

Paediatrics Pre-referral Guidelines – Nephrology



**Queensland
Government**

Children's Health Services

Royal Children's Hospital

Nephrology

Consultant Clinics

Haematuria

Initial work-up	Refer when	Data needed
<ul style="list-style-type: none"> Perform at least 2 consecutive urine dipsticks or urinalysis 1-2 weeks apart to confirm the diagnosis Check blood pressure and growth <p>Urine Tests:</p> <ul style="list-style-type: none"> Urinalysis with microscopy (clean catch urine) and red blood cell morphology Urine culture Urine protein/creatinine ratio Urine calcium/creatinine ratio Urine dipstick on family members <p>Serum Tests:</p> <ul style="list-style-type: none"> Urine and electrolytes, creatinine FBE Serum coags if macroscopic haematuria <p>Renal Ultrasound</p>	<ul style="list-style-type: none"> Persistent microscopic haematuria ie longer than three months Family history of renal failure or deafness (please give details) Microscopic haematuria in multiple family members Recurrent episodes of painless macroscopic haematuria <p>Urgent phone consultation or immediate referral to paediatric nephrology is strongly recommended in the presence of any of the following:</p> <ul style="list-style-type: none"> Constitutional symptoms like weight loss, fever, arthralgias or rash Evidence of poor growth Elevated blood pressure Presence of oedema Elevated serum creatinine Presence of RBC casts upon urine microscopy Abnormal renal ultrasound Haematuria with associated proteinuria Decreased urine output 	<p>Bring to appointment:</p> <ul style="list-style-type: none"> Growth records Copies of all laboratory tests performed Copies or originals of all radiological studies with written reports

Clinical Advice: Tel (07) 3636 3777 and ask for Paediatric Nephrology Registrar or A/H (07) 3636 9005 Emergency Department

Referral Form Download: http://www.health.qld.gov.au/rch/professionals/gp_referrals.asp

Send Referrals to: Medical Objects Address – QHEALTH, ROYAL CHILDREN'S HOSPITAL Fax: (07) 3636 7811 Mail: Outpatients Department

HealthLink Address - qldrchld

Royal Children's Hospital
Herston Rd, HERSTON 4029

See final page for references, copyright, disclaimer and further contact details.

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Provision of named referrals for all patients referred to the RCH will expedite patient access

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Contact us

RCH Switchboard	(07) 3636 3777
Emergency Department	
<ul style="list-style-type: none"> • GPs only (clinical advice) (07) 3636 9005 • General enquiries (07) 3636 8085 • Triage nurse (07) 3636 7900 • ED Admission enquiries (07) 3636 7700 	
Admission Enquiries	(07) 3636 8307
Admission Enquiries After Hours (via the RCH Main Switch)	(07) 3636 3777
Poisons Information Centre	131126
Seriously Unwell Child: RCH Emergency Department	(07) 3636 9005

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These guidelines were reviewed and developed by specialists at the Royal Children's Hospital and reviewed by a working group of metropolitan general practitioners in Queensland.

Feedback or suggestions welcomed. Contact the **Patient Safety and Quality Unit:** CHSD-PSQU@health.qld.gov.au

Last reviewed: September 2010

References

Paediatric Handbook (2003)
Renal conditions and enuresis, Chapter 32 (pp546-566)
Colin Jones and Annie Moulden
Seventh Edition, Blackwell Publishing
By the staff of the Royal Children's Hospital, Melbourne, Australia

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