Planned vaginal birth after caesarean (VBAC)

**Planned VBAC**

- **Spontaneous labour?**
  - **Yes**
  - Intrapartum admission
    - Review medical record (including prior CS report) and labour care plan
    - Notify obstetric team
    - Consider:
      - Insertion of IVC
      - Full blood count
      - Blood group and hold
      - One to one midwifery care
      - Recommend continuous electronic fetal monitoring
    - Induction of labour
      - Increased risk of uterine rupture
      - Mechanical methods of induction preferred due to increased risk of rupture with prostaglandins
    - Satisfactory progress?
      - **Yes**
        - Consult with experienced obstetrician
        - Discuss risks and benefits with woman
        - Be cautious in use of oxytocin, especially at high doses
      - **No**
        - Consider augmentation?
          - **Yes**
            - Satisfactory progress?
              - **Yes**
                - Vaginal birth
              - **No**
                - Emergency CS
          - **No**
            - Vaginal birth

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CS: caesarean section; CTG: cardiotocograph; FHR: fetal heart rate; IVC: intravenous catheter; VBAC: Vaginal Birth after caesarean section