CPCRE Conference 2011

Carol Hope Abstract

Translating evidence about pain management into practice

Pain is the most commonly reported symptom in people with cancer and occurs in 40 – 70% of people who are dying (Chang, Sorger et al. 2007). It is estimated that successful pain relief can occur in nearly 90% of patients (Whitecar, Jonas et al. 2000). Despite technical advances in pain management and the growth in the research base for pain treatments and interventions, pain at the end of life continues to be a significant problem in Australia (Gordon and Dahl 2004).

This presentation will set the scene regarding current pain management outcomes for palliative care patients in Australia. A research protocol for implementing evidence based nursing interventions to improve outcomes will be presented. Specific knowledge translation and implementation strategies will be discussed.

Chang, V. T., B. Sorger, et al. (2007). "Pain and palliative medicine." Journal of Rehabilitation & Research Development 44(2): 279-294.

Gordon, D. B. and J. L. Dahl (2004). "Quality improvement challenges in pain management." Pain 107(1-2): 1-4.

Whitecar, P. S., A. P. Jonas, et al. (2000). "Managing pain in the dying patient." American Family Physician 1(61): 636, 641-642.

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