

Developing an Evaluation and Management Program

The development of a comprehensive evaluation and management program is essential for the post-polio patient to ensure that symptoms are addressed and the progression of symptoms is reduced. This may be achieved through:

- Identifying medical, neurological and orthopaedic conditions that could be mimicking the symptoms of LEOP;
- Managing disabling symptoms – referral to other services, pharmacological treatment, etc.; and
- Monitoring patient's symptoms through ongoing evaluation.

Although the patient may not be exhibiting late onset problems, comprehensive evaluation and the development of a treatment plan that addresses optimal health and well-being may be beneficial in minimising the impact of future problems.