



Graduate Certificate/Graduate Diploma/Master of Mental Health (Community Mental Health and related streams)

Overview

The Community Mental Health stream provides training for service provision in the contemporary public mental health environment. In this environment, the focus is on treatment of people who have mental illness in their own communities wherever possible and continuity of care through integration of inpatient and outpatient clinical services into comprehensive service teams, and through intersectoral linkage with other services. There is also an emphasis on collaborative service planning and the active participation of consumers, families and carers in service provision. The program of studies has a multidisciplinary orientation and provides a range of learning experiences including clinical training, service evaluation and other forms of project work. Many courses are available by distance education. Students wishing to proceed to Masters qualification may undertake a research dissertation or the equivalent unit value in elective courses.

Companion Streams in Mental Health of Children and Young People, Prevention and Promotion in Mental Health and Mental Health Administration

The Department of Psychiatry provides a companion stream to Graduate Certificate level in Mental Health of Children and Young People, Prevention and Promotion in Mental Health and Mental Health Administration. These streams are designed to provide focuses learning experiences for students with a specialist interest in one of these fields of mental health practice. They share PXMH7000 and PXMH7001 as core subjects followed by additional specialist courses (see marked courses in elective course list, below). Candidates may proceed to Postgraduate Diploma or Masters by taking additional elective subjects as listed below.

Enrolment requirements

1. Qualification in a health profession such as medicine, nursing, social work, occupational therapy or psychology
2. At least one year of experience in the field of mental health

Note: applications may be considered from lesser-qualified people who can demonstrate advanced knowledge of mental health and capacity for postgraduate study.

How to Apply

Complete **Application for Admission** as a Postgraduate Candidate (ENR42) and **include CV with current and past work history, certified copies of your current practising certificate and academic transcript** (if applicable) as well as **evidence of permanent residency or Australian Citizenship** (where necessary). Please note that most correspondence is done by email so please ensure that you note **your email address** on the application form.

Return to:

Coordinator, Postgraduate Coursework Program
School of Mental Health
The Park - Centre for Mental Health
Cnr Ellerton Drive & Wolston Park Road
WACOL QLD 4076

Application forms can be obtained by calling:

The School of Mental Health
The Park – Centre for Mental Health
Phone: 07 3271 8657

Closing Date for Applications:

Applications will be taken until places are filled. To assist with practical arrangements, prospective students are asked to lodge applications by the end of December.

Core (Compulsory Courses): Community Mental Health

PXMH7000	Comprehensive Systems of Mental Health Care	(2 Units)
PXMH7001	The Evaluation of Comprehensive Mental Health Services	(2 Units)
PXMH7003	Clinical Practice in Mental Health Assessment	(2 Units)
PXMH7004	Principles of Mental Health Assessment	(2 Units)

Core (Compulsory Courses): Mental Health of Children and Young People

PXMH7000	Comprehensive Systems of Mental Health Care	(2 Units)
PXMH7001	The Evaluation of Comprehensive Mental Health Services	(2 Units)
PXMH7009*	Clinical Immersion in Child & Youth Mental Health Service Delivery	(2 Units)
PXMH7010*	Assessment, Formulation & Service Response for Children & Young People with Psychiatric Disorders	(2 Units)

Core (Compulsory Courses): Prevention and Promotion in Mental Health

PXMH7000	Comprehensive Systems of Mental Health Care	(2 Units)
PXMH7001	The Evaluation of Comprehensive Mental Health Services	(2 Units)
GHSP	Primary Mental Health	
PXMH 7031#	Research & Evaluation Practices in Primary Mental Health Care	(2 Units)

* Required course for Graduate Certificate in Mental Health of Children and Young People

Core (Compulsory Courses): Mental Health Administration

PXMH7000	Comprehensive Systems of Mental Health Care	(2 Units)
PXMH7001	The Evaluation of Comprehensive Mental Health Services	(2 Units)
PXMH7014**	Team Leadership & Professional Management in Mental Health	(2 Units)
PXMH7015**	Team Leadership & Professional Management in Mental Health Services Project	(2 Units)

Elective Courses

PXMH7002	Effective Clinical Response to Mental Illness	(2 Units)
PXMH7005	Case Management as a Model of Mental Health Service Delivery	(2 Units)
PXMH7006	The Application of Case Management in Mental Health Service Delivery	(2 Units)
PXMH7007	The Practice of Psychosocial Rehabilitation	(2 Units)
PXMH7008	Psychosocial Rehabilitation in Recovery from Mental Illness	(2 Units)
PXMH7009*	Clinical Immersion in Child & Youth Mental Health Service Delivery	(2 Units)
PXMH7010*	Assessment, Formulation & Service Response for Children & Young People with Psychiatric Disorders	(2 Units)
PXMH7011	Clinical Immersion in Mental Health Service Delivery for Older People	(2 Units)
PXMH7012	Assessment, Formulation and Service Response For Older People with Psychiatric Disorders	(2 Units)
PXMH7013	Assessment, Formulation & Service Response for People With Psychiatric Disorders Combined with Substance Use And/or Forensic Problems	(2 Units)
PXMH7014**	Team Leadership & Professional Management in Mental Health	(2 Units)
PXMH7015**	Team Leadership & Professional Management in Mental Health Services Project	(2 Units)
PXMH7020)		
PXMH7021)	Mental Health Dissertation (full time)	(12 Units)
PXMH7022	Mental Health Dissertation (part time)	(12 Units)
PXMH 7031#	Research & Evaluation Practices in Primary Mental Health Care	(2 Units)
PXMH7032	Introduction to Transcultural Mental Health	(2 Units)

Unit Requirements for Qualification:

Graduate Certificate:	8 Units	1 year
Postgraduate Diploma:	16 Units	2 years
Master:	24 Units	3 years

Required course for Graduate Certificate in Prevention and Promotion in Mental Health

** Required course for Graduate Certificate in Mental Health Administration

* Required course for Graduate Certificate in Mental Health of Children and Young People

** Required course for Graduate Certificate in Mental Health Administration

Required course for Graduate Certificate in Prevention and Promotion in Mental Health

Fees

\$550 per unit.

Note: fees will be tax deductible for most students
Some equity based HECS places may be available

Mode of Delivery

Core courses and most electives are available by either distance education or by attending classes at School of Mental Health. Some courses are not available by distance education. Availability of some courses will be dependent on student enrolments

Assessment

Assessment of knowledge and understanding of theoretical concepts is by essay and other forms of written assignment and by summative multiple choice or short answer examinations. Assessment of skills is by practical assignments including service analysis projects, case reports and oral presentations. Reports by field supervisors may be taken into account in assessment of skills.

Further Information

Contact Program Coordinator, Dr Robert King on 07 3271 8655
e-mail robertk@psychiatry.uq.edu.au

or

The Park – Centre for Mental Health
Phone: 07 3271 8657

Visit our website: <http://www.psychiatry.uq.edu.au/>

Course Descriptions

PXMH7000: Comprehensive Systems of Mental Health Care

(2 Units)

Description:

This subject provides students with knowledge and skills relevant to a critical understanding of contemporary mental health service delivery. The focus of the subject is on the framework for delivery of services to people with serious mental illness. Some emphasis is placed on policies and practices in Australia and Queensland, but the subject canvasses models and approaches internationally. The subject has an historical as well as contemporary perspective and students are expected to be able to place current models and practices within an historical context. In addition to service delivery, concepts of the attitudes towards mental illness and consumer and carer participation, is a core value in service delivery. Students undertake a piece of literature research that requires them to both demonstrate postgraduate levels of research and analysis and to demonstrate and communicate to other students their understanding of core subject concepts. Students are also required to demonstrate their understanding of the key knowledge areas within the subject through successful completion of a summative examination.

PXMH7001: The Evaluation of Comprehensive Mental Health Services

(2 Units)

Description:

This subject provides students with skills and experience relevant to the evaluation of comprehensive mental health service. Students are trained in basic principles of service evaluation, including evaluation against service objectives, external expectations (policy and funding conditions) and evaluation against local and international benchmarks. Concepts of process evaluation, impact evaluation and outcome evaluation are explained and distinguished. The relationship between collaboration and independence in the evaluation process is explored both with respect to theoretical principles and with respect to evaluation practice. The advantages and limitations of internal evaluation and the relationship between internal evaluation and quality assurance are discussed. Students are then required to develop a proposal for evaluation of a service and, subject to approval of the proposal, to conduct and report on a preliminary evaluation. Students are also required to demonstrate their understanding of the key principle and their skill in application of those principles through successful completion of this project.

Elective Course Descriptions

PXMH7002: Effective Clinical Response to Mental Illness

(2 Units)

Description:

This core provides students with information about clinical efficacy and treatment selection. Students are introduced to principles of evidence based practice and the role of patient preference and treatment matching in selection of intervention. Students are introduced to the evidence base for psychopharmacology, psychoeducation, psychotherapeutic intervention and social skills development in treatment of mental illness. Particular attention is paid to treatment of psychotic disorders, affective (mood) disorders and substance use disorders. The subject is not designed to equip students with therapeutic skills, but to assist in informed treatment recommendations and referral.

PXMH7003: Clinical Practice in Mental Health Assessment

(2 Units)

Description:

This course provides students with the opportunity to develop practice skills essential to the conduct of competent diagnostic, psychosocial and needs assessments of people suffering from mental illness. This course includes some campus based training but a major part of the learning takes place in a supervised field environment. The nature of the field environment and the characteristics of the supervision will vary according to the needs of the student. Students are required to demonstrate competence in the assessment of at least one person under 20 years, one person aged between 20 and 60 and one person over 60 years. Students are required to demonstrate competence with respect to diagnostic, psychosocial and needs formulation and to develop appropriate service response plans.

PXMH7004: Principles of Mental Health Assessment

(2 Units)

Description:

This subject provides students with knowledge that is essential to the conduct of diagnostic, psychosocial and needs assessments of people suffering from mental illness. The subject addresses issues of reliability and validity, the use of interview and standardised rating procedures and systems for diagnostic, psychosocial and needs for service classification. The subject examines formulation and clinical decision making together with approaches to recording the results of an assessment. The subject is not concerned with the application of assessment principles and procedures. Students who wish to develop competence in assessment practice skills can take the companion subject PXMH7003.

PXMH7005: Case management as a Model of Mental Health Service Delivery (2 Units)

Description:

This course provides students with information about case management as a model of mental health service delivery and examines evidence concerning the effectiveness and acceptability of case management. Students are introduced to several approaches in case management (including brokerage, clinical case management and intensive case management) and are asked to consider reasons why case management has become central to delivery of community based mental health services. Students are required to evaluate the research evidence concerning the impact of case management on health and disability outcomes and on satisfaction of consumers including family and carers with mental health services. Factors contributing to the effectiveness of case management including caseloads, team structure and other support services are also considered.

*PXMH7006: The Application of Case Management in
Mental Health Service Delivery*

(2 Units)

Description:

This course provides students with structured clinical experience and supervision in the provision of case management to people affected by mental illness. Students are required to develop a case management relationship with four clients. Students develop skills in development of collaborative service plans, the provision of flexible intensive case management, provision of services to family or carers and transfer of clients to other services. Supervision is provided in a group setting and involves review of plans and client progress.

PXMH7007: The Practice of Psychosocial Rehabilitation

(2 Units)

Description:

This course provides students with the opportunity to develop a close practical knowledge of a service that aims to provide psychosocial rehabilitation for people recovering from mental illness. Students are required both to contribute to the work of the service and to provide a structured evaluation of service operation and service effectiveness. Students are also required to learn about and present to their fellow students, a rehabilitation service that is either innovative in its approach or is attempting to address the needs of an under serviced group.

PXMH7008 Psychosocial Rehabilitation in Recovery from Mental Illness

(2 Units)

Description:

This course examines the process of recovery from mental illness and provides an introduction to practices and service delivery models designed to facilitate recovery. The relationship between clinical treatment, rehabilitation and disability support is considered both at the level of conceptual difference and policy implications in the Australian and Queensland environment. The role of self help groups, non government agencies and public mental health services in the provision of psychosocial rehabilitation is studied. Particular emphasis is placed on vocational rehabilitation and the relationship between employment and recovery from mental illness. Students are required to consider different approaches to achieving entry or re-entry into the workforce for people recovering from mental illness and the international and Australian evidence for effectiveness of these approaches. Students also make a special study of housing needs and the needs of people with dual diagnosis.

PXMH7009: Clinical Immersion in Child & Youth Mental Health Service Delivery (2 Units)

Description:

This course provides students with core knowledge and skill required for assessment, clinical formulation and service planning for children and young people with psychiatric disorders. Students receive training in the use of systematic observation, semi-structured interviews, and standardised instruments for diagnostic and psychosocial assessment. Areas of assessment covered include current mental state, current family, school and social environment, developmental history and family history. Students are trained in diagnostic reasoning and problem formulation. An overview of clinical and psychosocial interventions commonly employed in child and youth mental health services is provided. Students are encouraged to investigate the evidence base for these interventions.

*PXH7010 Assessment, formulation & Service Response for Children
And Young People with Psychiatric Disorders*

(2 Units)

Description:

This course provides students with core knowledge and skills required for assessment, clinical formulation and service planning for children and young people with psychiatric disorders. Students receive training in the use of systematic observation, semi-structured interviews and standardised instruments for diagnostic and psychosocial assessment. Areas of assessment covered include current mental state, current family, school and social environment, developmental history and family history. Students are trained in diagnostic reasoning and problem formulation. An overview of clinical and psychosocial interventions commonly employed in child and youth.

*PXMH7011 Clinical Immersion in Mental Health
Service Delivery for Older People*

(2 Units)

Description:

This course provides students with the opportunity to develop or widen experience in clinical practice with older people who have psychiatric disorders. Students spend a minimum of 40 hours supervised practice experience in a specialist mental health service for older people. Students who already work within a specialist clinical service for older people obtain their supervised experience in a setting that enables them to broaden their practice skills. Practice competence is evaluated jointly with the supervisor against agreed objectives and performance indicators.

*PXMH7012 Assessment Formulation and Service Response
For Older People with Psychiatric Disorders*

(2 Units)

Description:

This course provides students with core knowledge and skill required for assessment, clinical formulation and service planning for older people with psychiatric disorders. Students receive training in the use of systematic observation, semi-structured interviews and standardized instruments for diagnostic and psychosocial assessment. Areas of assessment covered include current mental state, with particular attention to cognitive functioning, current family, care and social environment, relevant developmental history and relevant family history. Students are trained in diagnostic reasoning and problem formulation, with particular attention in differential diagnosis of dementia and formulation of level of care needed. An overview of clinical and psychosocial interventions commonly employed in specialist mental health services for older people is provided. Students are encouraged to investigate the evidence base for these interventions.

*PXMH7013 Assessment, Formulation and Service Response for People with
Psychiatric Disorders Combined with Substance Use
and/or Forensic problems*

(2 Units)

Description:

This course provides students with core knowledge and skill required for assessment, clinical formulation and service planning for people who have psychiatric disorder, combined with substance use and/or forensic problems. Students receive training in the use of systematic observation, semi-structured interviews and standardized instruments for diagnostic and psychosocial assessment. Areas of assessment covered include patterns of extent of substance use, interaction between substance use and psychiatric symptomology, contingencies for substance abuse and/or antisocial behavior, level of risk to self and others, motivation for change, supervision, custody or protection needs. An overview of clinical and psychosocial intervention commonly employed with people who have psychiatric disorder combined with substance use and/or forensic problems is provided. Students are encouraged to investigate the evidence base for these interventions.

PXMH7014/15

*Team Leadership & Professional Management in
Mental Health Services*

(2 Units)

Description:

This course provides students with the opportunity to develop knowledge and skills relevant to provision of professional leadership and clinical administration within mental health services. Areas covered include:

Management of multidisciplinary team processes, professional leadership and supervision, recruitment, performance monitoring and performance appraisal of clinical and administrative support staff, ethical, industrial relations and legislative framework for employer employee relations, relations between staff members and workplace health and safety, organisation and management of information systems, management of service structure and service culture change processes, service performance evaluation and quality assurance processes, role of professional management in strategic planning processes, consumer participation in service management.

PXMH7018 *Independent Studies*

(2 Units)

Description:

This course provides students with the opportunity to undertake a course of independent studies in a specialist area that is relevant to their program. The course of studies must be approved by the program coordinator who will set in consultation with the student, assignment work designed to both structure the course of study and evaluate student achievement. Learning is substantially self-directed but takes place within a framework negotiated between the program coordinator and the student at the beginning of the semester. Study will always involve a course of systematic reading but may also include the practical investigation of a service or clinical procedure relevant to mental health.

PXMH7020/21 *Mental Health Dissertation (full time)*

(12 Units)

PXMH7022 *Mental Health Dissertation (Part Time)*

(12 Units)

Description:

Students develop, execute and write up a research project in the field of mental health. Students are required to select a topic, formulate a research question designed to advance current knowledge, develop a methodology appropriate to the research question and employ the methodology to gather relevant data. Students are required to ensure that the project conforms with the University of Queensland ethical guidelines for research. Data gathered is analyzed in accordance with appropriate methods. A report of approximately 20,000 words, which provides information on the background to the research, the formulated research problem, the methodology employed, the results obtained and discussion of the implications of results is submitted as a formal dissertation.

*PXMH7031 Research & Evaluation Practices in
Primary Mental Health Care*

(2 Units)

Description:

This course is designed to develop an understanding of the specific challenges involved in the evaluation for prevention, promotion and early intervention programs in mental health and to provide training in the design of effective evaluations. Students study evaluation procedures, with particular reference to health promotion and prevention or early intervention of illness. They critically evaluate published reports of primary mental health evaluation for a primary mental health project that has either not been evaluated or has been inadequately evaluated.

PXMH7032 Introduction to Transcultural Mental Health

(2 Units)

Description:

This subject provides students with core knowledge and skills relevant to mental health practice in a multicultural society. The subject is concerned with the following areas of knowledge and skill:

The impact of migration and resettlement on mental health; policy and policy change in the areas of migration, labour market, health and welfare and language programs; the impact of culture, migration and resettlement experience and policy settings on the experience and expression of mental illness and on epidemiology and service needs; the impact of non-English language background on communication of mental illness and service needs in a predominantly English speaking service environment; culturally responsive mental health service delivery, including prevention and promotion, collaboration with ethnic communities and provision of direct and indirect clinical services; clinical issues in working with people of Non-English Speaking Background presenting with mental illness issues (cultural issues in counselling and psychotherapy, assessment and diagnosis – including DSM IV cultural formulation; cultural idioms of distress, etc; ethnicity and psychopharmacology); the effect of trauma that is characteristic of the migration experience, such as separation, disruption and persecution, on emotional well being; the impact of rejection, discrimination and other adverse experiences when adjusting to a new social, cultural and geographical environment.