How healthy are Queenslanders?

**Smoking**
decreased by **26%** in a decade with slowing in recent years

**Overweight and obesity**
2 in 3 adults
1 in 4 children

**Alcohol**
1 in 2 drink at some level of risk
1 in 4 young males drink at riskiest levels

**Food and nutrition**
1/3 of daily energy intake is from cakes, confectionery, snacks, sugary drinks and alcohol

Want to know more...
The health of Queenslanders 2014