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(including members of their households) until they have successfully completed the off-site assessment process and any associated testing.

- 6.7.2. Where the off-site assessment of an individual includes testing for COVID-19, the individual must self-isolate until cleared by the NRL Independent Medical Officer.

6.8. Cleaning Requirements for Training Facility

- 6.8.1. All areas of the Training Facility must be cleaned and disinfected daily. Where a Training Facility is shared with another team, cleaning after each team is required.
- 6.8.2. Any cleaning staff/services must conduct this work outside of training hours (i.e. when no one on the Club's Apollo Protocol Register is present). Cleaning staff requiring access to the Training Facility that are not following the Apollo Protocols must not have any symptoms of COVID-19 as outlined by the Communicable Diseases Network Australia's National Guidelines in the preceding 24 hours; must not be a close contact of a known COVID-19 case; must not be an active COVID-19 case; and must not have travelled to a COVID-19 hotspot in the previous 14 days.
- 6.8.3. Particular care must be taken with gym equipment and other shared surfaces.
- 6.8.4. Players and Club Officials must not share clothing or towels. All clothing and towels must be treated as single-use and washed after use in accordance with requirements advised by the NRL Chief Medical Officer.
- 6.8.5. Cleaning must be conducted in accordance with cleaning protocols issued by NRL Medical as outlined in Appendix F.

7. Training Requirements

7.1. Hygiene Procedures at Training

- 7.1.1. Clubs must ensure that strict hygiene policy is followed within the Training Facility, including:
- No sharing of towels, clothing, water bottles, boots, headgear, guards etc;
 - No sharing of personal items such as sunscreen and lip balm;
 - No spitting in communal areas.
- 7.1.2. Water bottles and water/sports drink dispensers should be regularly cleaned. Where possible, Clubs should provide single-use paper cups for Player use.



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- 7.1.3. Any shared training Gear/clothing (e.g. bibs or singlets etc) must be stored at the Club and washed by the Club after each training session in accordance with infectious disease protocols to be issued by NRL Medical.

7.2. Laundering of Training Gear/Clothes

- 7.2.1. Where possible, Players and Club Officials should launder their clothes/training gear at home. Clubs must ensure that Players and Club Officials are aware of these provisions and follow them.
- 7.2.2. Players and Club Officials should change out of their training gear at the Club and take their clothing home in a bag, preferably a plastic bag which can then be thrown away or a cloth bag which can be laundered along with their clothing.
- 7.2.3. Normal washing detergents and supplies are sufficient for laundering clothes and uniforms.
- 7.2.4. Clothes should be washed and dried separately from others from others in the household.
- 7.2.5. Match-Day gear (clothing, uniforms) must be collected by Club Officials using gloves, transported in disposable or washable (cloth) bags and washed in accordance with this Rule, observing good hand hygiene.

7.3. Limitations on Training Practices

- 7.3.1. On 01 May 2020 the Australian Institute of Sport released guidelines on the “reboot” of professional sport in Australia in the COVID-19 situation⁶. While the States and Territories in Australia have ultimate authority in regards to the level of COVID-19 restrictions in their jurisdictions, it has been clearly signalled that all sporting activities nationwide should be compliant with the AIS guidelines. This includes Project Apollo.
- 7.3.2. The AIS guidelines lay out a phased approach to return to full competition, including guidance on the kinds of training and gameplay activities that are acceptable at each phase. The phases are designated A, B and C. It is a requirement that any professional sporting enterprise move through Phases A to C in a deliberate and considered way at an “appropriate” pace depending on COVID-19 community prevalence and other factors.
- 7.3.3. The general descriptors for each phase are:
- Phase A.** Activity that can be conducted by a solo athlete or by pairs where at least 1.5m can always be maintained between participants. No contact between athletes and or other personnel. Examples for all sports

⁶The Australian Institute of Sport (AIS) framework for rebooting sport in a COVID-19 environment, 01 May 2020, and summary guide.



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- general fitness aerobic and anaerobic (e.g. running, cycling sprints, hills). Strength and sport-specific training permitted if no equipment required, or have access to own equipment (e.g. ergometer, weights). Online coaching and resources (e.g. videos, play books).
 - b. **Phase B.** As per Level A plus: Indoor/outdoor activity that can be conducted in small groups (not more than 10 athletes and/or other personnel in total) and with adequate spacing (not more than 1 person per 4m²). Some sharing of sporting equipment permitted such as kicking a football, hitting a tennis ball, use of a skipping rope, weights, mats. Non-contact skills training. Accidental contact may occur but no deliberate body contact drills. No wrestling, holding, tackling or binding. Commercial gyms, bootcamps, yoga, Pilates, dance classes (e.g. barre, ballet, hip hop, not partnered), cycling 'spin' classes permitted if other measures (above) are met.
 - c. **Phase C:** The NRL Competition is currently operating under Phase C: Full sporting activity that can be conducted in groups of any size including full contact (competition, tournaments, matches). Wrestling, holding, tackling and/or binding (e.g. rugby scrums) permitted. For larger team sports, consider maintaining some small group separation at training. For some athletes full training will be restricted by commercial operation of facilities.
- 7.3.4. Additionally, the Project Apollo protocols, and related policies, meet the broader requirements as outlined in the AIS guidelines at all phasing levels already.
- 7.3.5. **Spectators and Patrons.** The question of community spectators in relation to the AIS guidelines, as outlined in the Phased approach, is a separate question to the phased and controlled return to normalised sporting activities. The NRL will decide separately on decisions relating to spectators at NRL games or at training and must take into consideration a broad range of issues ranging from current State Government restrictions on mass gatherings, through to logistics and the interactions over time of large people within potentially confined or restricted physical locations. **At this time no community spectators are allowed in the context of Project Apollo training unless approved by the NRL executive in accordance with government restrictions.** See the Apollo Match-Day Protocol for more information on spectators and patrons on Match-Day.
- 7.4. Food/Meals at Training**
- 7.4.1. Food prepared and provided by the Club must be served within an appropriate area of the Training Facility in accordance with relevant State Government Food Industry COVIDSafe plans requirements. Each Club is required to certify through their Chief Executive Officer that the Club is in accordance with the relevant Food Industry COVIDSafe requirements. These can be accessed at:



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<http://rca.asn.au/rca/coronavirus-information-hub/>

- 7.4.2. Players and Club Officials must wash hands prior to meals.
- 7.4.3. Food served by the Club should be individually packaged wherever possible. No finger food or shared food is permitted and individuals must not eat with their hands. Group meals are allowable if they confirm with these restrictions.
- 7.4.4. Persons preparing food or mixing drinks or filling water bottles must prioritise hand hygiene in accordance with the Australia New Zealand Food Standards Code and wear an appropriate mask whilst doing so.
- 7.4.5. A Club may arrange for a coffee van to attend the Club (outside of the Training Facility boundaries), subject to the following:
 - i. Coffees are collected by a single member of staff and taken inside to the group;
 - ii. No queueing, socialising or mingling is permitted in the vicinity of the coffee van;
 - iii. the provider would need to wear a mask, and prioritise hand hygiene in accordance with the Australia New Zealand Food Standards Code when preparing the items.
 - iv. Re-usable coffee cups provided by the customer, including contactless pour, is not permitted

7.5. Shared Facilities

- 7.5.1. Indoor training/recovery sessions – General:
 - a. Clubs can only utilise indoor training facilities shared with the general public or other athletes with the approval of the Project Apollo team by submitting a QER to **Irrelevant**. Each facility will be evaluated on a case by case basis due to substantial variability between them.
 - b. Facilities and equipment will require cleaning prior to use by Project Apollo players and staff.
 - c. Use of public training facilities while the general public is in attendance and utilising the same training area is not permitted. The area must be physically distinct (e.g. with clearly defined barriers) or exclusive use of the facility). Barriers must be designed to minimise the potential for physical interaction between the public and players during training.
- 7.5.2. Indoor training/recovery sessions – Pools and Baths:



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- a. The use of pools and baths for recovery sessions or training must only occur when the general public is not in attendance.
- b. Facilities are recommended to be used at the beginning of the day to reduce the risk of transmission from the general public to players or staff.
- c. Where this is not possible, contact and particularly high contact surfaces in the facility (bathroom fixtures, toilets, hand-holds and railings and personal hygiene items) should be disinfected prior to use.
- d. All towels and training gear should be laundered daily in accordance with these protocols.

7.5.3. Outdoor training/recovery sessions

- a. Outdoor training sessions and recovery sessions must adhere with State and Territory social distancing and group size requirements.
- b. Outdoor activities must be planned to occur away from possible interaction with the general public. Clubs are to ensure that the selected location takes into consideration the potential for encroachment by the general public, and the potential for uncontrolled media coverage.
- c. Clubs can only utilise outdoor training facilities shared with the general public or other athletes with the approval of the Project Apollo team.

8. Medical/Physio

8.1. Clinicians working in higher risk areas

- 8.1.1. Because of the broader responsibilities and work outside the NRL environment that some NRL associated clinicians undertake, there is a higher exposure risk of those individuals to COVID-19 than players or other NRL or Club workers. Those clinicians who routinely work, or would be expected to work, with possible or suspected COVID-19 cases in intensive care or emergency care contexts are at the highest risk. Those clinicians **MUST NOT** under any circumstances be involved in Project Apollo medical activities, unless it is specifically approved through the NRL informed by advice by the Project Apollo medical team.
- 8.1.2. In normal primary care, allied health, elective surgical and outpatient clinical contexts the existing requirements and recommendations for all public and private clinical contacts in the COVID-19 environment have been deemed sufficient to control the risk of patient to clinician transmission to the lowest practicable level at the current community prevalence rates, with specific



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guidance provided to clinicians to manage risk of transmission in all healthcare settings from relevant experts.

- 8.1.3. Where a clinician normally works in a geographic area of elevated COVID-19 prevalence at this time, or in the future, an individual risk assessment of that clinicians non-NRL practice risks in relation to continued involvement with Project Apollo activities will be undertaken in consultation with the clinician. Approval for involvement of the clinician in Project Apollo, where there are concerns about COVID-19 risk, will be at the sole discretion of the NRL Board.

8.2. Consultations only to take place at the Training Facility

- 8.2.1. Medical consultations should usually and by preference take place within the Training Facility, unless this is not feasible.
- 8.2.2. Medical Officers must wear PPE in accordance with Public Health guidelines when treating and/or testing Players and Club Officials.
- 8.2.3. Further guidance specific to NRL and Club medical operations are outlined in the Apollo Medical Officers Handbook.

8.3. Management of Illness, Suspected or Confirmed COVID-19 Cases

- 8.3.1. Any suspected case of COVID-19 in the context of Project Apollo will require collaborative management between the Club Medical Officers and the NRL Independent Medical Officer, in close consultation with the NRL.
- 8.3.2. Most of the requirements for management of confirmed COVID-19 cases will be directed, or be required of the affected individual, through the existing system of enforceable Public Health orders and directions at the State and Territory level.
- 8.3.3. The identification of potential cases that require further investigation, quarantine or isolation will be achieved through a comprehensive investigation of the risk situation in question.
- 8.3.4. The process of return to play for players or staff who have recovered from COVID-19 requires specific medical evaluations and checks as outlined in the Australian Institute of Sport (AIS) framework for rebooting sport in a COVID-19 environment. Once an individual has been cleared from isolation by relevant Public Health Authorities, the final clearance to return to play will be at the discretion of the NRL Chief Medical Officer(s), in consultation with the relevant Chief CMO.
- 8.3.5. For further guidance specific to NRL and Club medical operations refer to Appendix G: Apollo Medical Officers Handbook.



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8.4. Testing

- 8.4.1. Refer to Appendix H: Apollo Medical Officers Handbook.
- 8.4.2. Medical Officers must wear PPE in accordance with Public Health guidelines when treating and/or testing Players and Club Officials.

9. Travel & Accommodation

9.1. General travel/travel to Training Facility

- 9.1.1. See Rule 3.6.

9.2. Travel to Matches

- 9.2.1. Specific guidance on the requirements for travel to and from matches will be provided by NRL taking into consideration the COVID-19 situation and other factors at play that is anticipated at the time of the match.
- 9.2.2. If Clubs are planning to have Project Apollo designated individuals travel by air they are to consult with the NRL during the planning process and prior to travel.
- 9.2.3. In exceptional circumstances such as flight cancellation or logistics requirements related to specific staff, officials or players, travel may be required to be undertaken the preceding day followed by overnight accommodation at the destination. Notification and/or approval for this to occur is at the discretion of the NRL executive.

9.3. Plane Travel

- 9.3.1. Specific guidance on the requirements for travel by air will be provided by NRL where air travel is necessary, and taking into consideration the COVID-19 situation and other factors at play that is anticipated at the time of the match.
- 9.3.2. If Clubs are planning to have Project Apollo designated individuals travel by air they are to consult with the NRL during the planning process and prior to travel.
- 9.3.3. The NRL executive may arrange for charter, or suitable commercial air travel options, dependent on the COVID-19 situation for the planned travel on a case by case basis, and in adherence to the requirements, guidance and advice provided to NRL by State and Territory governments.



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10. Match Venues

10.1. Minimum Standards

- 10.1.1. The requirements relating to the establishment of Clean, Assessment and Dirty designated zones for contamination and contact control for specific venues will be provided with sufficient notice for proper implementation and verification prior to the Match-Day.
- 10.1.2. Specific guidance on the standard required of Clubs and the NRL to conform to on match days will be issued in due course.

10.2. Essential personnel only at Match-Day

- 10.2.1. In relation to NRL and Club personnel, only essential personnel who have been placed on the list of Project Apollo designated persons and who have been compliant with the requirements of the Project Apollo policies will be permitted at Matches.
- 10.2.2. The NRL will also identify other personnel who are permitted to undertake necessary work on Match day. This may include, amongst others:
 - a. Media
 - b. Officials
 - c. Logistics
 - d. Security
 - e. Venue support and operations staff
- 10.2.3. Additional personnel necessary for the conduct of the match will be required to avoid coming into contact with NRL and Club players and staff. Equally NRL players and staff must ensure they politely but firmly avoid interacting with non Project Apollo personnel who may be in the vicinity of them on Match-Day in accordance with the requirements of this policy.
- 10.2.4. Additional individuals may be allowed to attend a match day in accordance with government agreements and regulations. Non-essential personnel attendance is at the sole discretion of the NRL executive.

10.3. Non-Selected Players and Supernumerary Officials

- 10.3.1. Non-selected players and supernumerary officials (listed on the Club Apollo Register) are permitted to travel with the team to Matches.
- 10.3.2. These individuals must remain within the Clean Zone.



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10.4. Interclub Scrimmage

10.4.1. Inter-Club scrimmage is not permitted at this time.

10.5. Accreditation

10.5.1. Refer to the Apollo Match-Day Protocol.

10.6. Match-Day Entry Protocol

10.6.1. Refer to the Apollo Match-Day Protocol.

11. Media

11.1.1. See Appendix: Project Apollo Protocols – Media Access

12. Other Club Activities**12.1. Community Activities suspended**

12.1.1. Club community activities involving face to face contact between individuals will be suspended until further notice.

12.1.2. Staff and players are encouraged to participate in online community activities (e.g. zoom meeting or similar) during the period where face to face community activities are not possible.

12.1.3. If the Club has a request concerning a particular activity it must contact the NRL through their usual liaison evaluation and potential approval.



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Appendix A: Apollo Protocol Register

NRL Active Player List Submission Template

Club: PLEASE SELECT

Date: INSERT DATE OF SUBMISSION

Summary

Top 30 Active Players	0
Development List Active Players	0
Training & Replacement Active Players	0
Total Active Players	0
Top 30 Injury Reserve	0
Development List Injury Reserve	0
Development List Reserve List	0
Total Inactive Players	0

#	Player Name	Status	Comment on injury reserve players
NRL Top 30			
1		PLEASE SELECT	
2		PLEASE SELECT	
3		PLEASE SELECT	
4		PLEASE SELECT	
5		PLEASE SELECT	
6		PLEASE SELECT	
7		PLEASE SELECT	
8		PLEASE SELECT	
9		PLEASE SELECT	
10		PLEASE SELECT	
11		PLEASE SELECT	
12		PLEASE SELECT	
13		PLEASE SELECT	
14		PLEASE SELECT	
15		PLEASE SELECT	
16		PLEASE SELECT	
17		PLEASE SELECT	
18		PLEASE SELECT	
19		PLEASE SELECT	
20		PLEASE SELECT	
21		PLEASE SELECT	
22		PLEASE SELECT	
23		PLEASE SELECT	
24		PLEASE SELECT	
25		PLEASE SELECT	
26		PLEASE SELECT	
27		PLEASE SELECT	
28		PLEASE SELECT	
29		PLEASE SELECT	
30		PLEASE SELECT	
Development List			
1		PLEASE SELECT	
2		PLEASE SELECT	
3		PLEASE SELECT	
4		PLEASE SELECT	
5		PLEASE SELECT	
6		PLEASE SELECT	
Training & Replacement List (only list players in the active list)			
1		PLEASE SELECT	
2		PLEASE SELECT	
3		PLEASE SELECT	



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NRL Staff List Submission Template

Club: PLEASE SELECT

Date: INSERT DATE OF SUBMISSION

#	Staff Member	Title / Role
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
12		
13		
14		
15		
16		
17		
18		

REDACTED



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Appendix B: Household Screening Questions

Your club doctor will ask and confirm the following with regards to household members that may be at higher risk of more severe complications or severe illness as a result of contracting coronavirus (COVID19).

This information will be used to assist with determining appropriate living arrangement recommendations for you and your family to reduce the risk of possible serious illness to your family members.⁷

Date of Assessment:

Completed by:

Suburb of Residence:

List all members of your household, including age, occupation/student and suburb of workplace

Confirm that no members of the household have had contact with known or suspected COVID-19 cases in the last 14 days or have returned from international travel or Victoria in the last 14 days.

Does anyone in the household (people who usually live with you in your house) fall into any of the following categories:-

- Persons with serious heart conditions, including heart failure, coronary artery disease, congenital heart disease, cardiomyopathies, and pulmonary hypertension ;
- Persons with Asthma (moderate-to-severe);
- Persons with chronic lung diseases, such as chronic obstructive pulmonary disease (COPD) (including emphysema and chronic bronchitis), idiopathic pulmonary fibrosis and cystic fibrosis;
- Persons with Diabetes, including type 1, type 2, or gestational;
- Persons with chronic kidney disease being treated with dialysis ;
- Persons with severe obesity, defined as a body mass index (BMI) of 40 or above,
- Older adults, 65 years and older⁸
- Persons who will shortly return to, or normally reside at, a nursing home or long-term care facility but are living with you now.
- Persons who are immune compromised or immune suppressed⁹

⁷ For more information, see guidance from the Australian Health Protection Principal Committee available at <https://www.health.gov.au/news/australian-health-protection-principal-committee-ahppc-advice-to-national-cabinet-on-30-march-2020>

⁸ This group are at higher risk for severe illness and death from COVID-19. Although COVID-19 can affect any group, the older you are, the higher your risk of serious disease. Eight out of 10 deaths reported in the U.S. have been in adults 65 years or older; risk of death is highest among those 85 years or older. The immune systems of older adults weaken with age, making it harder to fight off infections. Also, older adults commonly have chronic diseases that can increase the risk of severe illness from COVID-19.

⁹ Many conditions and treatments can cause a person to have a weakened immune system (also called immunocompromised or immune suppressed). This includes people receiving certain cancer treatments, bone marrow or organ transplantation, chronic immune disorders, HIV with a low CD4 cell count or not on HIV



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- Persons who have chronic liver disease, including cirrhosis or hepatitis
- Persons of Indigenous heritage over the age of 50.¹⁰
- Do any individuals in the household work in aged care or in the health sector? Is this work in a high risk¹¹ category?

Appendix C: Pre-Training Assessment Form

PLAYER/STAFF NAME:

DATE OF ASSESSMENT:

DOB:

INDIGENOUS HERITAGE: YES NO

CURRENT HEALTH STATUS (confirm any current issues):

CHANGES TO HEALTH STATUS DURING SEASON SUSPENSION (if any):

CHRONIC MEDICAL CONDITIONS/OTHER POTENTIALLY RISKS ASSOCIATED WITH COVID (as per Household screen including):

- Asthma
- Diabetes
- Chronic lung disease
- Aged over 65 years (or >50 years if indigenous heritage)
- Serious heart conditions
- New symptoms to be aware of/ report immediately should they develop at any stage including with training (*possibly Myocarditis/myopericarditis related*)
 - New onset chest pain/pressure, palpitations, or exercise intolerance

CURRENT MEDICATIONS:

ALLERGIES:

IMMUNISATION:

- INFLUENZA
- PNEUMOCOCCAL (INDIGENOUS PLAYERS/STAFF)
- OTHER IMMUNISATIONS AS PER NORMAL REQUIREMENTS

treatment, and prolonged use of medications such as corticosteroids and other immune modulating or suppressing medications.

¹⁰ See advice from the Australian Health Protection Principal Committee referenced above.

¹¹ High risk is defined as working with COVID-19 patients, or working in clinical environments that are likely to have COVID-19 cases (e.g. Emergency Department, ICU, Critical Care, Urgent care clinics)



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MENTAL HEALTH – please complete the following screening at commencement of training

- PHQ9
- GAD7

CONCUSSION:

- ensure that preseason CSx SCAT and COGNIGRAM baselines have been completed prior to the initial start of season 2020 (no requirement to repeat them now)

CARDIAC SCREENING:

- ensure that Cardiac/ECG screening protocols have been met (2nd yearly screening)

RTI RELEASE



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Appendix D: Daily Health Confirmation

PLAYER/STAFF NAME:

DATE OF ASSESSMENT:

Please answer the following questions - please answer yes if you have had any of these symptoms **no matter how mild.**

Do you have now, or have you had in the last 24 hours:-

- A cough
- A sore throat
- A tickle in your throat or scratchy throat
- A runny nose
- Any shortness of breath or difficulty breathing
- Any pain on swallowing
- Any chills
- Any generalised muscle aches or pain which you haven't had before
- Any headache
- Any loss of taste or smell
- Any gastro symptoms (off food (no appetite), vomiting, diarrhoea, stomach cramps)

Has anyone in your household had any of the above symptoms in the last 24 hours?

Please provide your temperature.

Has anyone in your household had any a temperature in the last 24 hours?



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Appendix E: Daily Whereabouts Confirmation

PLAYER/STAFF NAME:

DATE OF ASSESSMENT:

1. Since your last Whereabouts Confirmation, have you left your home for any purpose other than training? YES/NO

If YES – please detail where you went and for what purpose:

(If you did not travel directly to training, provide details below of where you stopped on your way to/from training)

Time	Location	Purpose

2. Have you had any visitors to your household since your last Whereabouts Confirmation? YES/NO
(Visitors means any person entering your home who is not listed as a part of your household.)

3. Since your last Whereabout Confirmation, have you been in close contact with any person outside of your household?

4. If you answered YES to (2) or (3), please provide details below:

Time	Who you met with	Location	Purpose

5. Do you declare that the above information is complete and correct? YES/NO



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Appendix F: Cleaning Protocols

1. Clubs/NRL must make arrangements with their venues to ensure appropriate and professional cleaning of change-rooms, bathrooms and other places used by staff and players occurs before, between and after every event, and/or at least once per day.
2. Additionally, it is a necessary that systematic cleaning of high touch surfaces and regularly used areas (incl all training areas, bathrooms, treatment/medical rooms) with disinfectant and/or bleach solutions (commercially available are appropriate) is undertaken at an appropriately set schedule.
3. The recommended frequency of cleaning high-touch cleaning is:
 - a. For very high use items or certain training equipment, between individual use.
 - b. For general high contact items in the environment every 3 hours, or if visibly soiled or contaminated.
4. Examples of general high touch surfaces in the environment are:
 - a. doorknobs and door jams/pushers, light switches, toilet door locks, buttons on cisterns, taps, parking meters, lift controls, remote controls, computer equipment (iPads and Phones, shared keyboards and mice), or any other thing that is touched by multiple people repeatedly in a single day. Goal post protectors. Planes and buses (where allowed). Dressing room fixtures, toilets and shower fixtures.
5. Examples of very high use items requiring cleaning between individuals:
 - a. tables, benches, gym equipment, massage tables, clinical treatment equipment in direct contact with patients, and similar items.
 - b. Stationery items (i.e. pens and folders)
 - c. balls at training (pre and post) and matches and balls touched by media/TV crews etc
 - d. NRL equipment (eg iPads for interchanges, SIS equipment etc)
6. NRL Players and staff are also asked to consider how they can minimise risks at their residence and in their vehicles by considering the advice here applied into their own personal context outside of Club and NRL venues.
7. Refer to the following guidance from the Federal Department of Health for further detail about cleaning and disinfection principles with COVID-19:
<https://www.health.gov.au/sites/default/files/documents/2020/03/environmental-cleaning-and-disinfection-principles-for-covid-19.pdf> and to Workplace Health and Safety Queensland's guide on PPE involved in cleaning:
https://www.worksafe.qld.gov.au/_data/assets/pdf_file/0005/191678/covid-19-overview-and-guide.pdf
8. All match and training clothing used/worn by players, officials (refs) and training staff must be provided by the Club at the venue and washed by the Club after each match under appropriate infectious diseases protocols.



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Appendix G: Project Apollo Protocols – Media Access

The NRL's biosecurity strategy is based around prevention of transmission of coronavirus.

Only persons who are listed on the Apollo Protocol Register and actively complying with this Protocol shall be permitted to access the Training Facility and Match-Day

The Apollo Protocol establishes a controlled environment in which training and matches can occur.

All media must adhere to the Apollo Protocol which stipulates a distance of 1.5m from players and Club officials must be maintained.

It is important to note there will be a minimum set of guidelines which all Clubs will need to adhere to in order to promote the sport through the Host Broadcasters and Media. Clubs must ensure they have adequate staff/protocols in place in order to adhere to these minimum standards.

Players and Staff must not touch media equipment.

Training

- A minimum of 15 minutes training vision remains a requirement – clubs are encouraged to work with broadcasters on pool vision opportunities and in-house production measures.
- Clubs must allocate a space on opposite side of ground from players and club officials for photographic and filming purposes to be approved by the NRL.
- Journalists, photographers and camera operators must not come within 1.5 metres of players, coaches or staff upon their arrival or exit from training venue.
- Media interviews may be held in person at training venues, under strict health protocols. All media must remain a minimum of 1.5 metres from players, coaching staff and officials
- Players, coaching staff and officials must not touch external equipment
- Should Clubs not be able to facilitate media interviews under these circumstances, Zoom or conference call interviews must be considered as an alternative

Media access – match day

- See NRL Apollo Match-Day Protocol

Media opportunities

- Clubs must make available a minimum of six players per week for General Media, over a minimum of two separate media opportunities.
- Clubs must make available Head Coaches in a separate media opportunity each week.

Set-up Images

- Set-up/portrait images are permitted, under strict health protocols. Players, officials and coaching staff must remain a minimum of 1.5 metres from photographers and accompanying equipment at all times.

