

INTRODUCTION TO TRANSCULTURAL MENTAL HEALTH

A POST GRADUATE UNIVERSITY ACCREDITED COURSE

INTRODUCTION

The course (PXMH7032) *Introduction to Transcultural Mental Health*, is an elective course in the Postgraduate Diploma and Master in Mental Health (Community Mental Health) offered by the University of Queensland, Department of Psychiatry. Students enrolled in other UQ departments or other universities can apply through their university departments to complete this course as an elective in their enrolled program.

This course has been developed through a partnership between the University of Queensland and the Queensland Transcultural Mental Health Centre and will be delivered in partnership with the School of Mental Health, The Park, Centre for Mental Health.

The purpose of the course is to assist those involved in the development and/or delivery of mental health services to develop the knowledge and skills relevant to culturally sensitive and clinically effective mental health practice with people of diverse cultural backgrounds. The course considers the impact of culture on the presentation of mental health problems and the way that culture impacts on interpersonal style and communication. It also looks at the impact of migration and refugee experience on mental health.

The course recognises the cultural diversity of Australian society as well as tensions and difficulties that arise as a result of this diversity. It also provides students with an opportunity to better understand the way that policies and legislation impact on the welfare and mental health of different groups in the community. On completing the course students will, in addition, acquire knowledge of resources and supports targeting people from different cultural backgrounds that can be accessed by mental health professionals and their clients.

This course consists of the eight modules listed under *Managing Cultural Diversity in Mental Health* on this website and are also delivered within the 'train the trainer' framework. To fulfil course requirements students must complete all eight 1-day workshops and satisfy the assessment requirements listed below.

COURSE DETAILS

Unit Value: 2 units

AWARDS

This course can be counted for credit in the Graduate Diploma and the Master in Mental Health (Community Mental Health). Students enrolled in other UQ departments or other universities can apply through their university departments to complete this course as an elective in their enrolled program.

REQUIREMENTS

Students are required to successfully complete the relevant assessment and must attend and contribute to the scheduled workshops. Each workshop runs from 9.00am to 4.30pm and students must be in attendance for the full day.

MODE OF DELIVERY

Flexible learning (eight 1-day workshops plus assignment requirements) held in Semester One of each year.

PRELIMINARY READING AND RECOMMENDED TEXTS

There is no recommended text.

① A modular resource pack containing relevant references will be supplied.

When preparing assignments, students are expected to read widely and to initiate relevant literature searches using library and Internet based search engines. Materials not available within the UQ library can be ordered by document delivery or inter-library loan.

WORKLOAD

A 2-unit point course is 25% of a full time student load.

Students should be prepared to spend up to 10 hours a week on course related activities.

MODE OF ASSESSMENT

Assignment (written) - 40%

Examination - 40%

Oral Presentation - 20%

ACADEMIC INQUIRIES

All academic related inquiries should be directed to the Course Co-ordinator:-

Dr Robert King
Department of Psychiatry
University of Qld, K-Floor, Mental Health Centre,
Royal Brisbane Hospital Qld 4029

PH: (07) 3365 5142

FAX: (07) 3365 5488

EMAIL: robertk@psychiatry.uq.edu.au

PROFESSIONAL DEVELOPMENT

Individuals may wish to complete the *Introduction to Transcultural Mental Health* course, or select modules within it, as professional development education in order to be equipped with knowledge and skills in working with clients and patients from culturally and linguistically diverse backgrounds.

There is no assessment through this route and individuals who complete workshops as professional development will receive a Statement of Attendance from UQ and Queensland Health. There are no fees payable by Queensland Health employees who undertake the workshops through this route.

If individuals who complete all the workshops through this route decide in the future to undertake formalised university study, they may apply to sit the assessment process. However, the applicable full fee paying course fee will apply.

Individuals who are interested in attending these workshops as professional development should contact the Queensland Transcultural Mental Health Centre for details.

For further information, please contact:

Lara Denman
Education & Development Co-ordinator

PH: (07) 3240 2833

FAX (07) 3240 2282

EMAIL: Lara_Denman@health.qld.gov.au