In the morning
This is another day, another fresh start. Thank you Father, I don't know what it will bring, but help me use it well.

Give me faith to meet its demands, friendliness to share the pain and joy of others, patience so as to not give up hope, a sense of humour to separate what matters from what does not.

Help me to accept love. Be with me this day.

Amen

At night
Thank you Father, for this day, for all those who are looking after me, for those who came to see me.

Bless those who are thinking of me right now. Grant it may not be long before I am with the people and places I love.

Forgive my impatience and any offence that I may have caused because of it.

Give me restful sleep that I may wake tomorrow stronger in body, more serene in mind, and ready for the precious gift - a fresh start.

Amen

Christian radio
Radio Rhema FM 106.5 is available on channel 22 through the televisions in our wards.

The chaplaincy department provides a Radio Rhema devotional booklet free of charge.

These can be collected from the chapel or you can ask a chaplain to bring you one.

God grant me...
Serenity to accept the things I cannot change;
Courage to change the things I can;
And wisdom to know the difference.

Notes
Why do people contact a Chaplain?

While you are in hospital, you are away from all that is familiar to you. The staff are here to help you even though you may be feeling uncertain, lonely, anxious or teary. Your thoughts often turn to those you love. The chaplaincy team is trained in providing both emotional and spiritual support.

People call a chaplain for many reasons. Some of these reasons may include:

- needing some company
- receiving news you would like to talk about
- coping with the loss of a friend or relative
- needing someone to pray with
- needing to receive communion or anointing.

Prayer of St Francis

Lord, make me an instrument of your peace, Where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy; O Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love.

For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born into eternal life.

Romans 8.38 - 39

The Lord’s Prayer

Our Father in heaven, hallowed by your name, your kingdom come, your will be done, on earth as in heaven.

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial and deliver us from evil.

For the kingdom, the power, and the glory are yours now and for ever.

Amen.

A promise of hope

For I know the plans I have for you, says the Lord, plans to prosper you and not to harm you, plans to give you hope and a future.

Then you will call upon me and come and pray to me and I will listen to you.

You will seek me and find me when you seek me with all your heart.

Jeremiah 29.11-13

A prayer before surgery

Father of compassion and mercy, you never fail to help and comfort those who seek your aid, give strength and peace to me and enable me to know that you are near.

Give wisdom and care to the surgeons and theatre staff; grant that I may face no fear since you are with me, through Jesus Christ or Lord.

Amen.