PATIENT INFORMATION SHEET ONLY

NO DOCUMENTED CONSENT REQUIRED
1. **What is a Fistulogram / Sinogram?**

A Fistulogram or Sinogram is an x-ray procedure to view an abnormal passage (fistula/sinus) between two or more organs. It may include a passage from inside the body, to an opening on the skin. Contrast (once called as x-ray dye) is used to identify the start of the fistula/sinus, its pathway and what organs are involved.

2. **Will there be any discomfort, is any anaesthetic needed?**

A Fistulogram/Sinogram is a painless procedure, no anaesthetic is required.

3. **Preparation for the procedure**

The medical imaging department will give you instructions on how to prepare for your procedure.

- Please tell the staff if you are or suspect you might be pregnant.

4. **During the procedure**

X-ray pictures are taken of the fistula/sinus area. A small tube is then inserted into the opening of the fistula/sinus. Contrast is injected into the fistula/sinus through the tube while x-ray pictures are taken.

The tube is removed. More x-ray pictures may be taken.

5. **After the procedure**

If your fistula/sinus is an abnormal opening on the outside of the body your wound site will be cleaned and dressed.

If your fistula/sinus is inside your back passage or vagina, you will be able to go to the toilet to pass any left over Contrast.

6. **What are the risks of this specific procedure?**

The risks/complications with this procedure can include but are not limited to the following.

**Common risks and complications include:**

- Minor pain, bruising and/or infection from the tube insertion. This may require treatment with antibiotics

**Less common risks and complications include:**

- Allergic reaction to the Contrast. This could result in a rash, hives, itching, nausea, fainting or shortness of breath. Medication may be given to relieve this.
- The procedure may not be possible due to medical and/or technical reasons.

7. **What are the safety issues when you leave the hospital?**

Go to your nearest Emergency Department or GP if you become unwell.

**Consent Information - Patient Copy**

**Fistulogram/ Sinogram**

<table>
<thead>
<tr>
<th>Rare risks and complications include:</th>
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<tbody>
<tr>
<td>- Perforation of the fistula/sinus opening. This may require surgery and/or antibiotics.</td>
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<tr>
<td>- An increased lifetime cancer risk due to the exposure to x-rays.</td>
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<td>- Death as a result of this procedure is very rare.</td>
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**Notes to talk to my doctor/ health practitioner about:**

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