



baño
toilet



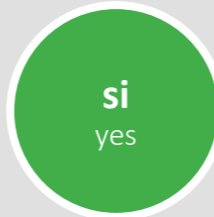
cama
bed



silla
chair



ayuda de movilidad
mobility aid



si
yes



almohada
pillow



cobija
blanket



toalla
towel



máquina de afeitar
razor



ducha
shower



lavarse
wash



cepillarse los dientes
brush teeth



dentadura postiza
dentures



no sé
I don't know



gafas
glasses



audífono
hearing aid



billetera/cartera
wallet/purse



teléfono móvil
mobile phone



comida
food



agua
water



café/té
coffee/tea

Espacio libre para escribir sus propios elementos
Free space to write your own items



no
no



ropa
clothes



zapatos
shoes



cepillo/peine
brush/comb



Medicare/ tarjeta de concesión
Medicare/concession card

Me siento I feel



enojado/a
angry



triste
unhappy



preocupado/a
worried



feliz
happy



emocionado/a
excited



salir
go outside



cansado
tired



dolor de cabeza
headache



mareado/a
dizzy



demasiado brillante
too bright



hambriento
hungry



sediento
thirsty



calor
hot



frio
cold



demasiado alto
too loud



dolor de pecho
chest pain



diarrea
diarrhoea



vómito
vomiting



intérprete
interpreter

Cuando necesite un intérprete, señale esta foto y el personal le asignará uno sin costo alguno.

When you need an interpreter, point to this picture and staff will provide you with one at no cost to you.



familia
family



apoyo religioso
religious support



médico/a
doctor



enfermero/a
nurse



partero/a
midwife



temperatura
temperature



pulso
pulse



análisis de sangre
blood test



radiografía
x-ray



inyección
injection



presión arterial
blood pressure



herida
wound



sangrado
bleeding



medicina
medicine



sentarse
sit up



pararse
stand up

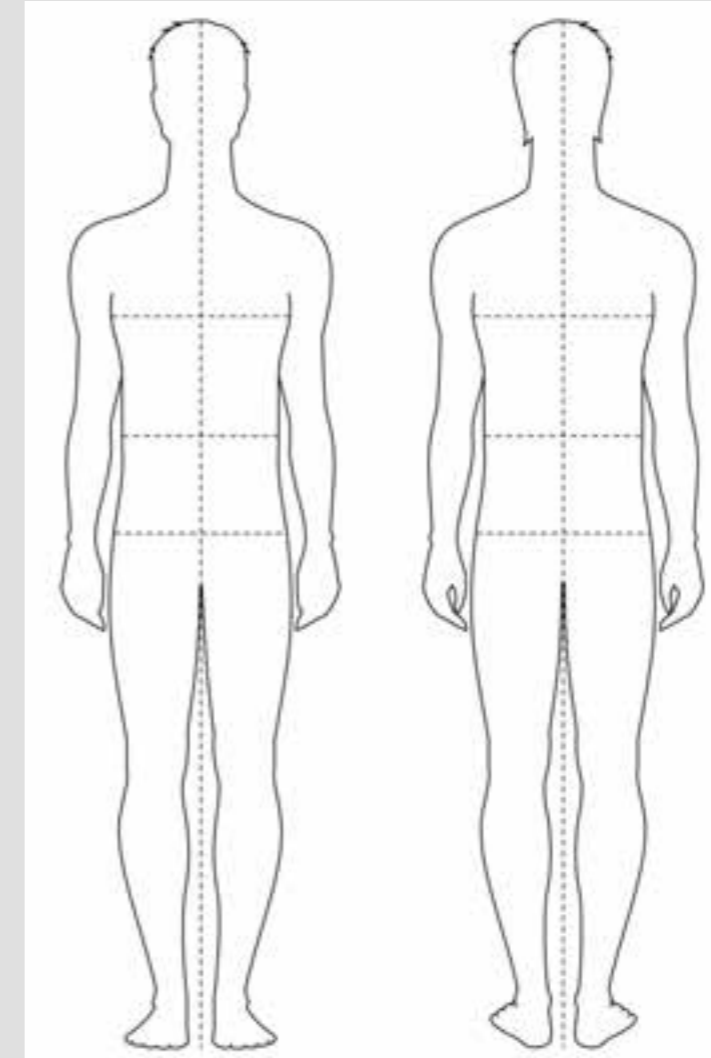


acostarse
lie down



darse vuelta
roll over

¿Dónde siente dolor?
Where is your pain?

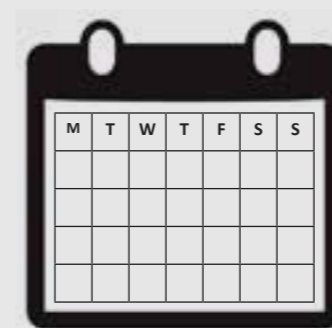


de frente
front

de espalda
back

Escala de dolor: 0-10
Pain scale: 0-10

- 10 **lo peor posible**
worst possible
- 9
- 8 **muy agudo**
very severe
- 7
- 6 **agudo**
severe
- 5
- 4 **moderado**
moderate
- 3
- 2 **leve**
mild
- 1
- 0 **sin dolor**
no pain



fecha
date



hora
time

Notes

This tool is for patients who are having difficulty communicating. It is available in English as well as some other languages. It can be used to communicate basic care needs and for simple conversations. The tool can assist communication but **DOES NOT REPLACE THE NEED FOR AN INTERPRETER.**

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