

Paediatrics Pre-referral Guidelines – Nephrology



**Queensland
Government**

Children's Health Services

Royal Children's Hospital

Nephrology

Consultant Clinics

Provision of
named referrals for
all patients
referred to the RCH
will expedite
patient access

Hypertension

Initial work-up	Refer when	Data needed
<ul style="list-style-type: none"> Urea and electrolytes, creatinine FBE 	<ul style="list-style-type: none"> BP > 95th percentile for age and height Pocket Guide to Blood Pressure Management in Children (National Heart Lung and Blood Institute, USA) URGENT REFERRAL: Symptomatic hypertension such as headache, nausea, vomiting, abdominal pain, neurological changes, seizures, congestive cardiac failure or blurred vision. Hypertension with haematuria or proteinuria. Hypertension with extra renal manifestations such as joint pain, rash, joint swelling, haemoptysis, dyspnoea, cough or oedema. 	<p>Bring to appointment:</p> <ul style="list-style-type: none"> Copies of all laboratory tests performed Renal ultrasound if available Echocardiogram if available Documentation of blood pressure

Clinical Advice: Tel (07) 3636 3777 and ask for Paediatric Nephrology Registrar or A/H (07) 3636 9005 Emergency Department

Referral Form Download: http://www.health.qld.gov.au/rch/professionals/gp_referrals.asp

Send Referrals to: Medical Objects Address – QHEALTH, ROYAL CHILDREN'S HOSPITAL Fax: (07) 3636 7811 Mail: Outpatients Department
HealthLink Address - [qldrchld](#) Royal Children's Hospital
Herston Rd, HERSTON 4029

See final page for references, copyright, disclaimer and further contact details.

Paediatrics Pre-referral Guidelines – Nephrology



Contact us

RCH Switchboard	(07) 3636 3777
Emergency Department	
<ul style="list-style-type: none"> • GPs only (clinical advice) (07) 3636 9005 • General enquiries (07) 3636 8085 • Triage nurse (07) 3636 7900 • ED Admission enquiries (07) 3636 7700 	
Admission Enquiries	(07) 3636 8307
Admission Enquiries After Hours (via the RCH Main Switch)	(07) 3636 3777
Poisons Information Centre	131126
Seriously Unwell Child: RCH Emergency Department	(07) 3636 9005

Copyright and disclaimer

Copyright 2008, Royal Children's Hospital (RCH), Queensland, Australia. Adapted with permission from [Children's Hospital and Regional Medical Center, Seattle, WA, USA](#) and the Royal Children's Hospital (RCH), Victoria, Australia.

The RCH (Queensland and Victoria) and Children's Hospital and Regional Medical Center are not responsible in any way for application of the procedures or guidelines to patient care at your facility. They are guidelines only and your professional judgment must always prevail. Guidelines may not be reproduced without permission.

These guidelines were reviewed and developed by specialists at the Royal Children's Hospital and reviewed by a working group of metropolitan general practitioners in Queensland.

Feedback or suggestions welcomed. Contact the **Patient Safety and Quality Unit:** CHSD-PSQU@health.qld.gov.au

Last reviewed: September 2010

References

Paediatric Handbook (2003)
Renal conditions and enuresis, Chapter 32 (pp546-566)
 Colin Jones and Annie Moulden
 Seventh Edition, Blackwell Publishing
 By the staff of the Royal Children's Hospital, Melbourne, Australia

Clinical Advice: Tel (07) 3636 3777 and ask for Paediatric Nephrology Registrar or A/H (07) 3636 9005 Emergency Department

Referral Form Download: http://www.health.qld.gov.au/rch/professionals/gp_referrals.asp

Send Referrals to: Medical Objects Address – QHEALTH, ROYAL CHILDREN'S HOSPITAL Fax: (07) 3636 7811 Mail: Outpatients Department

HealthLink Address - [qldrchld](#)

Royal Children's Hospital

Herston Rd, HERSTON 4029

Provision of named referrals for all patients referred to the RCH will expedite patient access