



Queensland
Government

Royal Children's Hospital
Brisbane

Clinics available in
Children's Health
Services, Queensland:

ENT

Consultant Clinics

Epistaxis: 1-16 years

Initial work-up	Pre-referral treatment	Refer when
<p>History and physical examination:</p> <ul style="list-style-type: none"> • Rule out allergic rhinitis <p>If suspecting blood dyscrasia:</p> <ul style="list-style-type: none"> • Thorough history (i.e. bruising, bleeding) • Family history • Blood tests – (FBE, PT, APTT) if indicated by history 	<ul style="list-style-type: none"> • Trial of antibiotic / steroid ointment to anterior septum 2x a day for 2 weeks • Observation of side • Acute bleeding usually settles with local pressure to the lower nasal septum 	<ul style="list-style-type: none"> • Not responding to conservative management i.e. no nose picking , strong nose blowing, application of topical nasal steroid • Epistaxis that is severe or occurs frequently • Attach blood tests results if available

Clinical Advice: Tel (07) 3636 3777 and ask for Paediatric ENT Registrar or A/H (07) 3636 9005 Emergency Department

Referral Form Download: http://www.health.qld.gov.au/rch/professionals/gp_referrals.asp

Send Referrals to: Medical Objects Address – QHEALTH, ROYAL CHILDREN'S HOSPITAL Fax: (07) 3636 7811 Mail: Outpatients Department
HealthLink Address - qldrchld

Royal Children's Hospital
Herston Rd, HERSTON 4029

Provision of
named referrals for
all patients
referred to the RCH
will expedite
patient access

Paediatrics Pre-referral Guidelines – Otolaryngology



Contact us

RCH Switchboard	(07) 3636 3777
Emergency Department	
• GPs only (clinical advice)	(07) 3636 9005
• Triage nurse	(07) 3636 7900
• ED Admission enquiries	(07) 3636 7055
Admission Enquiries	(07) 3636 8307
Admission Enquiries After Hours (via the RCH Main Switch)	(07) 3636 3449 Pager 42156
Poisons Information Centre	131 126
Seriously Unwell Child: RCH Emergency Department	(07) 3636 9005

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These guidelines were reviewed and developed by specialists at the Royal Children's Hospital and reviewed by a working group of metropolitan general practitioners in Queensland.

Feedback or suggestions welcomed. Contact the **Centre for Healthcare Excellence**: CHS_CHE@health.qld.gov.au

Last reviewed: June 2010

References

Paediatric Handbook (2003)
Ear, Nose and Throat Conditions, Chapter 21 (pp312-324)
 Robert Berkowitz and Michael Marks
 Seventh Edition, Blackwell Publishing
 By the staff of the Royal Children's Hospital, Melbourne, Australia

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