

About Education & Training

The Queensland Transcultural Mental Health Centre (QTMHC) provides state-wide professional development and education to staff of Queensland Health, Mental Health Services, other Queensland Government departments, Not-for-Profit organisations, interpreters and universities.

We hope that you will be inspired to enrol in our courses which will provide you with the knowledge, skills and passion to informatively contribute to the health and wellbeing of our culturally and linguistically diverse community

If you are interested in our training, please do not hesitate to contact us to discuss the possibilities.

We provide training across Queensland, including regional centres.

Contact details

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Queensland

Transcultural Mental Health Centre

Education and Training Program

2011



Queensland
Government

Managing Cultural Diversity in Mental Health

Education and training at the QTMHC aims to further develop the cultural competency of mental health clinicians by increasing their awareness, knowledge and skills in working with clients from culturally and linguistically diverse (CALD) backgrounds.

The flagship of our education program is the *Managing Cultural Diversity in Mental Health* suite of modules. Registration is open to individuals who wish to improve their knowledge, skills and awareness in this area. Modules 3 and 4 are open to mental health clinicians only. Our Modules and workshops are designed for a duration of 4 hours with flexible delivery options.

The QTMHC also provides in-services to a range of stakeholders regarding cultural issues and transcultural mental health. This is often conducted in conjunction with the Transcultural Clinical Consultation Service.

Workshops within the program are offered free of charge to staff of Queensland Health, other government agencies, and Not-for-Profit organisations.

Please contact our Clinical Educator for further information.

Managing Cultural Diversity in Mental Health

Module 1: Cultural Factors in Mental Health & Mental Illness

Addresses cultural factors and their impact on mental health and mental health practice from an individual, policy, system and organisational point of view.

Module 2: Language Matters in Mental Health Care

Addresses the impact of language and culture on mental health presentation and care. Working with interpreters is covered briefly.

Module 3: Transcultural Assessment & Diagnosis

Addresses the impact of culture on the process of assessment, formulation and diagnosis and the skills involved in working effectively within this process.

Module 4: Transcultural Mental Health Intervention

Addresses issues in designing and implementing interventions with a transcultural focus.

Module 5: Migration, Settlement and Acculturation

Provides knowledge and understanding of the impact of migration, acculturation and settlement processes on mental health.

Module 6: Working with Mental Health Interpreters

Addresses issues in mental health interpreting including skills for clinicians in working collegially with an interpreter.

Module 7: Transcultural Issues in Older Persons Mental Health

Addresses issues related to older migrants and mental health.

Module 8: Working with Children and Young People in Transcultural Mental Health

Provides knowledge, awareness and skills for working with children, young people and their families from CALD backgrounds.

Other training available...

QTMHC also runs training in the following topics:

- ◆ Transcultural Issues in Schizophrenia & Related Psychoses
- ◆ Mental Health Interpreting for Accredited Interpreters.
- ◆ Cultural Formulation.

QTMHC is able to tailor training to specific areas of interest and settings. Please direct enquiries to the Clinical Educator.

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