese

Produced by: Victorian Department of Human Services, 2008.

Download from: www.health.vic.gov.au/mentalhealth/patientrights/downloads.htm

QTMHC Location Code: BROCHURE - MENTAL HEALTH ACT

Forensic patients: About your rights.

Available in: Arabic English, Turkish

Produced by: Victorian Department of Human Services, 2008.

Download from: www.health.vic.gov.au/mentalhealth/patientrights/downloads.htm

QTMHC Location Code: BROCHURE - MENTAL HEALTH ACT

MENTAL HEALTH – GENERAL

Coping with mental illness in the family.

Available in: Arabic, Bosnian, Chinese, Croatian, English, Greek, Italian, Serbian, Spanish, Turkish, Vietnamese

Produced by: Qld Transcultural Mental Health Centre, 1999.

Download from: www.health.qld.gov.au/pahospital/qtmhc/multilingual_resources.asp

QTMHC Location Code: BROCHURE - MENTAL HEALTH GENERAL

Does someone you know have a mental illness?

Available in: Amharic, Arabic, Bosnian, Chinese, Croatian, English, Italian, Khmer, Korean, Kurdish, Laotian, Macedonian, Portuguese, Russian, Somali, Sorani, Spanish, Thai, Tigrigna

Produced by: NSW Health, 2005.

Download from: www.mhcs.health.nsw.gov.au/

QTMHC Location Code: BROCHURE - MENTAL HEALTH GENERAL

Let's talk mental health - What is mental health?

Available in: Arabic, Bosnian, Chinese, Croatian, English, Greek, Italian, Khmer, Korean, Maltese, Serbian, Spanish, Tagalog, Turkish, Vietnamese

Produced by: Transcultural Mental Health Centre, 1999.

Download from: www.dhi.gov.au

QTMHC Location Code: BROCHURE - MENTAL HEALTH GENERAL

What is mental illness?

Available in: *Arabic, Bosnian, Chinese, Croatian, English, Greek, Italian, Khmer, Macedonian, Maltese, Russian, Serbian, Spanish, Tagalog, Turkish, Vietnamese*

Produced by: Qld Transcultural Mental Health Centre, 1997.

Download from: www.health.qld.gov.au/pahospital/qtmhc/multilingual_resources.asp

QTMHC Location Code: BROCHURE - MENTAL HEALTH GENERAL

Information for families and carers of people with a mental illness.

Available in: *Arabic, Chinese, Croatian, English, Greek, Italian, Macedonian, Somali, Spanish, Turkish, Vietnamese*

Produced by: Department of Human Services, 2004.

Download from: www.health.vic.gov.au/mentalhealth/carer.htm

QTMHC Location Code: BROCHURE - MENTAL HEALTH GENERAL

Psychotherapy.

Available in: *Chinese, English*

Produced by: Royal College of Psychiatrists, 2003.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE - MENTAL HEALTH GENERAL

Cognitive Behavioural Therapy

Available in: *Arabic, Chinese, English, French, Hindi, Spanish*

Produced by: Royal College of Psychiatrists, 2009.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE - MENTAL HEALTH GENERAL

The mental health team.

Available in: *Chinese, English*

Produced by: Royal College of Psychiatrists, 2003.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE - MENTAL HEALTH GENERAL

The myths of mental illness.

Available in: *English, Urdu*

Produced by: Canadian Mental Health Association, 1993.

Download from: www.cmha.ca/

QTMHC Location Code: BROCHURE - MENTAL HEALTH GENERAL

Mental health around the world. Stop exclusion dare to care.

Available in: *English, French, Portuguese, Russian, Spanish*

Produced by: World Health Organization, 2001.

Download from: www.who.int

QTMHC Location Code: BROCHURE - MENTAL HEALTH GENERAL

Getting help when & how.

Available in: *English, Somali*

Produced by: Canadian Mental Health Association, 1993.

Download from: www.cmha.ca/

QTMHC Location Code: BROCHURE - MENTAL HEALTH GENERAL

Mental health for life.

Available in: *English, Urdu*

Produced by: Canadian Mental Health Association, 1993.

Download from: www.cmha.ca

QTMHC Location Code: BROCHURE - MENTAL HEALTH GENERAL

Mental illnesses.

Available in: *English, Somali*

Produced by: Canadian Mental Health Association, 1993.

Download from: www.cmha.ca

QTMHC Location Code: BROCHURE - MENTAL HEALTH GENERAL

How to improve your mental wellbeing.

Available in: *Arabic, Albanian, Bengali, Chinese, English, Farsi, French, Gujarati, Somali, Spanish, Turkish*

Produced by: Mind Publications, 2004.

Download from: www.multikulti.org.uk/

QTMHC Location Code: BROCHURE - MENTAL HEALTH GENERAL

A practical guide about: Promoting wellbeing.

Available in: *Arabic, Chinese, English, Farsi, German, Greek, Italian, Spanish, Vietnamese*

Produced by: Transcultural Mental Health Centre, 2005.

Download from: www.dhi.gov.au

QTMHC Location Code: BROCHURE - MENTAL HEALTH GENERAL

What is a Psychiatrist? What is a Psychologist?

Available in: *Chinese, English*

Produced by: Royal College of Psychiatrists, 1998.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE - MENTAL HEALTH GENERAL

Mental health: keeping your emotional health.

Available in: *English, Spanish*

Produced by: American Academy of Family Physicians, 2006.

Download from: <http://familydoctor.org>

QTMHC Location Code: BROCHURE - MENTAL HEALTH GENERAL

Seasonal Affective Disorder.

Available in: *English, Spanish*

Produced by: American Academy of Family Physicians, 2006.

Download from: <http://familydoctor.org>

QTMHC Location Code: BROCHURE - MENTAL HEALTH GENERAL

Cognitive therapy.

Available in: *English, Spanish*

Produced by: American Academy of Family Physicians, 2006.

Download from: <http://familydoctor.org>

QTMHC Location Code: BROCHURE - MENTAL HEALTH GENERAL

Help tip 3: Understanding feelings of guilt and mental illness.

Available in: *Arabic, Chinese, English, Greek, Italian, Turkish, Vietnamese*

Produced by: Piu, M., 2005.

Download from: www.carersnetwork.org

QTMHC Location Code: BROCHURE - MENTAL HEALTH GENERAL

Help tip 5: Developing helpful communication skills with the person who is unwell and agitated.

Available in: *Arabic, Chinese, English, Greek, Italian, Turkish, Vietnamese*

Produced by: Piu, M. and Paxinos, K., 2005.

Download from: www.carersnetwork.org

QTMHC Location Code: BROCHURE - MENTAL HEALTH GENERAL

Mental health in a changing world. The impact of culture and diversity.

Available in: *Amharic, Arabic, Assyrian, Chinese, Croatian, Dari, Dinka, English, Farsi, Greek, Italian, Khmer, Korean, Krio (Sierra Leone Creole), Macedonian, Polish, Russian, Serbian, Spanish, Swahili, Turkish, Vietnamese*

Produced by: Multicultural Mental Health Australia, 2007.

Download from: www.mmha.org.au

QTMHC Location Code: BROCHURE - MENTAL HEALTH GENERAL

Mental health and coronary heart disease.

Available in: *Amharic, Arabic, Assyrian, Chinese, Croatian, Dari, Dinka, English, Farsi, Greek, Italian, Khmer, Korean, Krio (Sierra Leone Creole), Macedonian, Polish, Russian, Serbian, Spanish, Swahili, Turkish, Vietnamese*

Produced by: Multicultural Mental Health Australia, 2007.

Download from: www.mmha.org.au

QTMHC Location Code: BROCHURE - MENTAL HEALTH GENERAL

Understanding mental illness.

Available in: *Amharic, Arabic, Assyrian, Chinese, Croatian, Dari, Dinka, English, Farsi, Greek, Italian, Khmer, Korean, Krio (Sierra Leone Creole), Macedonian, Polish, Russian, Serbian, Spanish, Swahili, Turkish, Vietnamese*

Produced by: Multicultural Mental Health Australia, 2007.

Download from: www.mmha.org.au

QTMHC Location Code: BROCHURE - MENTAL HEALTH GENERAL

20 steps to culturally sensitive mental health.

Available in: *English*

Produced by: Mental Health Council of Australia, 2007.

Download from: www.mhca.org.au

QTMHC Location Code: BROCHURE - MENTAL HEALTH GENERAL

Statistics.

Available in: *English*

Produced by: Mental Health Council of Australia, 2007.

Download from: www.mhca.org.au

QTMHC Location Code: BROCHURE - MENTAL HEALTH GENERAL

Physical illness and mental health.

Available in: Bengali, Chinese, English, Farsi

Produced by: Royal College of Psychiatrists, 2009.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE - MENTAL HEALTH GENERAL

What is mental illness?

Available in: Amharic, Arabic, Assyrian, Chinese, Croatian, Dari, Dinka, English, Farsi, Greek, Italian, Khmer, Korean, Krio (Sierra Leone Creole), Macedonian, Polish, Russian, Serbian, Spanish, Swahili, Turkish, Vietnamese

Produced by: Multicultural Mental Health Australia, 2007.

Download from: www.mmha.org.au

QTMHC Location Code: BROCHURE - MENTAL HEALTH GENERAL

Family and friends: Factsheet on mental illness.

Available in: Arabic, Chinese, English, Greek, Italian, Spanish, Turkish, Vietnamese

Produced by: SANE Australia, 2007.

Download from: www.sane.org

QTMHC Location Code: BROCHURE - MENTAL HEALTH GENERAL

MENTAL HEALTH INVENTORY

Mental Health inventory.

Available in: Arabic, Chinese, Croatian, English, Farsi, Filipino, Greek, Indonesian, Italian, Khmer, Samoan, Serbian, Spanish, Vietnamese

Produced by: Qld Health, 2005.

Download from: www.health.qld.gov.au/pahospital/qtmhc/multilingual_resources.asp

QTMHC Location Code: BROCHURE - MENTAL HEALTH INVENTORY

MENTAL HEALTH REVIEW TRIBUNAL

MHRT: A brief guide.

Available in: Cantonese, Chinese, English, Italian, Korean, Spanish, Vietnamese

Produced by: Mental Health Review Tribunal, 2009.

Download from: www.mhrt.qld.gov.au/content/publications_and_forms/brochures.aspx

QTMHC Location Code: BROCHURE - MENTAL HEALTH REVIEW TRIBUNAL

A guide to family and friends at Tribunal Hearings.

Available in: Cantonese, Chinese, English, Italian, Korean, Spanish, Vietnamese

Produced by: Mental Health Review Tribunal, 2009.

Download from: www.mhrt.qld.gov.au/content/publications_and_forms/brochures.aspx

QTMHC Location Code: BROCHURE - MENTAL HEALTH REVIEW TRIBUNAL

OCD

Obsessive Compulsive Disorder: What is it and how to treat it.

Available in: *English, Spanish*

Produced by: American Academy of Family Physicians, 2006.

Download from: <http://familydoctor.org>

QTMHC Location Code: BROCHURE - OCD

Obsessive-compulsive disorder in children and young people: Factsheet for parents and teachers.

Available in: *Arabic, English*

Produced by: Royal College of Psychiatrists, 2005.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE - OCD

Obsessive Compulsive Disorder.

Available in: *Chinese, English, Italian, Portuguese, Spanish, Vietnamese*

Produced by: Lurkhur, B., 2005.

Download from: www.uhn.ca/patients_&_visitors/health_info/topics/m/mentalhealth.asp

QTMHC Location Code: BROCHURE - OCD

PERSONALITY DISORDER

What is a personality disorder?

Available in: *Amharic, Arabic, Assyrian, Chinese, Croatian, Dari, Dinka, English, Farsi, Greek, Italian, Khmer, Korean, Krio, Macedonian, Polish, Russian, Serbian, Spanish, Swahili, Turkish, Vietnamese*

Produced by: Multicultural Mental Health Australia, 2007.

Download from: www.mmha.org.au

QTMHC Location Code: BROCHURE - PERSONALITY DISORDER

POSTNATAL DEPRESSION

Sad feelings after childbirth - a 'hidden' problem.

Available in: *Arabic, Assyrian, Chinese, English, Farsi, Indonesian, Japanese, Khmer, Korean, Punjabi, Samoan, Serbian, Spanish, Tamil, Thai, Tongan, Turkish, Vietnamese*

Produced by: NSW Health, 2004.

Download from: www.mhcs.health.nsw.gov.au/

QTMHC Location Code: BROCHURE - POSTNATAL DEPRESSION

Mental illness after childbirth.

Available in: *Chinese, English*

Produced by: Royal College of Psychiatrists, 2003.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE - POSTNATAL DEPRESSION

Postnatal depression.

Available in: *Chinese, English*

Produced by: Royal College of Psychiatrists, 2003.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE - POSTNATAL DEPRESSION

Emotional health during pregnancy & early parenthood: Information booklet - Queensland.

Available in: *Arabic, Assyrian, Chinese, English, German, Greek, Vietnamese*

Produced by: Beyondblue, 2004.

Download from: www.beyondblue.org.au/postnataldepression/index.asp

QTMHC Location Code: BROCHURE - POSTNATAL DEPRESSION

Postnatal Edinburgh Scale.

Available in: *Arabic, Chinese, English, Hindi, Khmer, Laotian, Macedonian, Serbian, Spanish, Tagalog, Thai, Turkish, Vietnamese*

Produced by: South Western Sydney Area Health Service, 2002.

Download from: www.mhcs.health.nsw.gov

QTMHC Location Code: BROCHURE - POSTNATAL DEPRESSION

Postnatal depression - Depression after having a baby.

Available in: *Arabic, English*

Produced by: South East Sydney Area Health Service, 2004.

Download from: www.mhcs.health.nsw.gov.au

QTMHC Location Code: BROCHURE - POSTNATAL DEPRESSION

Edinburgh Postnatal Depression Scale (EPDS) - VALIDATED.

Available in: *Arabic, Chinese, Dutch, French, German, Italian, Japanese, Malay, Maltese, Norwegian, Portuguese, Punjabi, South African English, Spanish, Swedish, Turkish, Vietnamese*

Produced by: Department of Health and Government of Western Australia, 2006.

Download from: Not available on-line

QTMHC Location Code: BROCHURE - POSTNATAL DEPRESSION (FOLDER 42)

Edinburgh Postnatal Depression Scale (EPDS) - NOT VALIDATED.

Available in: *Amharic, Burmese, Czech, Farsi, Greek, Hebrew, Hindi, Indonesian, Khmer, Korean, Macedonian, Oromo, Serbian, Slovenian, Somali, Tagalog, Thai, Urdu*

Produced by: Department of Health and Government of Western Australia, 2006.

Download from: Not available on-line

QTMHC Location Code: BROCHURE - POSTNATAL DEPRESSION (FOLDER 42)

PSYCHOSIS

Psychosis Factsheet.

Available in: *Arabic, Chinese, English, Greek, Italian, Spanish, Turkish, Vietnamese*

Produced by: SANE Australia, 2000.

Download from: www.sane.org

QTMHC Location Code: BROCHURE - PSYCHOSIS

Something is not quite right about the way someone close to you is behaving.

Available in: *Arabic, Chinese, English, Greek, Italian, Spanish, Turkish, Vietnamese*

Produced by: SANE Australia, 2006.

Download from: www.sane.org

QTMHC Location Code: BROCHURE - PSYCHOSIS

Psychotic illness: Factsheet for young people.

Available in: *Arabic, English*

Produced by: Royal College of Psychiatrists, 2005.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE – PSYCHOSIS

Psychosis.

Available in: *Chinese, English, Italian, Portuguese, Spanish*

Produced by: Lurkhur, B., 2007.

Download from: www.uhn.ca/patients_ & visitors/health_info/topics/m/mentalhealth.asp

QTMHC Location Code: BROCHURE – PSYCHOSIS

Factsheet 1: What is psychosis?

Available in: *Arabic, Chinese, Croatian, English, French, Greek, Italian, Serbian, Spanish, Turkish, Vietnamese*

Produced by: Early Psychosis Prevention and Intervention Centre, 2000.

Download from: www.eppic.org.au

QTMHC Location Code: BROCHURE - PSYCHOSIS

Factsheet 2: Getting help early.

Available in: *Arabic, Chinese, Croatian, English, French, Greek, Italian, Serbian, Spanish, Turkish, Vietnamese*

Produced by: Early Psychosis Prevention and Intervention Centre, 2000.

Download from: www.eppic.org.au

QTMHC Location Code: BROCHURE - PSYCHOSIS

Factsheet 3: Recovering from psychosis.

Available in: *Arabic, Chinese, Croatian, English, French, Greek, Italian, Serbian, Spanish, Turkish, Vietnamese*

Produced by: Early Psychosis Prevention and Intervention Centre, 2000.

Download from: www.eppic.org.au

QTMHC Location Code: BROCHURE - PSYCHOSIS

Factsheet 4: How can I help someone with psychosis?

Available in: *Arabic, Chinese, Croatian, English, French, Greek, Italian, Serbian, Spanish, Turkish, Vietnamese*

Produced by: Early Psychosis Prevention and Intervention Centre, 2000.

Download from: www.eppic.org.au

QTMHC Location Code: BROCHURE - PSYCHOSIS

PTSD

Coping personally with war.

Available in: Albanian, Arabic, Assyrian, Bosnian, Croatian, Dari, English, Farsi, Hindi, Indonesian, Khmer, Kurmanji, Laotian, Punjabi, Serbian, Sorani, Tamil, Tetum, Turkish
Produced by: Transcultural Mental Health Centre, 2003.

Download from: www.dhi.gov.au

QTMHC Location Code: BROCHURE - PTSD

Post-traumatic stress disorder.

Available in: Amharic, Arabic, Chinese, Croatian, Dinka, English, Farsi, French, Hindi, Punjabi, Somali, Spanish, Tigrinya, Urdu, Vietnamese
Produced by: Canadian Mental Health Association, 2008.

Download from: www.cmha.ca

QTMHC Location Code: BROCHURE - PTSD

Post-traumatic stress disorder.

Available in: English, Spanish

Produced by: American Academy of Family Physicians, 2006.

Download from: <http://familydoctor.org>

QTMHC Location Code: BROCHURE - PTSD

Traumatic stress in children: Factsheet for parents and teachers.

Available in: Arabic, English

Produced by: Royal College of Psychiatrists, 2005.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE – PTSD

Fact sheet 31: Post-Traumatic Stress Disorder (PTSD).

Available in: English, Greek, Italian

Produced by: Beyondblue, 2009.

Download from: www.beyondblue.org.au

QTMHC Location Code: BROCHURE - PTSD

SCHIZOPHRENIA

Schizophrenia factsheet.

Available in: Arabic, Chinese, English, Greek, Italian, Spanish, Turkish, Vietnamese

Produced by: SANE Australia, 2005.

Download from: www.sane.org

QTMHC Location Code: BROCHURE - SCHIZOPHRENIA

Let's talk mental health - schizophrenia.

Available in: Arabic, Bosnian, Chinese, Croatian, English, Greek, Italian, Khmer, Korean, Maltese, Serbian, Spanish, Tagalog, Turkish, Vietnamese

Produced by: Transcultural Mental Health Centre, 1999.

Download from: www.dhi.gov.au

QTMHC Location Code: BROCHURE - SCHIZOPHRENIA

Schizophrenia and young people.

Available in: Arabic, Chinese, Croatian, English, Italian, Korean, Macedonian, Portuguese, Russian, Spanish, Thai, Turkish, Vietnamese

Produced by: NSW Health, 2004.

Download from: www.mhcs.health.nsw.gov.au

QTMHC Location Code: BROCHURE - SCHIZOPHRENIA

Why people with schizophrenia need your support.

Available in: Arabic, Bosnian, Chinese, Croatian, English, Italian, Korean, Macedonian, Portuguese, Russian, Spanish, Thai, Turkish, Vietnamese

Produced by: NSW Health, 2004.

Download from: www.mhcs.health.nsw.gov.au/

QTMHC Location Code: BROCHURE - SCHIZOPHRENIA

Schizophrenia.

Available in: Bengali, Chinese, English, Urdu

Produced by: Royal College of Psychiatrists, 2003.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE - SCHIZOPHRENIA

Schizophrenia - Basic information.

Available in: English, Italian, Polish, Tamil

Produced by: Canadian Mental Health Association, 1993.

Download from: www.cmha.ca

QTMHC Location Code: BROCHURE – SCHIZOPHRENIA

Schizophrenia: Factsheet for parents and teachers.

Available in: Arabic, English

Produced by: Royal College of Psychiatrists, 2005.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE - SCHIZOPHRENIA

Schizophrenia.

Available in: Chinese, English, Italian, Portuguese, Spanish

Produced by: Lurkhur, B., 2005.

Download from: www.uhn.ca/patients_&_visitors/health_info/topics/m/mentalhealth.asp

QTMHC Location Code: BROCHURE - SCHIZOPHRENIA

Help tip 1: How to respond effectively to your relative with schizophrenia who may have challenging behaviour.

Available in: Arabic, Chinese, English, Greek, Italian, Turkish, Vietnamese

Produced by: Piu, M. and Paxinos, K., 2005.

Download from: www.carersnetwork.org

QTMHC Location Code: BROCHURE - SCHIZOPHRENIA

Help tip 2: Positive and negative symptoms associated with schizophrenia.

Available in: Arabic, Chinese, English, Greek, Italian, Turkish, Vietnamese

Produced by: Piu, M. and Paxinos, K., 2005.

Download from: www.carersnetwork.org

QTMHC Location Code: BROCHURE - SCHIZOPHRENIA

What is schizophrenia?

Available in: Amharic, Arabic, Assyrian, Chinese, Croatian, Dari, Dinka, English, Farsi, Greek, Italian, Khmer, Korean, Krio, Macedonian, Polish, Russian, Serbian, Spanish, Swahili, Turkish, Vietnamese

Produced by: Multicultural Mental Health Australia, 2007.

Download from: www.mmha.org.au

QTMHC Location Code: BROCHURE – SCHIZOPHRENIA

Tool to facilitate patient-psychiatrist communication: 2-COM Checklist.

Available in: Danish, Dutch, English, Finnish, French, German, Italian, Spanish, Turkish

Produced by: Seroquel, 2004.

Download from: Not available on-line.

QTMHC Location Code: BROCHURE - SCHIZOPHRENIA

SERVICES

Need legal help? Ask Legal Aid Queensland

Available in: Arabic, Chinese, English, Spanish, Vietnamese

Produced by: Legal Aid, 2009.

Download from: www.legalaid.qld.gov.au

QTMHC Location Code: BROCHURE – SERVICES

Do you need emergency mental health assistance?

Available in: Arabic, Chinese, Chinese (Simplified), Croatian, English, Greek, Italian, Spanish, Vietnamese

Produced by: PA Hospital Health Service District, 2007.

Download from: Not available on-line

QTMHC Location Code: BROCHURE - SERVICES

Do you need the mental health service?

Available in: Arabic, Chinese, Chinese (Simplified), Croatian, English, Greek, Italian, Spanish, Vietnamese

Produced by: PA Hospital Health Service District, 2007.

Download from: Not available on-line

QTMHC Location Code: BROCHURE - SERVICES

What is counselling and how can you access it?

Available in: Arabic, Bosnian, Chinese, English, Farsi, French, Spanish, Tagalog, Thai, Vietnamese

Produced by: Immigrant Women's Support Service, 2000.

Download from: www.iwss.org.au

QTMHC Location Code: BROCHURE - SERVICES

Setting the standards for nursing.

Available in: Chinese, English, Vietnamese

Produced by: Qld Nursing Council, 2003.

Download from: www.qnc.qld.gov.au

QTMHC Location Code: BROCHURE - SERVICES

Queensland Health Public Patients' Charter.

Available in: Arabic, Bosnian, Chinese, Croatian, Dari, English, Farsi, Serbian, Spanish, Vietnamese

Produced by: Qld Health, 2002.

Download from: www.health.qld.gov.au/ghppc/downloads.asp

QTMHC Location Code: BROCHURE - SERVICES

10 tips for safer health care.

Available in: Arabic, Bosnian, Chinese, Croatian, Dutch, English, Filipino, German, Greek, Hindi, Hmong, Italian, Laotian, Macedonian, Polish, Samoan, Serbian, Spanish, Torres Strait Creole, Turkish, Vietnamese

Produced by: Queensland Health, 2005.

Download from: www.health.qld.gov.au/quality/10_tips/

QTMHC Location Code: BROCHURE - SERVICES

Australia's adult migrant English program: We can help you learn English.

Available in: Arabic, Bosnian, Chinese, Croatian, English, Farsi, Indonesian, Japanese, Khmer, Korean, Macedonian, Russian, Serbian, Somali, Spanish, Tagalog, Thai, Turkish, Vietnamese

Produced by: Adult Migrant English Program, 2003.

Download from: www.immi.gov.au

QTMHC Location Code: BROCHURE - SERVICES

Home tutor scheme: Learning English at home with a tutor.

Available in: Arabic, Bosnian, Chinese, Croatian, English, Russian, Serbian, Spanish, Turkish, Vietnamese

Produced by: Adult Migrant English Program, 2003.

Download from: www.immi.gov.au

QTMHC Location Code: BROCHURE - SERVICES

Becoming an Australian citizen: How the AMEP can help.

Available in: Arabic, Bosnian, Chinese, Croatian, English, Farsi, English, Japanese, Khmer, Korean, Macedonian, Russian, Serbian, Somali, Spanish, Tagalog

Produced by: Adult Migrant English Program, 2003.

Download from: www.immi.gov.au

QTMHC Location Code: BROCHURE - SERVICES

Distance learning: How you can learn English at home.

Available in: Amharic, Arabic, Bosnian, Burmese, Chinese, Croatian, English, Indonesian, Italian, Kurdish, Laotian, Polish, Portuguese, Punjabi, Russian, Serbian, Sinhalese, Spanish, Tagalog, Tamil, Thai, Turkish, Urdu, Vietnamese

Produced by: Adult Migrant English Program, 2003.

Download from: www.immi.gov.au

QTMHC Location Code: BROCHURE - SERVICES

It's OK to complain - your rights are our concern.

Available in: Amharic, Arabic, Burmese, Chinese, Croatian, Dari, Dinka, English, Farsi, Hindi, Japanese, Korean, Somali, Thai, Torres Strait Creole, Vietnamese

Produced by: Queensland Government, 2009.

Download from: www.complaints.qld.gov.au

QTMHC Location Code: BROCHURE - SERVICES

A transcultural approach to honouring the mind and body: A self-management program with multicultural communities.

Available in: Arabic, Bosnian, Chinese, Croatian, Dinka, English, Greek, Farsi, Hindi, Italian, Serbian, Spanish, Vietnamese

Produced by: Qld Transcultural Mental Health Centre, 2007.

Download from: <http://www.health.qld.gov.au/pahospital/qtmhc/projects.asp#3>

QTMHC Location Code: BROCHURE - SERVICES

Stopping the cycle of chronic disease. A transcultural approach to honouring the mind and body.

Available in: Arabic, Bosnian, Chinese, Croatian, Dinka, English, Greek, Farsi, Hindi, Italian, Serbian, Spanish, Vietnamese

Produced by: Qld Transcultural Mental Health Centre, 2007.

Download from: <http://www.health.qld.gov.au/pahospital/qtmhc/projects.asp#3>

QTMHC Location Code: BROCHURE - SERVICES

SETTLEMENT INFO

Beginning life in Australia: Welcome to Queensland.

Available in: Albanian, Amharic, Arabic, Bosnian, Burmese, Chinese, Croatian, Dari, Dinka, English, Farsi, French, German, Greek, Hindi, Indonesian, Italian, Japanese, Karen, Khmer, Kirundi, Korean, Macedonian, Nepali, Portuguese, Russian, Serbian, Sinhalese, Somali, Spanish, Swahili, Tagalog, Thai, Tigrinya, Turkish, Vietnamese

Produced by: Commonwealth Department of Immigration and Citizenship, 209.

Download from: www.immi.gov.au

QTMHC Location Code: BROCHURE - SETTLEMENT INFO

SEXUAL VIOLENCE

Sexual violence is difficult to speak about.

Available in: Arabic, Bosnian, Chinese, Croatian, English, Farsi, Japanese, Serbian, Somali, Spanish, Tagalog, Thai, Tigrinya, Vietnamese

Produced by: Immigrant Women's Support Service, 1999.

Download from: www.iwss.org.au

QTMHC Location Code: BROCHURE - SEXUAL VIOLENCE

Preventing child sexual assault.

Available in: Arabic, Chinese, Croatian, English, Italian, Korean, Laotian, Macedonian, Portuguese, Russian, Serbian, Spanish, Thai, Turkish, Vietnamese

Produced by: NSW Health, 2003.

Download from: www.mhcs.health.nsw.gov.au

QTMHC Location Code: BROCHURE - SEXUAL VIOLENCE

Healing is possible.

Available in: English, Serbian, Spanish

Produced by: Zig Zag Sexual Assault Service, 1997.

Download from: www.zigzag.org.au

QTMHC Location Code: BROCHURE - SEXUAL VIOLENCE

Consenting sexual activity in a relationship or marriage.

Available in: *Chinese, English, Serbian, Spanish, Tagalog, Thai, Vietnamese*

Produced by: Immigrant Women's Support Service, 2005.

Download from: www.iwss.org.au

QTMHC Location Code: BROCHURE - SEXUAL VIOLENCE

Information for mothers whose children have been sexually abused.

Available in: *English, Russian, Spanish, Tagalog, Thai*

Produced by: Immigrant Women's Support Service, 2003.

Download from: www.iwss.org.au

QTMHC Location Code: BROCHURE - SEXUAL VIOLENCE

STIGMA

Stepping out of the shadows.

Available in: *Arabic, Chinese, Croatian, English, Farsi, Greek, Italian, Korean, Samoan, Serbian, Spanish, Turkish, Vietnamese*

Produced by: Qld Transcultural Mental Health Centre, 2008.

Download from: www.health.qld.gov.au/pahospital/qtmhc/projects.asp#3

QTMHC Location Code: BROCHURE - STIGMA

STRESS

Stress - it affects children too.

Available in: *Arabic, Chinese, Croatian, English, Italian, Korean, Macedonian, Portuguese, Russian, Spanish, Thai, Turkish, Vietnamese*

Produced by: NSW Health, 2004.

Download from: www.mhcs.health.nsw.gov.au/

QTMHC Location Code: BROCHURE - STRESS

Coping with a disaster. Information for times of stress.

Available in: *Croatian, English, Greek, Hmong, Italian, Maltese, Punjabi, Tagalog*

Produced by: Qld Health, 2006.

Download from: www.health.qld.gov.au/pahospital/qtmhc/multilingual_brochures.asp

QTMHC Location Code: BROCHURE - STRESS

How to cope with stress.

Available in: *Arabic, Chinese, Croatian, English, Italian, Khmer, Korean, Macedonian, Portuguese, Russian, Serbian, Somali, Spanish, Thai, Turkish, Vietnamese*

Produced by: NSW Health, 2003.

Download from: www.mhcs.health.nsw.gov.au

QTMHC Location Code: BROCHURE - STRESS

A practical guide about: Stress and stress management.

Available in: *Arabic, Chinese, English, Farsi, German, Greek, Italian, Spanish, Vietnamese*

Produced by: Transcultural Mental Health Centre, 2005.

Download from: www.dhi.gov.au

QTMHC Location Code: BROCHURE - STRESS

Psychological responses to traumatic stress: What to expect.

Available in: *English, Greek, Hmong, Italian, Maltese, Punjabi*

Produced by: Qld Transcultural Mental Health Centre, 2006.

Download from: www.health.qld.gov.au/pahospital/qtmhc/multilingual_brochures.asp

QTMHC Location Code: BROCHURE - STRESS

Coping personally after major disasters and cyclones.

Available in: *Croatian, English, Greek, Hmong, Italian, Maltese, Punjabi, Tagalog*

Produced by: Qld Transcultural Mental Health Centre, 2006.

Download from: www.health.qld.gov.au/pahospital/qtmhc/multilingual_brochures.asp

QTMHC Location Code: BROCHURE - STRESS

Stress: How to cope better with life's challenges.

Available in: *English, Spanish*

Produced by: American Academy of Family Physicians, 2006.

Download from: <http://familydoctor.org>

QTMHC Location Code: BROCHURE - STRESS

Stress: Who has time for it?

Available in: *English, Spanish*

Produced by: American Academy of Family Physicians, 2006.

Download from: <http://familydoctor.org>

QTMHC Location Code: BROCHURE - STRESS

Coping with stress: Factsheet for young people.

Available in: *Arabic, English*

Produced by: Royal College of Psychiatrists, 2005.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE – STRESS

Fact sheet 6: Reducing Stress.

Available in: *English, Greek, Italian*

Produced by: Beyondblue, 2009.

Download from: www.beyondblue.org.au

QTMHC Location Code: BROCHURE – STRESS

How to cope with stress.

Available in: *Amharic, Arabic, Chinese, Croatian, Dinka, English, Farsi, French, Hindi, Punjabi, Serbian, Somali, Spanish, Tigrinya, Urdu, Vietnamese*

Produced by: Canadian Mental Health Association, 2009.

Download from: www.cmha.ca

QTMHC Location Code: BROCHURE - STRESS

SUICIDE

Preventing youth suicide.

Available in: *Arabic, Chinese, Croatian, English, Italian, Khmer, Korean, Laotian, Macedonian, Portuguese, Russian, Spanish, Thai, Turkish, Vietnamese*

Produced by: NSW Health, 2005.

Download from: www.mhcs.health.nsw.gov.au/

QTMHC Location Code: BROCHURE - SUICIDE

The warning signs of suicide.

Available in: Arabic, Bengali, Chinese, Danish, Dutch, English, Finnish, French, German, Hindi, Hungarian, Italian, Japanese, Korean, Lithuanian, Polish, Portuguese, Russian, Serbian, Spanish, Swahili, Tamil

Produced by: Befrienders Worldwide, 2003.

Download from: www.befrienders.org

QTMHC Location Code: BROCHURE - SUICIDE

Deliberate self-harm in young people: Factsheet for parents and teachers.

Available in: Arabic, English

Produced by: Royal College of Psychiatrists, 2005.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE - SUICIDE

Suicide and attempted suicide: Factsheet for parents and teachers.

Available in: Arabic, English

Produced by: Royal College of Psychiatrists, 2005.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE - SUICIDE

LIFE living is for everyone.com.au - Helping someone at risk of suicide.

Available in: Amharic, Arabic, Assyrian, Chinese (simple), Chinese (traditional), Croatian, Dari, Dinka, English, Farsi, Greek, Italian, Khmer, Korean, Krio, Macedonian, Polish, Russian, Serbian, Spanish, Swahili, Turkish, Vietnamese

Produced by: Multicultural Mental Health Australia, 2008.

Download from: www.mmha.org.au

QTMHC Location Code: BROCHURE - SUICIDE

TCCS

TCCS Consumer Handout.

Available in: Amharic, Arabic, Bosnian, Chinese, Croatian, Dinka, English, Farsi, Greek, Hindi, Indonesian, Italian, Japanese, Khmer, Polish, Samoan, Serbian, Spanish, Tagalog, Vietnamese

Produced by: Qld Transcultural Mental Health Centre, 2005.

Download from: www.health.qld.gov.au/pahospital/qtmhc.asp

QTMHC Location Code: BROCHURE - TCCS

TCCS Consumer Information Sheet - Rights & Responsibilities.

Available in: Amharic, Arabic, Bosnian, Chinese, Croatian, Dinka, English, Farsi, Greek, Hindi, Indonesian, Italian, Japanese, Khmer, Polish, Samoan, Serbian, Spanish, Tagalog and Vietnamese

Produced by: Qld Transcultural Mental Health Centre, 2005.

Download from: www.health.qld.gov.au/pahospital/qtmhc.asp

QTMHC Location Code: BROCHURE - TCCS

TOURETTE'S SYNDROME

What is Tourette's Syndrome?

Available in: Arabic, Chinese, Croatian, English, Italian, Macedonian, Portuguese, Russian, Spanish, Thai, Turkish, Vietnamese

Produced by: NSW Health, 2001.

Download from: www.mhcs.health.nsw.gov.au/

QTMHC Location Code: BROCHURE - TOURETTE'S SYNDROME

Tics and Tourette's Syndrome in children.

Available in: English, Spanish

Produced by: American Academy of Family Physicians, 2006.

Download from: <http://familydoctor.org>

QTMHC Location Code: BROCHURE - TOURETTE'S SYNDROME

WOMEN

Female patients requesting female staff in hospitals or in a clinic.

Available in: Arabic, English, Tamil, Turkish

Produced by: NSW Health, 2003.

Download from: www.mhcs.health.nsw.gov.au

QTMHC Location Code: BROCHURE - WOMEN

YOUTH

Growing up with young people. Supporting families.

Available in: Chinese, English, Vietnamese

Produced by: Youthlink, 1999.

Download from: Not available on-line.

QTMHC Location Code: BROCHURE - YOUTH

Living with babies.

Available in: Arabic, Bosnian, Chinese, Croatian, English, Vietnamese

Produced by: Department of Families, 2002.

Download from: www.communities.qld.gov.au/parenting/general-parenting/positive.html

QTMHC Location Code: BROCHURE - YOUTH

Growing & learning in the family.

Available in: Arabic, Bosnian, Croatian, English, Serbian, Vietnamese

Produced by: Department of Families, 2002.

Download from: www.communities.qld.gov.au/parenting/general-parenting/positive.html

QTMHC Location Code: BROCHURE - YOUTH

Helping kids to be positive.

Available in: Arabic, Bosnian, Chinese, Croatian, English, Vietnamese

Produced by: Department of Families, 2002.

Download from: www.communities.qld.gov.au/parenting/general-parenting/positive.html

QTMHC Location Code: BROCHURE - YOUTH

Parenting in a multicultural society.

Available in: Chinese, English, Farsi, Greek, Indonesian, Italian, Portuguese, Serbian, Somali, Spanish, Vietnamese

Produced by: Family & Children's Services, 2002.

Download from: Not available on-line.

QTMHC Location Code: BROCHURE - YOUTH

Healthy kids: a parent's guide.

Available in: Arabic, Chinese, English, Farsi, Filipino, Hindi, Spanish, Turkish, Vietnamese

Produced by: Transcultural Mental Health Centre and The Children's Hospital at Westmead, 2002.

Download from: www.dhi.gov.au

QTMHC Location Code: BROCHURE - YOUTH

Talking to teenagers and establishing rules.

Available in: Arabic, Chinese, Croatian, English, Italian, Khmer, Korean, Laotian, Macedonian, Portuguese, Russian, Serbian, Spanish, Thai, Turkish, Vietnamese

Produced by: NSW Health, 2005.

Download from: www.mhcs.health.nsw.gov.au

QTMHC Location Code: BROCHURE - YOUTH

Disruptive disorders in children.

Available in: Arabic, Chinese, English, Farsi, Hindi, Spanish, Tagalog, Turkish, Vietnamese

Produced by: Westmead Children's Hospital and Transcultural Mental Health Centre, 2005.

Download from: www.mhcs.health.nsw.gov.au

QTMHC Location Code: BROCHURE - YOUTH

Surviving adolescence.

Available in: Chinese, English

Produced by: Royal College of Psychiatrists, 2003.

Download from: www.communities.qld.gov.au/parenting/general-parenting/positive.html

QTMHC Location Code: BROCHURE - YOUTH

Parent tips for helping children handle tragic events.

Available in: Chinese, English, Japanese, Korean, Spanish, Vietnamese

Produced by: Montgomery County Public Schools, 2002.

Download from: www.montgomeryschoolsmd.org

QTMHC Location Code: BROCHURE - YOUTH

Understanding your child.

Available in: Arabic, English

Produced by: NSW Department of Community Services, 2005.

Download from: www.community.nsw.gov.au

QTMHC Location Code: BROCHURE - YOUTH

Discipline: where do I start?

Available in: Arabic, English

Produced by: NSW Department of Community Services, 2005.

Download from: www.community.nsw.gov.au

QTMHC Location Code: BROCHURE - YOUTH

Building a good relationship with your child.

Available in: *Arabic, English*

Produced by: NSW Department of Community Services, 2005.

Download from: www.community.nsw.gov.au

QTMHC Location Code: BROCHURE - YOUTH

Coping with conflict.

Available in: *Arabic, English*

Produced by: NSW Department of Community Services, 2005.

Download from: www.community.nsw.gov.au

QTMHC Location Code: BROCHURE - YOUTH

Bullying: how you can help.

Available in: *Arabic, English*

Produced by: NSW Department of Community Services, 2005.

Download from: www.community.nsw.gov.au

QTMHC Location Code: BROCHURE - YOUTH

Promoting good mental health: the key to preventing mental illness.

Available in: *Arabic, English*

Produced by: NSW Department of Community Services, 2005.

Download from: www.community.nsw.gov.au

QTMHC Location Code: BROCHURE - YOUTH

Making school work.

Available in: *Arabic, English*

Produced by: NSW Department of Community Services, 2005.

Download from: www.community.nsw.gov.au

QTMHC Location Code: BROCHURE - YOUTH

Where to get help.

Available in: *Arabic, English*

Produced by: NSW Department of Community Services, 2005.

Download from: www.community.nsw.gov.au

QTMHC Location Code: BROCHURE – YOUTH

When sadness won't go away: Depression and related disorders in young people.

Available in: *Arabic, Chinese, English, Greek, Italian, Spanish, Turkish, Vietnamese*

Produced by: SANE Australia, 2006.

Download from: www.sane.org

QTMHC Location Code: BROCHURE - YOUTH

Understanding your teenager's emotional health.

Available in: *English, Spanish*

Produced by: American Academy of Family Physicians, 2006.

Download from: <http://familydoctor.org>

QTMHC Location Code: BROCHURE - YOUTH

Parents with a mental illness: Factsheet for parents and teachers.

Available in: *Arabic, English*

Produced by: Royal College of Psychiatrists, 2005.

Download from: www.rcpsych.ac.uk/mentalhealthinfoforall/translations.aspx

QTMHC Location Code: BROCHURE - YOUTH

Challenging Behaviours.

Available in: *Amharic, Arabic, Assyrian, Chinese, Croatian, Dari, Dinka, English, Farsi, Greek, Italian, Khmer, Korean, Krio, Macedonian, Polish, Russian, Serbian, Spanish, Swahili, Turkish, Vietnamese*

Produced by: Multicultural Mental Health Australia, 2007.

Download from: www.mmha.org.au

QTMHC Location Code: BROCHURE – YOUTH

Parent consent forms.

Available in: *Amharic, Arabic, Assyrian, Bosnian, Chinese, Dari, English, Khmer, Pashtu, Samoan, Serbian, Somali, Tigrinya, Turkish, Vietnamese*

Produced by: Centre for Multicultural Youth, 2009.

Download from: www.cmy.net.au/TranslatedandCommunityInfo

QTMHC Location Code: BROCHURE - YOUTH