

## CONTACTS

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# Spinal Outreach Team



## Who Are We?

- SPOT is the community based team of the Queensland Spinal Cord Injuries Service or QSCIS.
- QSCIS also includes the Princess Alexandra Hospital Spinal Injuries Unit and the Transitional Rehabilitation Programme for people with spinal cord injury.
- We are a team of experienced health professionals from nursing, occupational therapy, social work and physiotherapy.

## Where does the SPOT service go?

- SPOT provides a service to people wherever they live throughout Queensland.
- SPOT makes 12 trips each year to rural and regional areas in Queensland. We contact clients and service providers before each visit, so people can advise us if they want to be seen.
- We are able to visit clients and service providers located within 200km of Brisbane, as needed.
- SPOT can see people in their own homes or in other community locations.
- SPOT can be contacted by phone or email.
- Useful information on SPOT and spinal cord injury can be found on the QSCIS website.

## How can SPOT staff help you?

- We provide information and advice about equipment, support services, health issues, work and recreation and many other aspects of life with spinal cord injury.
- We keep in regular phone contact with people for the first year following discharge from the Spinal Injuries Unit to offer support with any issues that might arise.
- We support family and friends of people with a spinal cord injury.
- We educate and inform service providers about issues to consider when assisting people with a spinal cord injury.
- We provide information about current research being done around Australia and internationally and the impact this might have for people with spinal cord injuries.

## Who can use the SPOT service?

- People with spinal cord injury who have been formally accepted as clients of QSCIS.
- Family and friends of people with spinal cord injury.
- Health professionals or service providers working with people with spinal cord injury.



Queensland Government  
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The Queensland Spinal Cord Injuries Service