



Queensland
Government

Children's Health Services

Royal Children's Hospital

Nephrology

Consultant Clinics

Nephrotic syndrome

Definition:

Proteinuria, low serum albumin (<25g/L), oedema, elevated cholesterol

Initial work-up	Refer when	Data needed
<ul style="list-style-type: none"> • Electrolytes including creatinine • Albumin / Liver function tests • Urinalysis with microscopy (clean catch urine) • Urine protein/creatinine ratio • FBE • C3, C4 • Serologic work-up indicated in all patients with multi-system disease: ANA, Hepatitis B, C, ANCA 	<p>Refer prior to treatment:</p> <ul style="list-style-type: none"> • All patients with nephrotic syndrome • Urgent admission indicated for all patients with newly-diagnosed nephrotic syndrome 	<p>Bring to appointment:</p> <ul style="list-style-type: none"> • Laboratory values

Clinical Advice: Tel (07) 3636 3777 and ask for Paediatric Nephrology Registrar or A/H (07) 3636 9005 Emergency Department

Referral Form Download: http://www.health.qld.gov.au/rch/professionals/gp_referrals.asp

Send Referrals to: Medical Objects Address – QHEALTH, ROYAL CHILDREN'S HOSPITAL Fax: (07) 3636 7811 Mail: Outpatients Department
 HealthLink Address - qldrchld Royal Children's Hospital
 Herston Rd, HERSTON 4029

See final page for references, copyright, disclaimer and further contact details.

Provision of named referrals for all patients referred to the RCH will expedite patient access

Paediatrics Pre-referral Guidelines – Nephrology



Contact us

RCH Switchboard	(07) 3636 3777
Emergency Department	
<ul style="list-style-type: none"> • GPs only (clinical advice) (07) 3636 9005 • General enquiries (07) 3636 8085 • Triage nurse (07) 3636 7900 • ED Admission enquiries (07) 3636 7700 	
Admission Enquiries	(07) 3636 8307
Admission Enquiries After Hours (via the RCH Main Switch)	(07) 3636 3777
Poisons Information Centre	131126
Seriously Unwell Child: RCH Emergency Department	(07) 3636 9005

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These guidelines were reviewed and developed by specialists at the Royal Children's Hospital and reviewed by a working group of metropolitan general practitioners in Queensland.

Feedback or suggestions welcomed. Contact the **Patient Safety and Quality Unit:** CHSD-PSQU@health.qld.gov.au

Last reviewed: September 2010

References

Paediatric Handbook (2003)
Renal conditions and enuresis, Chapter 32 (pp546-566)
Colin Jones and Annie Moulden
Seventh Edition, Blackwell Publishing
By the staff of the Royal Children's Hospital, Melbourne, Australia

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