

ABIOS Aboriginal and Torres Strait Islander Program

Resources and Links

ABIOS Resources:

- ABIOS DVD Resource, "My Community, My Family – Three Indigenous Families Share Their Knowledge of Brain Injury". An accompanying booklet with more information on usage is available.



The primary aims of this DVD are:

- To raise awareness of the complex nature of brain injury and of the many interconnected changes that an individual must adjust to.
 - To raise awareness that the impact of brain injury is massive – on the individual, their family and on the community.
 - To raise awareness that brain injury is a significant cause of long term disability in adults, often requiring the need for life long support.
 - To increase knowledge of working with Aboriginal and Torres Strait Islander Peoples who have brain injury, their families and their communities.
- ABIOS has a number of Fact Sheets available on our website <http://www.health.qld.gov.au/abios/>
 - The **Skills To Enable People and Communities** (STEPS) Program is a program of the Acquired Brain Injury Outreach Service. STEPS is a Queensland-wide information and skills program for adults aged 18-65 years with Acquired Brain Injury (ABI), including stroke, and their families and friends. The STEPS Program aims to improve community life for people with ABI and their families, by connecting people together and fostering a sense of strength and ability. <http://www.health.qld.gov.au/abios/steps/default.asp>

Other Useful Websites:

- The Brain Injury Rehabilitation Unit (BIRU) provides a specialised and dedicated inpatient and Day Hospital services for people with an acquired brain injury in the broad working age group. BIRU offers a comprehensive, interdisciplinary, inpatient and outpatient service for assessment and management of Acquired Brain Injury. <https://metrosouth.health.qld.gov.au/brain-injury-rehabilitation>
- Synapse, formerly The Brain Injury Association of Queensland Inc. (BIAQ), strives to be the peak disability organisation providing specialist services to Queenslanders living with Acquired Brain Injury or behaviours that challenge our understanding. <http://synapse.org.au/>
- The Australian Indigenous Health/*InfoNet* is a national innovative internet resource that is a 'one-stop info-shop' for people interested in improving the health and wellbeing of Indigenous Australians. It makes published, unpublished and specially-developed material about Aboriginal and Torres Strait Islander health freely available to everyone to enhance their knowledge and skills. <http://www.healthinfonet.ecu.edu.au/>
- Menzies School of Health Research is Australia's leader in Indigenous and tropical health research, helping to discover better ways to prevent, diagnose and treat disease, tackle the social determinants of health and deliver better health services. <http://www.menzies.edu.au>



- ARBIAS is a specialist service (Victoria and NSW) which works together with families, support networks, employers and service providers to assist people with ABI including alcohol and other substance related brain impairment to live and function to their full potential in the community. ARBIAS also provides training to enhance knowledge and skills for those working with people with acquired brain injury. <http://www.arbias.org.au/>
 - The Lowitja Institute, Australia's National Institute for Aboriginal and Torres Strait Islander Health Research, is an innovative research body that brings together Aboriginal organisations, academic institutions and government agencies to facilitate collaborative, evidence-based research into Aboriginal and Torres Strait Islander health. <http://www.lowitja.org.au/>
 - Brain Injury Australia is the peak acquired brain injury (ABI) advocacy body representing, through its State and Territory Member Organisations, the needs of people with an acquired brain injury, their families and carers. It works at a national level to ensure that all people living with acquired brain injury have access to the supports and resources they need to optimise their social and economic participation in the community. <https://www.braininjuryaustralia.org.au/>
-

Contact ABIOS:

(Aboriginal and Torres Strait Islander Program)

Michael Skinner and Tanya Ashton,
Acquired Brain Injury Outreach Service (ABIOS),
P.O Box 6053,
Buranda 4102

Ph. (07) 3176 9506

Fax (07) 3176 9514

abios@health.qld.gov.au