



PaRROT Pathways to Rural and Remote Orientation Training

a Primary Health Care approach

Growing Strong and Well

Health Professional Learning Plan

ID	Session	Time	Number	Module	Done	Time Frame
Total Time for Course		360 minutes				
		6 hours				
PD3301	Healthy Pregnancy	100	1	Food		Self Determined
			2	Nutrients		
			3	Remaining Well		
			4	Factors Impacting Wellness		
PD3302	Breast Feeding	60	1	Benefits		Self Determined
			2	Successful Breast Feeding		
PD3303	Iron Deficiency Anaemia	60	1	IDA - Mum		Self Determined
			2	IDA - Bub		
			3	First Foods		
PD3304	Monitoring Growth	80	1	Healthy Growth		Self Determined
			2	Measuring Growth		
			3	Growth Charts		
PD3305	Growth Assessment and Action	60	1	Poor Growth		Self-Determined
			2	Overweight and Obesity		
			3	Action Planning		