22 May 2014

Babies, Toddlers and Dads seminar
31 May 2014

Did you know a child’s brain grows at 9 million connections per minute and that by the age of four, the child’s brain is approximately 90 per cent of its adult size?

For this reason Sunshine Coast Hospital and Health Service Early Intervention Parenting expert Mr David Huntley said it is imperative to have early input into a child’s development to maximise his/her potential.

“Fathers can maximise their child’s potential by learning how to ‘tune in’ to their children’s natural rhythms,” Mr Huntley said.

The first 2014 Babies, Toddlers and Dads seminar designed for dads, grand-dads, step-dads and foster dads will be held at Caloundra on Saturday 31 May. The workshops have already helped over 100 fathers learn attachment based parenting combined with the latest research on children’s brain development.

Mr Huntley said despite common belief, parenting skills do not come instinctively to either males or females.

“There is a lot of good help around for new mums in the form of ante natal classes, the Australian Breastfeeding Association and accessibility to their own mothers and grandmothers.

“However, males may not always feel they have this support system, so our workshops aim to give dads the information they need.

“But we are not trying to turn dads into mothers, the role of a dad is special,” Mr Huntley added.

Co-ordinators of the workshop, David Huntley and Matt Dilges, have over 15 years experience each in Child Health settings and are experts in the area of child health.

Bookings are essential for this workshop as places are limited.

To register for the free workshop, please phone 5436 8552 or email david.huntley@health.qld.gov.au
Date: Saturday 31 May 2014
Time: 9.30am to 12.00noon
Where: Caloundra Child Health, West Tce, Caloundra

ENDS

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