



Queensland
Government

Royal Children's Hospital,
Brisbane

Clinics available in
Children's Health
Services:

ENT

Consultant Clinics

Provision of
named referrals for
all patients
referred to the RCH
will expedite
patient access

Recurrent tonsillitis: 1-16 years

Initial work-up	Pre-referral treatment	Refer when
<ul style="list-style-type: none"> History and physical examination Most sore throats are due to a viral infection The only clinically important bacterial pathogen is group A B-hemolytic streptococcus (GABHS) GABHS is likely if the following are present: Tender and enlarged tonsillar cervical lymph nodes, inflammation of the tonsils and the rest of the pharynx, or a generalised erythematous (scarlatiniform) rash 	<ul style="list-style-type: none"> Viral – supportive management Bacterial – antibiotics i.e. oral phenoxymethylpenicillin 500 mg (child: 10 mg/kg up to 500 mg) orally, 12-hourly for 10 days. Roxithromycin 300 mg orally, daily (child: 4 mg/kg up to 150 mg orally, 12-hourly) for 10 days for those with penicillin allergy. Refer to Therapeutic Guidelines. 	<ul style="list-style-type: none"> 6 infections in 1 year >2 weeks missed from school 5 infections/ year for 2 consecutive years 3 infections/year for 3 consecutive years URGENT REFERRAL should be made for Quinsy (peritonsillar abscess) and for airway obstruction in an acute attack

Clinical Advice: Tel (07) 3636 3777 and ask for Paediatric ENT Registrar or A/H (07) 3636 9005 Emergency Department

Referral Form Download: http://www.health.qld.gov.au/rch/professionals/gp_referrals.asp

Send Referrals to: Medical Objects Address – QHEALTH, ROYAL CHILDREN'S HOSPITAL Fax: (07) 3636 7811 Mail: Outpatients Department
HealthLink Address - qldrchld
Royal Children's Hospital
Herston Rd, HERSTON 4029

Paediatrics Pre-referral Guidelines – Otolaryngology



Contact us

RCH Switchboard	(07) 3636 3777
Emergency Department	
• GPs only (clinical advice)	(07) 3636 9005
• Triage nurse	(07) 3636 7900
• ED Admission enquiries	(07) 3636 7055
Admission Enquiries	(07) 3636 8307
Admission Enquiries After Hours (via the RCH Main Switch)	(07) 3636 3449 Pager 42156
Poisons Information Centre	131 126
Seriously Unwell Child: RCH Emergency Department	(07) 3636 9005

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These guidelines were reviewed and developed by specialists at the Royal Children's Hospital and reviewed by a working group of metropolitan general practitioners in Queensland.

Feedback or suggestions welcomed. Contact the **Centre for Healthcare Excellence**: CHS_CHE@health.qld.gov.au

Last reviewed: June 2010

References

Paediatric Handbook (2003)
Ear, Nose and Throat Conditions, Chapter 21 (pp312-324)
 Robert Berkowitz and Michael Marks
 Seventh Edition, Blackwell Publishing
 By the staff of the Royal Children's Hospital, Melbourne, Australia

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