

## Palliative Care Resources – A Selection

Organisation	Resources	Contact Details
Aboriginal and Torres Strait Islander Health Branch, Qld Health	<ul style="list-style-type: none"> <li>Sad News, Sorry Business: Guidelines for caring for Aboriginal and Torres Strait Islander people through death and dying</li> </ul>	<a href="https://www.health.qld.gov.au/__data/assets/pdf_file/0023/151736/sorry_business.pdf">https://www.health.qld.gov.au/__data/assets/pdf_file/0023/151736/sorry_business.pdf</a>
CareSearch <a href="http://www.caresearch.com.au">www.caresearch.com.au</a>	<p>Australian internet palliative care resource including:</p> <ul style="list-style-type: none"> <li>Hubs for GPs, Nurses, Allied Health</li> <li>Consumer information; Research &amp; Education</li> <li>Culturally appropriate palliative care for Indigenous Australians</li> </ul>	<a href="http://www.caresearch.com.au/">www.caresearch.com.au/</a>
Cancer Council Queensland	<ul style="list-style-type: none"> <li>A guide to relaxation</li> <li>Cancer Counselling Service</li> <li>Complementary and alternative therapies: Making an informed decision</li> <li>Information about cancer clinical trials</li> <li>My Story: Aboriginal and Torres Strait Islander women sharing their experiences of breast cancer (DVD)</li> <li>Finding cancer information on the internet</li> <li>Searching the internet: Websites for when a child or teenager is affected by cancer</li> <li>Understanding grief</li> </ul>	<p>13 11 20</p> <p><a href="http://www.cancerqld.org.au/">www.cancerqld.org.au/</a></p> <p><i>Note: This is just a selection of the wide range of resources supplied by Cancer Council Queensland</i></p>
<b>Centre for Palliative Care Research and Education</b>	<ul style="list-style-type: none"> <li>Guidelines for subcutaneous infusion device management in palliative care (2010)</li> <li>Management of Subcutaneous Infusions in Palliative Care – self directed learning package and resources</li> <li>End of life decision-making: Withholding and withdrawing life-sustaining measures (adults)</li> <li>Monthly events e-bulletin and bi-annual Education Calendar</li> <li>3 monthly e-newsletter</li> <li>Annual Research Conference; education events</li> <li>GP Pain Help app</li> </ul>	<p><b>07 3646 1449</b> <b><a href="http://www.health.qld.gov.au/cpcpre">www.health.qld.gov.au/cpcpre</a></b> <b>E: <a href="mailto:cpcpre@health.qld.gov.au">cpcpre@health.qld.gov.au</a></b></p> <p><b>GP Pain Help app:</b> <a href="http://www.health.qld.gov.au/cpcpre/gppain.asp">www.health.qld.gov.au/cpcpre/gppain.asp</a> <a href="http://www.gppainhelp.com">www.gppainhelp.com</a> iTunes; Google Play store</p>
Commonwealth Respite and Carelink Centres	<ul style="list-style-type: none"> <li>Service flyer: Information about community aged care, disability, support services</li> </ul>	1800 052 222
Leukaemia Foundation	<ul style="list-style-type: none"> <li>Support services</li> <li>Online information and support for patients and families</li> </ul>	<a href="http://www.leukaemia.com">www.leukaemia.com</a> <a href="http://www.talkbloodcancer.com">www.talkbloodcancer.com</a>
National Palliative Care Program, Australian Government Department of Health	<p>Multiple resources, online and print, including:</p> <ul style="list-style-type: none"> <li>Therapeutic Guidelines Palliative Care</li> <li>Pop Arthur Indigenous Palliative Care Comic</li> <li>The Patient's Choice (DVD, learning guide)</li> <li>Guidelines for a palliative approach in residential aged care</li> <li>Guidelines for a palliative approach for aged care in the community setting</li> <li>How a palliative approach can help older people</li> </ul>	<a href="http://www.health.gov.au/internet/main/publishing.nsf/Content/palliativecare-pubs-order-form-htm">www.health.gov.au/internet/main/publishing.nsf/Content/palliativecare-pubs-order-form-htm</a>
National Breast and Ovarian Cancer Centre/Cancer Australia	<ul style="list-style-type: none"> <li>Clinical practice guidelines for the psychosocial care of adults with cancer</li> </ul>	<a href="http://canceraustralia.gov.au/">http://canceraustralia.gov.au/</a> 1800 624 973 or 02 9357 9400
Palliative Care Australia	<p>Online and print resources including:</p> <ul style="list-style-type: none"> <li>Asking questions can help: An aid for people seeing the palliative care team</li> <li>Facts about morphine and other opioid medicines in palliative care</li> <li>What can I say, what can I do? When someone I know is living with terminal illness</li> </ul>	<a href="http://www.palliativecare.org.au">www.palliativecare.org.au</a> <a href="mailto:pcainc@palliativecare.org.au">pcainc@palliativecare.org.au</a>
PalliativeDrugs.com	<ul style="list-style-type: none"> <li>UK site – active discussion board, 'Research, Audit and Guidelines' with uploaded documents relating to various areas of palliative care</li> </ul>	<a href="http://www.palliativedrugs.com">www.palliativedrugs.com</a>



Therapeutic Guidelines	<ul style="list-style-type: none"> <li>• <b>Therapeutic Guidelines: Palliative Care</b> available in print/online/Qld Health intranet/Aust Govt Dept Health</li> </ul>	1800 061 260 www.tg.com.au
Caring Safely at Home	<ul style="list-style-type: none"> <li>• Range of resources from Brisbane South Palliative Care Collaborative for caregivers and clinicians including: <ul style="list-style-type: none"> <li>○ Opening and drawing up from an ampoule</li> <li>○ Injection via cannula techniques</li> <li>○ Colour coded medication labels</li> <li>○ Series of videos on subcutaneous medication administration</li> </ul> </li> </ul>	www.caresearch.com.au/caresearch/tabid/2145/Default.aspx
Decision Assist Project	Aims to strengthen interface between health & aged care by supporting providers caring for older Australians in residential and community aged care needing palliative care	www.caresearch.com.au/caresearch/tabid/2583/Default.aspx
PalAssist	<ul style="list-style-type: none"> <li>• Qld wide 24 hour telephone and online service for palliative care patients, carers, family and friends</li> <li>• Service information leaflet</li> </ul>	1800 772 273 www.palassist.org.au
Palliative Care Queensland	<ul style="list-style-type: none"> <li>• Peak body for palliative care in Queensland</li> <li>• 'Understanding Palliative Care' DVD</li> </ul>	0475 882 511; 1800 660 055 www.palliativecareqld.org.au

## A SELECTION OF PALLIATIVE CARE TEXTS

TITLE	AUTHOR	PUBLISHER	CONTACT
Cancer Pain – 6 <sup>th</sup> ed (2013)	Woodruff R	Melbourne: Asperula	
Cancer-related Breakthrough Pain - 2 <sup>nd</sup> ed (2012)	Davies A	Oxford University Press (Oxford Pain Management Library) OPML	www.oup.com or from your local bookseller
Care of the Dying: A Pathway to Excellence – 2 <sup>nd</sup> ed (2011) <i>(Liverpool Care Pathway)</i>	Ellershaw J, Wilkinson S	Oxford University Press	www.oup.com or order from your local bookseller
Clinical practice guidelines for communicating prognosis and end-of-life issues with adults ... (2007)	Clayton J et al.	MJA Supplement, 18 June 2007; 186(12): S77-S108.	<a href="https://www.mja.com.au/journal/2007/186/12/clinical-practice-guidelines-communicating-prognosis-and-end-life-issues-adults">https://www.mja.com.au/journal/2007/186/12/clinical-practice-guidelines-communicating-prognosis-and-end-life-issues-adults</a>
MIMS Narcotic Analgesic Prescribing Guide	MIMS	distributed free by Mundipharma	1800 188 009 or your local Mundipharma representative
National Consensus Statement: Essential Elements for Safe and High-quality End of Life Care (2015)	Australian Commission on Safety and Quality in Health Care.	Australian Commission on Safety and Quality in Health Care.	<a href="http://www.safetyandquality.gov.au/publications/national-consensus-statement-essential-elements-for-safe-high-quality-end-of-life-care/">www.safetyandquality.gov.au/publications/national-consensus-statement-essential-elements-for-safe-high-quality-end-of-life-care/</a>
Neuropathic Pain – 2 <sup>nd</sup> ed (2010)	Bennett M	Oxford University Press (OPML)	www.oup.com/local bookseller
Oxford Handbook of Palliative Care - 2 <sup>nd</sup> ed (2009)	Watson M, Lucas C, Hoy A, Wells J	Oxford University Press	www.oup.com or order from your local bookseller
Oxford Textbook of Palliative Medicine – 5 <sup>th</sup> edition (2015)	Cherny N, Fallon M, Kaasa S et al.	Oxford University Press	www.oup.com
Pain in Residential Aged Care Facilities: Management Strategies	Goucke R et al.	Australian Pain Society	www.apsoc.org.au/publications
Palliative Care Formulary – 5 <sup>th</sup> edition (2015)	Twycross R, Wilcock A, Howard P	Nottingham: palliativedrugs.com	www.palliativedrugs.com
Palliative Care Nursing: A Guide to Practice – 3 <sup>rd</sup> ed (2012)	O'Connor M, Lee S, Aranda S	Ausmed (Note: Australian text)	Local bookseller; www.ausmed.com.au
PMG Kit for Aged Care (2007). Implementation kit to accompany 'Pain in Residential Aged Care Facilities'.	Goucke R, Kristjanson L, Toye C	Pain Australia	<a href="http://www.apsoc.org.au/PDF/Publications/PMGKit_2007.pdf">http://www.apsoc.org.au/PDF/Publications/PMGKit_2007.pdf</a>
Symptom Control in Advanced Cancer - 2 <sup>nd</sup> edition (2002)	Woodruff R	Melbourne: Asperula (distributed free by Mundipharma)	1800 188 009
The Syringe Driver – 4 <sup>th</sup> edition (2016)	Dickman A, Schneider J	Oxford University Press	www.oup.com