

**More information about the AH-TRIP Champion Guide:** [AH-TRIP Champion Guide Introduction](#)



**Description:** Foundation training is aimed at all clinicians to develop familiarity with Translating Research into Practice (TRIP), and the goals of AH-TRIP. Foundation training will help you understand what TRIP is, why it's important and what you need to help make your TRIP project a success.

It is recommended that Foundation training videos and resources be incorporated into orientation for all clinicians commencing in a Hospital and Health Service (HHS). It is also the starting point for teams or departments new to TRIP, and a critical first step for anyone starting on their TRIP journey.

**Learning objectives:**

1. Define Knowledge Translation and Implementation Science terminology.
2. Understand why Translating Research into Practice is important.
3. Explain the difference between and similarities between Quality Improvement (QI) and TRIP.
4. Describe the steps of TRIP including: Identifying a problem; Appraising the evidence; Implementing practice change; and Monitoring outcomes and measuring success.
5. Identify important characteristics to making your TRIP project a success.

**Online PD suite content:**

Webinar 1: Why is TRIP important? (4.21mins)

Webinar 2: What is TRIP? (6.24mins)



**Champion Tip!** In a group, play the series of webinars, interspersed with the discussion

**Champion discussion tips/questions:**

- 1) Discuss with the group what words or terms they are aware of that have been used to describe TRIP?  
\*\*consider knowledge translation, implementation science, evidence based practice, research uptake, translational research, dissemination



(30-40mins)

- 2) Ask the group what they think is the difference between QI, research and TRIP? What are the unique features of TRIP?
- 3) Can you think of a time you tried to change something and it didn't go to plan or didn't work?
  - a. What was the situation?
  - b. Can you clearly identify the problem that you were aiming to solve?
  - c. What went right? What went wrong?
  - d. What would you do differently next time?



## It Seemed Like a Good Idea at the Time (ISLAGIATT) Principle

→ 'ISLAGIATT' no more!

Using the TRIP steps prompts you to ask the key questions BEFORE embarking on your next great idea! It provides a more robust QI framework by also considering barriers/enablers, monitoring and sustainability. The following TRIP training will provide more detail on how clinicians can take 'AH-TRIP approach' to bring about health service change using these core components to make ISLAGIATT a thing of the past!

*"If you don't have time to do it right, when will you have time to do it over?"*      -John Wooden