

A large, dark red, 3D-style hexagonal shape is centered on the page. It has a lighter red border and a dark red interior. The text 'AH-TRIP Champion Guide' is written in white, bold, sans-serif font inside the hexagon. The hexagon is surrounded by a dynamic, splatter-like effect of red and orange paint, giving it a sense of movement and energy.

# AH-TRIP

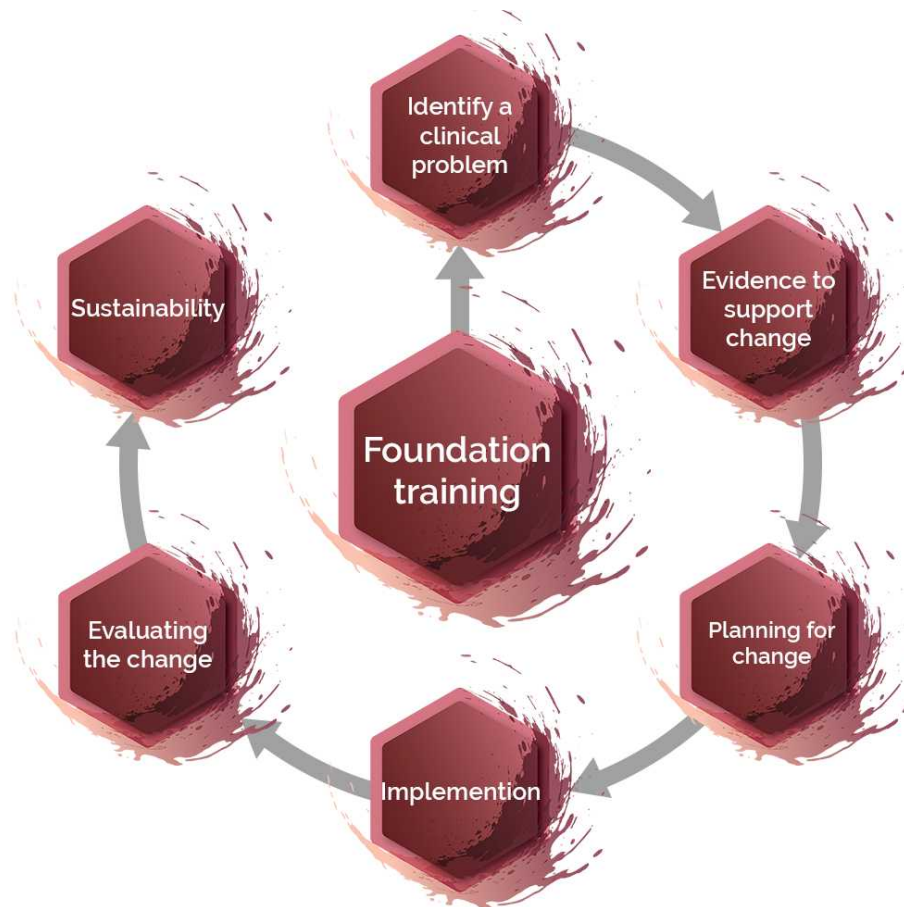
## Champion Guide

**Want to join our AH-TRIP champion network?**

Join our Take 'AH-TRIP' Thursday email updates by emailing us at [AHTRIP@health.qld.gov.au](mailto:AHTRIP@health.qld.gov.au) to join the TRIP movement and to find out what additional support might be available in your health service or area.

## AH-TRIP Champion Guide

As TRIP champions you are an invaluable link between the AH-TRIP initiative and local departments and teams. This manual will provide a guide of how you can facilitate AH-TRIP training to use the AH-TRIP webinars and training materials. This guide will provide you with discussion points, prompts and concepts for you to consider and pose to your department or team to enhance learning opportunities <https://www.health.qld.gov.au/clinical-practice/database-tools/translating-research-into-practice>.



### **Did you know that the TRIP education and training process itself is underpinned by research and evidence?**

Each of the TRIP steps is underpinned by key learning objectives that have been drawn from the knowledge translation, implementation practice core competencies. If you are interested in more information read more about it here: <https://implementationscience.biomedcentral.com/articles/10.1186/s13012-018-0800-3>

## How to use this AH-TRIP champion guide

Use this guide in conjunction with the online PD suite content. Each step on the site has a supporting guide including key learning objectives and information to support you in facilitating your team or department through the online content. The AH-TRIP online PD suite is a 'choose your own adventure' resource – the following activities, discussion points and timeframes are a guide to support the AH-TRIP champions to facilitate a team, department or area in understanding and orientating clinicians to the AH-TRIP resources, and take AH-TRIP' approach to bring about health service change.



**Champion Tip!** Use the summary of online content and suggested timings at the end of this document to plan your team, department or area's AH-TRIP education activities for the year.



Watch the online content



Pause the online content



Suggested group work or discussion point



Suggested white board/butcher paper activity



An optional extra – an activity or discussion point you might like to include if relevant



Champion thinking point (information for you)



Suggested marketing information (consider emailing this to your team to get them ready for the session or to share these resources)

### Champion Guide links:

- [Foundation Training](#)
- [Identify a Clinical Problem](#)
- [Evidence to Support Change](#)
- [Planning for Change](#)
- [Implementation](#)
- [Evaluating a Change](#)
- [Sustainability](#)

## AH-TRIP online suite summary

Use this summary to plan how you can provide professional development for yourself or a team over time

Notes



### Foundation training

- Webinar 1: Why is TRIP important? (4.21mins)
- Webinar 2: What is TRIP? (6.24mins)


#### [Foundation Training Champion Guide](#)



### Identify a clinical problem

- Webinar 1: Problems in practice: Identifying an evidence practice gap? (3.52mins)
- Webinar 2: Understanding the Problem (12.04 mins)
- Worksheet Understanding the problem
- Webinar 3: Case study – Implementation gone wrong... (7.17mins)
- Webinar 4: Example from the Mater - Evidence based practice and identifying a clinical problem (25.05mins)
- Worksheet EBP Barriers and Enablers


#### [Identify a Clinical Problem Champion Guide](#)



### Evidence to support change

- Webinar 1: Rapid Review, how to find the best available evidence – an introduction? (4.59mins)
- Webinar 2: Critical appraisal and systematic reviews (22.11 mins)
- Webinar 3: Accessing information from the academic literature. (7.42mins)
- Other resources

#### [Evidence to Support Change Champion Guide](#)



### Planning for change

- Webinar 1: Introduction to implementation – is your problem complex? (4.20mins)
- Webinar 2: Considering the context (5.09mins)
- Webinar 3: Choosing an implementation Theory, Model and Framework (7.01mins)
- Reading There is nothing so practical as a good theory: a pragmatic guide for selecting theoretic approaches for implementation projects

Champion Guide Introduction V1

AHTRIP online suite of resources <https://www.health.qld.gov.au/clinical-practice/database-tools/translating-research-into-practice>

Continued....



- Clinician guides to Implementation Theories, Models and Frameworks (~10mins/guide)
  - A clinician guide to the Knowledge to Action cycle
  - A clinician guide to CIFR
  - A clinician guide to iPARIHS
  - The Theoretical Domains Framework and Behaviour Change Wheel
  - An introduction to RE-AIM
  - An introduction to Normalization Process Theory
  - An introduction to the NASSS framework and the NASSS-CAT tools
- Webinar 4: Identifying and Engaging Stakeholders (8.05mins)
- Webinar 5: Planning for evaluation (3.18)
- Other Resources

#### [Planning for Change Champion Guide](#)



- Webinar 1: Implementing a practice change – Implementation Strategies (4.31mins)
- Reading ERIC study compilation of implementation strategies
- Webinar 2: Facilitation (9.44mins)
- Webinar 3: Top tips on facilitating the implementation of evidence – things to think about before you start! (5.23mins)
- Real world case studies → choose your own adventure
- Other resources (15mins)

#### [Implementation Champion Guide](#)



- Webinar 1: An Introduction – Monitoring Outcomes and Measuring Success (3.18)
- Webinar 2: The Logic of Logic Models (5.02)
- Webinar 3: Implementation vs. Intervention outcomes (5.36)
- Real World Case studies – Evaluation → choose your own adventure
- Other resources (15mins)

#### [Evaluation Champion Guide](#)



- Webinar 1: An introduction to sustainability (4.27)
- Factsheet: Introduction to sustainability frameworks
- Other Resources (15mins)

[Sustainability Champion Guide](#)