

USEFUL PHONE CONTACTS:

OCCUPATIONAL THERAPY DEPT 3240 5008
INCLUDING DRIVING ASSESSMENTS
PRINCESS ALEXANDRA HOSPITAL

TAXI SUBSIDY & DISABILITY PARKING 1300 134 755
APPLICATION FORMS
QLD TRANSPORT

FOR FUTURE EQUIPMENT NEEDS 3552 9000
LIFETEC QLD
www.lifetec.org.au

VEHICLE MODIFICATIONS:
Contact the Occupational Therapy for a list of places that can help you with modifying your car.

FOR FUTURE HOUSING MODIFICATIONS 3208 0604
HOME ASSIST/SECURE

AMPUTEES & FAMILIES SUPPORT GROUP QLD 3290 4293

QUEENSLAND AMPUTEE GOLF ASSOCIATION 55248201

Contact the Department of Occupational Therapy, Princess Alexandra Hospital for a copy of their booklet on driving -
“The Question of Driving.....following lower limb amputation.”.
PH: 07 - 32405008

ANNUAL NATIONAL AMPUTEE AWARENESS DAY - 11 JUNE



Queensland
Government
Queensland Health

Patient Assist Leaflet compiled and printed with the support of the Occupational Therapy Department, Princess Alexandra Hospital and the Queensland Amputee Limb Service - Nov 2008

BEING SAFE AT HOME

Presentation by
the Occupational Therapy Department

to
Amputee Discussion Group
Bunya Ward

Geriatric and Aged Care Rehabilitation Unit
Princess Alexandra Hospital

OCCUPATIONAL THERAPY



PASTIMES

Your OT may suggest ways to get back to your interests such as **bowling, reading, gardening, woodwork or craft.**

MODIFYING YOUR HOME

A **visit to your home** may be arranged with you and/or your family. This will be done if changes to your home are needed to get around safely. Please speak to the Occupational Therapist if you want more information.

USEFUL EQUIPMENT

Depending on your needs at home, the Occupational Therapist may suggest you need some equipment. Some larger items of equipment may be funded through **Medical Aids Subsidy Scheme** (MASS). You may need to buy smaller items yourself, like a chair for the shower..

The Amputees and Families Support Group QLD may lend equipment out to their members without charge while members await delivery of their new equipment.

RETURN TO WORK

If you plan on returning to work please speak to your Occupational Therapist.

If you no longer have a job or would like to work in a different job they can refer you to the **Commonwealth Rehabilitation Service** (CRS) or **Centrelink**.

The **Occupational Therapist** (OT) may help you get back to many day to day activities, such as:-

PERSONAL CARE

Your OT may suggest different ways to do your **showering, dressing and grooming** so you are safer or need less help.

HOUSEWORK

Your OT may help you practice things like **cooking, cleaning and laundry** so you feel more confident using either your wheelchair or your artificial limb.

GETTING OUT AND ABOUT

Your OT may suggest ways for you to continue getting out and about for things like grocery shopping and banking.

DRIVING

If you would like to return to driving, please speak to your Occupational Therapist. He/she can give you a handout with more details. The Occupational Therapist can also help with applying for a **disability parking permit or taxi subsidy scheme** through the Queensland Transport Department.