Cairns is OPEN for business!

Older Persons health ENABLEMENT

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It’s (potentially) grim up North..

- Over 107,000 presentations to ED since July 2014 with over 12,000 admissions of >65 yrs
- 75% of presentations to ED of the over 75’s result in a hospital admission
Value Propositions

• Up to 600,000 admissions/year nationally potentially avoidable with community intervention in the 3/52 prior

• Potentially avoidable admissions higher in Regional centres (NSW 7.5%)

• ~$5000 per admission vs $300 per community intervention
ASPIRE Study

Analysing Sub-acute and Primary Health Care Interfaces
- Research in the Elderly

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ASPIRE-Key Recommendations

• Embed early intervention and prevention through improved screening, assessment and care coordination and formalised in and outreach linkages

• Strengthen system interfaces by building on existing programs

• Enhance care transitions for patients and carers through stronger inclusive practices & educative and self-help initiatives
Older Persons health ENablement

• Enablement and integrative approach to care coordination within primary care for at risk older patients

• Embedded community facing and located specialist clinics- Interface Geriatricians

• Prevention of avoidable admissions through early diagnosis and interventions through care planning (CGA)

• Customise existing successful models for the Tropics
PHN Partnerships

• GP remains central coordinator of care
• Enablement coordinator works with GP’s, practice nurses, community services
• Interface Geriatrician ‘hot clinics’ in local GP practices, via telehealth and at home
• Access to a therapeutic arm with short term interventions via AH and nursing
Key Roles—Coalition of the Willing

• GP/Practice nurses
  – Identification of at risk clients and overall care coordination

• Enablement Coordinator
  – Primary care based resource and capacity enhancement

• Interface Geriatrician
  – CGA, care planning and management, phone support, link to GEMS (I/P and O/P)
Other benefits

• Link to existing ED avoidance programs- Short Term Restorative Care, GEMS in the Home, direct admission to sub-acute beds, etc
• Joint development of Health Pathways
• OSR- CGA Item number 141, 143, 145, 147 and TH
Why OPEN this door?

- Focussed
- Integrative
- Capacity building
- Community embedded
- Lean
Thank you & Questions?

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