

Management of Dysarthria

As in the case of dysphagia, patients with motor speech difficulties should be referred to a speech pathologist for management of their condition. Speech pathology management of dysarthria may include:

- Assessment of the oromusculature (e.g. lips, tongue, soft palate) and motor speech function including the parameters of respiration, phonation, resonance, articulation, prosody and speech intelligibility;
- Provision of counselling regarding identified motor speech problems associated with PPS and strategies to promote speech intelligibility. For example, using shorter sentences, reducing rate of speech, or avoiding talking over background noise; and
- Provision of exercises to improve hypernasality, voice quality and volume of voice.