

CONTACTS

Phone
3406 2300

Freecall 1800 624 832
(for regional clients)

Fax
3406 2399

Email
spot@health.qld.gov.au

Web
www.health.qld.gov.au/qscis

Postal
PO Box 6053
Buranda, Q, 4102

Location
3rd Floor, Centro Buranda
Cnr Cornwall St & Ipswich Rd
Buranda, Q, 4102

Spinal Outreach Team



A service assisting family and friends of people with spinal cord injuries

Who are we?

- SPOT is the community based team of the Queensland Spinal Cord Injuries Service or QSCIS.
- We are a team of experienced health professionals from nursing, occupational therapy, social work and physiotherapy.
- SPOT's main role is to provide assessment and advice to people with spinal cord injury.

How can SPOT staff help you?

SPOT is also a service for family and friends. A spinal cord injury changes the lives not only of the person with the injury, but also those of their family and friends.

SPOT can provide information and advice on issues such as:

- counselling and support
 - dealing with changes in your life
 - relationships
 - sexuality / fertility
- information about and referral to services or resources
- financial matters
- equipment
- backcare when providing physical assistance
- respite
- education about spinal cord injury

Confidential face to face, telephone or email consultations are available with our staff. Please feel free to contact SPOT for assistance.

Where does the SPOT service go?

- SPOT provides a service to people wherever they live throughout Queensland.
- SPOT can visit you at home if you live within 200 km of the Princess Alexandra Hospital. We can also see you at our office or in other community locations.
- SPOT makes 12 trips each year to rural and regional areas in Queensland. Details of our visit schedule as well as other useful information on SPOT and spinal cord injury are available on the QSCIS website.

Reviewed: Feb. 2009
Future Review: Feb. 2011