

Managing Cultural Diversity in Mental Health

The *Managing Cultural Diversity in Mental Health* Train-the-Trainer program comprises of eight modules delivered via interactive workshops.

Module 1: Cultural Factors in Mental Health and Mental Illness

Module 2: Language Matters in Mental Health Care

Module 3: Transcultural Assessment & Diagnosis

Module 4: Transcultural Treatment Issues

Module 5: Migration & Settlement Issues in Mental Health

Module 6: Developing Culturally Responsive Mental Health Services

Module 7: Acculturative Stress, Trauma and Mental Health

Module 8: Transcultural Issues in Child & Youth Mental Health

Each module consists of a one-day workshop and participants must be in attendance the full day to receive certificates enabling them to train others.

The modules can be completed by a range of individuals involved in mental health service provision. However, Module 3 and 4 are specifically designed for mental health clinicians who are directly involved in the development and delivery of clinical services.



Who Can Register?

Registration is open to individuals who have the opportunity within their work roles to provide training to others within their service/agency.

While pre-existing skills and experience as a trainer are not a prerequisite, it is beneficial if the registrant has some experience and a genuine interest in training delivery. It is also anticipated that registrants will have an interest in transcultural mental health issues.

Trainers who are employees of Queensland Health, Mental Health Services, will be expected to deliver training in a consistent manner and to provide statistics regarding their training provision every quarter to the QTMHC.

Therefore **registrants must be nominated by their Team Leader/Manager** who will be responsible for ensuring that trainers are provided with the opportunities to deliver training, that staff are provided with the opportunities to attend training, and that the statistical reports are forwarded to the QTMHC every quarter.

Trainers will also be supported by QTMHC Multicultural Mental Health Coordinators who are located in most Health Districts. Contact details can be obtained from the QTMHC.

Trainers will also be supported through a mentoring relationship with the QTMHC Education & Development Coordinator.

Individuals who are not employees of Queensland Health can also register for the modules. A nominal fee is charged to recover costs. These can be discussed with the QTMHC Education and Development Coordinator.

Registration Form

I would like to register for the following modules:
(please circle)

Module 1 Module 2 Module 3

Module 4 Module 5 Module 6

Module 7 Module 8

Name & professional background of Registrant:

Name and contact details of Service:

Tel: _____

Authorised by: (e.g. Team Leader, Manager)

Name:

Signature: _____

Date: _____

Send via fax, post or email to:

Queensland Transcultural Mental Health Centre

Fax: 3240-2282

Post: PO Box 5767, West End Q 4101.

Email: Lara_Denman@health.qld.gov.au