

Paediatrics Pre-referral Guidelines – Nephrology



**Queensland
Government**

Children's Health Services

Royal Children's Hospital

Nephrology

Consultant Clinics

**Provision of
named referrals for
all patients
referred to the RCH
will expedite
patient access**

Proteinuria

Definition:

Presence of 1+ protein or more on urine dipstick with no other features of nephrotic syndrome (insert link to nephrotic syndrome guideline)

Initial work-up	Refer when	Data needed
<ul style="list-style-type: none"> Perform at least 2 consecutive urine dipsticks or urinalyses 1-2 days apart to confirm the diagnosis Check blood pressure and growth Perform a dipstick on early morning and an afternoon urine sample to look for evidence of orthostatic proteinuria <p>Urine tests:</p> <ul style="list-style-type: none"> Urinalysis with microscopy Spot urine protein to urine creatinine ratio on first morning urine <p>Serum tests (if persistent):</p> <ul style="list-style-type: none"> Electrolytes including creatinine Albumin 	<ul style="list-style-type: none"> 1st morning specimen is positive for protein Abnormal renal function <p>NB Urgent admission indicated for all newly diagnosed patients with nephrotic syndrome</p>	<p>Bring to appointment:</p> <ul style="list-style-type: none"> Copies of all laboratory tests Copies or originals for all radiological studies with reports

Clinical Advice: Tel (07) 3636 3777 and ask for Paediatric Nephrology Registrar or A/H (07) 3636 9005 Emergency Department

Referral Form Download: http://www.health.qld.gov.au/rch/professionals/gp_referrals.asp

Send Referrals to: Medical Objects Address – QHEALTH, ROYAL CHILDREN'S HOSPITAL Fax: (07) 3636 7811 Mail: Outpatients Department
HealthLink Address - qldrchld **Royal Children's Hospital
Herston Rd, HERSTON 4029**

See final page for references, copyright, disclaimer and further contact details.

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Contact us

RCH Switchboard	(07) 3636 3777
Emergency Department	
<ul style="list-style-type: none"> • GPs only (clinical advice) (07) 3636 9005 • General enquiries (07) 3636 8085 • Triage nurse (07) 3636 7900 • ED Admission enquiries (07) 3636 7700 	
Admission Enquiries	(07) 3636 8307
Admission Enquiries After Hours (via the RCH Main Switch)	(07) 3636 3777
Poisons Information Centre	131126
Seriously Unwell Child: RCH Emergency Department	(07) 3636 9005

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These guidelines were reviewed and developed by specialists at the Royal Children’s Hospital and reviewed by a working group of metropolitan general practitioners in Queensland.

Feedback or suggestions welcomed. Contact the **Patient Safety and Quality Unit:** CHSD-PSQU@health.qld.gov.au

Last reviewed: September 2010

References

Paediatric Handbook (2003)
Renal conditions and enuresis, Chapter 32 (pp546-566)
 Colin Jones and Annie Moulden
 Seventh Edition, Blackwell Publishing
 By the staff of the Royal Children’s Hospital, Melbourne, Australia

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