

Paediatrics Pre-referral Guidelines – Otolaryngology



**Queensland
Government**

Royal Children's Hospital,
Brisbane

Clinics available in
Children's Health
Services:

ENT

Consultant Clinics

**Provision of
named referrals for
all patients
referred to the RCH
will expedite
patient access**

Sinusitis

Initial work-up	Pre-referral treatment	Refer when
<ul style="list-style-type: none"> • Physical examination consistent with sinusitis • Plain films and CT imaging is not required for referral 	<ul style="list-style-type: none"> • 3-6 weeks of broad-spectrum oral antibiotics with regular clinical review to watch for complications (refer to Therapeutic Guidelines) • Saline irrigation or nasal sprays 	<ul style="list-style-type: none"> • Persistent symptoms despite 6 weeks of appropriate treatment- refer to Medical ENT • Wherein sinusitis is persistent and exacerbates asthma symptoms • Bring documentation of clinical course, treatment to date and response to treatment • Refer URGENTLY when children present with severe pain or complications of sinusitis such as severe pain, ocular problems, forehead swelling or drowsiness.

Clinical Advice: Tel (07) 3636 3777 and ask for Paediatric ENT Registrar or A/H (07) 3636 9005 Emergency Department

Referral Form Download: http://www.health.qld.gov.au/rch/professionals/gp_referrals.asp

**Send Referrals to: Medical Objects Address – QHEALTH, ROYAL CHILDREN'S HOSPITAL Fax: (07) 3636 7811 Mail: Outpatients Department
HealthLink Address - qldrchld Royal Children's Hospital
Herston Rd, HERSTON 4029**

See final page for references, copyright, disclaimer and further contact details.

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Contact us

RCH Switchboard	(07) 3636 3777
Emergency Department	
• GPs only (clinical advice)	(07) 3636 9005
• Triage nurse	(07) 3636 7900
• ED Admission enquiries	(07) 3636 7055
Admission Enquiries	(07) 3636 8307
Admission Enquiries After Hours (via the RCH Main Switch)	(07) 3636 3449 Pager 42156
Poisons Information Centre	131 126
Seriously Unwell Child: RCH Emergency Department	(07) 3636 9005

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These guidelines were reviewed and developed by specialists at the Royal Children's Hospital and reviewed by a working group of metropolitan general practitioners in Queensland.

Feedback or suggestions welcomed. Contact the **Centre for Healthcare Excellence**: CHS_CHE@health.qld.gov.au

Last reviewed: June 2010

References

Paediatric Handbook (2003)
Ear, Nose and Throat Conditions, Chapter 21 (pp312-324)
Robert Berkowitz and Michael Marks
Seventh Edition, Blackwell Publishing
By the staff of the Royal Children's Hospital, Melbourne, Australia

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