



Queensland
Government

Children's Health
Services

Royal Children's Hospital

Gastroenterology

General Paediatrics

Consultant Clinics

Gastro-oesophageal reflux – regurgitation in infants

Initial work-up	Pre-referral treatment	Refer when
<ul style="list-style-type: none"> Weight and height evaluation (growth chart) Urine M/CS Refer to “Guidelines for Evaluation and Treatment of Gastroesophageal Reflux in Infants and Children.” http://www.naspghan.org/wmepage.cfm?parm=1=618 If evidence of allergy (eczema/diarrhoea/perineal excoriation) consider cow's milk and other food protein intolerance 	<ul style="list-style-type: none"> If “happy spitter”, reassure parent/carer that natural history is to improve by one year without treatment Consider milk thickener if formula fed 	<ul style="list-style-type: none"> If weight loss/anorexia, poor feeding present, refer to General Paediatrician who will refer to a Paediatric Gastroenterologist as appropriate Urgent referral to Emergency Department if projectile vomiting, haematemesis or bile-stained vomiting

Clinical Advice: Tel (07) 3636 3777 and ask for General Paediatric Registrar or Paediatric Gastroenterology Registrar or A/H (07) 3636 9005
Emergency Department

Referral Form Download: http://www.health.qld.gov.au/rch/professionals/gp_referrals.asp

Send Referrals to: Medical Objects Address – QHEALTH, ROYAL CHILDREN'S HOSPITAL Fax: (07) 3636 7811 Mail: Outpatients Department
HealthLink Address - qldrchld Royal Children's Hospital
Herston Rd, HERSTON 4029

See final page for references, copyright, disclaimer and further contact details.

Provision of
named referrals for
all patients
referred to the RCH
will expedite
patient access



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Contact us

RCH Switchboard	(07) 3636 3777
Emergency Department	
• GPs only (clinical advice)	(07) 3636 9005
• General enquiries	(07) 3636 8085
• Triage nurse	(07) 3636 7900
• ED Admission enquiries	(07) 3636 7700
Admission Enquiries	(07) 3636 8307
Admission Enquiries After Hours (via the RCH Main Switch)	(07) 3636 3777
Poisons Information Centre	131126
Seriously Unwell Child: RCH Emergency Department	(07) 3636 9005

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These guidelines were reviewed and developed by specialists at the Royal Children's Hospital and reviewed by a working group of metropolitan general practitioners in Queensland.

Feedback or suggestions welcomed. Contact the **Centre for Healthcare Excellence**: CHS_CHE@health.qld.gov.au

Last reviewed: August 2011

References

Paediatric Handbook (2003) *Gastrointestinal Conditions, Chapter 24* (pp369-389). Mark Oliver and Lionel Lubitz, Seventh Edition, Blackwell Publishing. By the staff of the Royal Children's Hospital, Melbourne, Australia

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