

Management of Dysphagia

Dysphagia management should be undertaken by a speech pathologist who has expertise in the assessment, diagnosis and treatment of swallowing disorders.

Speech pathology intervention of swallowing disorders may include:

- Clinical and/or radiographic assessment of swallowing;
- Provision of counselling regarding observed swallowing problems associated with PPS and strategies to facilitate safe swallowing;
- Modifying the consistency of food and/or fluids;
- Trial of compensatory/facilitatory swallowing techniques; and
- Design of exercise programs to improve range, strength, speed and coordination of muscles used in swallowing.