Want to join our AH-TRIP champion network?

Join our Take ‘AH-TRIP’ Thursday email updates by emailing us at AHTTRIP@health.qld.gov.au to join the TRIP movement and to find out what additional support might be available in your health service or area.
AH-TRIP Champion Guide

As TRIP champions you are an invaluable link between the AH-TRIP initiative and local departments and teams. This manual will provide a guide of how you can facilitate AH-TRIP training to use the AH-TRIP webinars and training materials. This guide will provide you with discussion points, prompts and concepts for you to consider and pose to your department or team to enhance learning opportunities [https://www.health.qld.gov.au/clinical-practice/database-tools/translating-research-into-practice](https://www.health.qld.gov.au/clinical-practice/database-tools/translating-research-into-practice).

Did you know that the TRIP education and training process itself is underpinned by research and evidence?

Each of the TRIP steps is underpinned by key learning objectives that have been drawn from the knowledge translation, implementation practice core competencies. If you are interested in more information read more about it here: [https://implementationscience.biomedcentral.com/articles/10.1186/s13012-018-0800-3](https://implementationscience.biomedcentral.com/articles/10.1186/s13012-018-0800-3)
How to use this AH-TRIP champion guide

Use this guide in conjunction with the online PD suite content. Each step on the site has a supporting guide including key learning objectives and information to support you in facilitating your team or department through the online content. The AH-TRIP online PD suite is a ‘choose your own adventure’ resource – the following activities, discussion points and timeframes are a guide to support the AH-TRIP champions to facilitate a team, department or area in understanding and orientating clinicians to the AH-TRIP resources, and take AH-TRIP’ approach to bring about health service change.

Champion Tip! Use the summary of online content and suggested timings at the end of this document to plan your team, department or area’s AH-TRIP education activities for the year.

Watch the online content

Pause the online content

Suggested group work or discussion point

Suggested white board/butcher paper activity

An optional extra – an activity or discussion point you might like to include if relevant

Champion thinking point (information for you)

Suggested marketing information (consider emailing this to your team to get them ready for the session or to share these resources)

Champion Guide links:

- Foundation Training
- Identify a Clinical Problem
- Evidence to Support Change
- Planning for Change
- Implementation
- Evaluating a Change
- Sustainability

Champion Guide Introduction V1
AH-TRIP online suite summary
Use this summary to plan how you can provide professional development for yourself or a team over time

Foundation Training Champion Guide

- Webinar 1: Why is TRIP important? (4.21mins)
- Webinar 2: What is TRIP? (6.24mins)

Identify a Clinical Problem Champion Guide

- Webinar 1: Problems in practice: Identifying an evidence practice gap? (3.52mins)
- Webinar 2: Understanding the Problem (12.04 mins)
- Worksheet Understanding the problem
- Webinar 3: Case study – Implementation gone wrong... (7.17mins)
- Webinar 4: Example from the Mater - Evidence based practice and identifying a clinical problem (25.05mins)
- Worksheet EBP Barriers and Enablers

Evidence to Support Change Champion Guide

- Webinar 1: Rapid Review, how to find the best available evidence – an introduction? (4.59mins)
- Webinar 2: Critical appraisal and systematic reviews (22.11 mins)
- Webinar 3: Accessing information from the academic literature. (7.42mins)
- Other resources

Champion Guide Introduction V1
Clinician guides to Implementation Theories, Models and Frameworks (~10mins/guide)
  o A clinician guide to the Knowledge to Action cycle
  o A clinician guide to CIFR
  o A clinician guide to iPARIHS
  o The Theoretical Domains Framework and Behaviour Change Wheel
  o An introduction to RE-AIM
  o An introduction to Normalization Process Theory
  o An introduction to the NASSS framework and the NASSS-CAT tools

Webinar 4: Identifying and Engaging Stakeholders (8.05mins)
Webinar 5: Planning for evaluation (3.18)
Other Resources

Planning for Change Champion Guide

Webinar 1: Implementing a practice change – Implementation Strategies (4.31mins)
Reading ERIC study compilation of implementation strategies
Webinar 2: Facilitation (9.44mins)
Webinar 3: Top tips on facilitating the implementation of evidence – things to think about before you start! (5.23mins)
Real world case studies → choose your own adventure
Other resources (15mins)

Implementation Champion Guide

Webinar 1: An Introduction – Monitoring Outcomes and Measuring Success (3.18)
Webinar 2: The Logic of Logic Models (5.02)
Webinar 3: Implementation vs. Intervention outcomes (5.36)
Real World Case studies – Evaluation → choose your own adventure
Other resources (15mins)

Evaluation Champion Guide
Webinar 1: An introduction to sustainability (4.27)
Factsheet: Introduction to sustainability frameworks
Other Resources (15mins)

Sustainability Champion Guide