

Resources

Support Services

Queensland

- **Post-Polio Support Group Network** have established support groups throughout Queensland who meet on a regular basis to share information, offer peer support and attend presentations from relevant individuals and organisations. In addition the association provides information about the late effects of polio and related issues to members, the community and health practitioners.
- For details of Post-Polio Support Groups, meeting dates and times throughout Queensland contact the Paraplegic and Quadriplegic Association of Queensland.

The Paraplegic and Quadriplegic Association of Queensland Inc.

	Brisbane	North Queensland
Address:	Cnr O'Connell St and Shafston Ave KANGAROO POINT	1 Charters Towers Road TOWNSVILLE
Postal Address:	P.O. Box 5651 WEST END 4101	P.O. Box 4132 TOWNSVILLE WEST 4810
Phone:	(07) 3391 2044 1800 810 513 (Toll Free)	(07) 4721 5800 1800 024 422 (Toll Free)
Fax:	(07) 3391 2088	(07) 4721 5802
Email:	pqaq@pqaq.com.au	pqaq@beyond.net.au

Interstate

New South Wales	Victoria	South Australia	Western Australia	Tasmania
N.S.W. Post-Polio Network P.O. Box 888 Kensington N.S.W. Phone: (02) 9663 2402 Email:polio@fastlink.com.au	Polio Network Victoria P.O. Box 1189 Collingwood VIC 3066 Phone: 1800 803 384 Email:theteam@paraquad.asn.au	Post-Polio Support Group of South Australia 23a King Willam Rd Unley S.A. 5061 Phone: (08) 8357 8909 Email:nrc@camtech.net.au	Post-Polio Network of Western Australia P.O. Box 257 Subiaco W.A. 6904 Phone: (08) 9383 9050	Post-Polio Network – Tasmania Inc. P.O. Box 194 Beaconsfield TAS 7270 Phone: (03) 6383 1690 Email:polio.tas@microtech.com.au

Internet Sites

Polio and Post-Polio Information Sites

Australian Sites

Paraplegic and Quadriplegic Association of Queensland

<http://www.pqaq.gil.com.au>

Post-Polio Network of New South Wales

<http://www.post-polionetwork.org.au>

Polio Network of Victoria

<http://www.paraquad.asn.au/services/polio/polio.html>

Post-Polio Network – Tasmania Inc.

<http://www.tased.edu.au/tasonline/polionet/>

Neurological Resource Centre – Post-Polio Support Group of S.A.

http://www.span.com.au/nrc/p_polio

Mornington Peninsula Post-Polio Support Group

<http://www.satlink.com.au/~ddlloyd>

Polio Services Victoria

<http://www.psv.svhm.org.au/>

Overseas Sites

The Lincolnshire Post-Polio Network

<http://www.zynet.co.uk/ott/polio/lincolnshire>

Post-polio information service for polio survivors and medical professionals. The site is divided into three main sections:

- Library – containing articles covering PPS, LEOP etc. All articles are the full text version;
- Networking; and
- The Directory – a catalogue of other resources both on the internet and elsewhere.

Gazette International Networking Institute (GINI)

<http://www.post-polio.org>

Consists of:

- International Polio Network – provides information to polio survivors, their families and the health care community and promotes networking among the post-polio community;
- Post-Polio Task Force – a task force of clinicians and researchers who specialise in diagnosing and treating polio survivors and symptoms of PPS, as well as patient advocates for survivors of polio; and
- International Ventilator Network – links ventilatory users with each other and with health care professionals interested in the options for mechanical ventilation and home care.

Archives of POST-POLIO-MED@MAELSTROM.STJOHNS.EDU

<http://maelstrom.stjohns.edu/archives/post-polio.html>

Questions and answers about PPS. You must be a subscriber to post to, browse or search the PPMed list.

The Polio Information Centre Online

<http://128.59.173.136/PICO/PICO.html>

Provides information about the poliovirus and links to other polio information.

Harvest Centre's Post-Polio Page

members.aol.com/harvestctr/pps/polio.html

Polio and PPS educational audio tapes, the computerised assessment program to help local doctors diagnose and treat your PPS, downloadable articles.

Post Polio Recently Published Medical Articles

<http://www.execpc.com/~epwoll/medindx.html>

This site contains a list of medical articles on PPS published from 1990 to 11/01/2000.

Post~Polio Med Web Pages

<http://angus.interspeed.net/ppmed/index.shtml>

Post~Polio Med is a forum for questions and answers to and from PPS researchers, physicians and other post-polio medical professionals, polio survivors, family, friends, students and others who are interested in PPS.

Post Polio Syndrome

[Neuro-www.mgh.harvard.edu/forum/PostPolioSynd/Menu.html](http://www.mgh.harvard.edu/forum/PostPolioSynd/Menu.html)

This is a webforum to discuss and comment on PPS.

Polio Experience Network

<http://www.polionet.org>

Large post-polio resource site including library, PPS disease and treatment information, instructional material, newsletter and vaccine information.

Polio Survivor's Page

<http://www.eskimo.com/~dempt/polio/html>

Polio and post-polio resources including articles, newsletters, an information package and related links.

MEDLINE Plus: Polio and Post Polio Syndrome

<http://www.nlm.nih.gov/medlineplus/polioandpostpoliosyndrome.html>

A service of the National Library of Medicine. Links to MEDLINE and MEDLINEplus

Post Polio Home Page and Links to same

<http://home.earthlink.net/~polioinfo/index.html>

Newsletters, chat sites, doctors reports, government help, medication, fact sheets etc.

Grace Young's Web Page

<http://www.geocities.com/HotSprings/4713>

Provides information on energy conservation

The Rollin Rat

<http://www.azstarnet.com/~rspear>

Richard Spear's home page to PPS and Disability Resources

The No Frill Edition

<http://www.azstarnet.com/~rspear/tindex.html>

Contains interesting reading on the cause and symptoms of PPS, rehabilitation and therapy, adaptations for daily living, social security information and a history of polio and PPS.

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