

Cairns & Hinterland Hospital and Health Service

Facilities and services
RMO campaign 2021

Cairns Hospital

Junior Medical Workforce Service

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Hospital facilities

The Cairns and Hinterland Hospital and Health Service (CHHHS) is responsible for the delivery of Health Services in a geographical area of 141,000 square kilometres ranging from Cairns to Tully in the south, Cow Bay in the Daintree and Croydon six hours west from Cairns. The HHS outer western region encompasses some extremely remote communities.



The CHHHS supports a population of 283,197 which is forecast to grow by 9% by 2026, with the highest level of growth occurring in the 65 and over age group. Tourism is a key industry and contributes to a relatively high transient population. It is estimated that 14% of the population are Indigenous Australians, compared to 4% for Queensland as a whole, yet Aboriginal and Torres Strait Islanders comprise around 30% of Cairns Hospital admissions

The CHHHS delivers health services across the continuum of care and also provides services to the Torres and Cape

Hospital and Health Service. CHHHS is 95% self-sufficient with some higher-level acute services provided in Townsville or Brisbane.

Clinical service profile

Cairns Hospital provides community and specialist hospital services for Cairns and its immediate surroundings and is the major referral centre for 53 health facilities across Far North Queensland. Services include all major health specialties (medicine, surgery, women's health, paediatrics and mental health) and more than 30 sub-specialties. The hospital also is a major provider of outreach specialist services to remote and rural areas, including obstetrics and gynaecology, anaesthetics, orthopaedics, general medicine, renal medicine, diabetes and thoracic medicine.

Cairns Hospital was Australia's first large-scale regional Digital Hospital, leading the way in health care information and technology. We're connecting patients, clinicians and health services through fully integrated digital healthcare.



Queensland
Government

Hospital Services

24-hour acute care
Accident and emergency
Aged care
Cardiac Services
Child and youth health
Gynaecology
Intensive care
Medical
Mental health
Obstetric
Oncology
Peri-operative
Rehabilitation unit
Special Care Baby Unit
Surgical

Allied Health Services

Child development unit
Clinical measurement services
Dietetics
Occupational therapy
Oral health dental services
Pharmacy
Physiotherapy
Psychology
Radiographers
Social work
Speech Pathology

Outreach Services

Anaesthetics
Cardiac Outreach including Echo Service
Dental
General medicine
General surgery
Geriatrics
Gynaecology
Mental health
Obstetric
Orthopaedic
Paediatrics
Thoracic medicine

Clinics Available

Amputee
Cardiology
Cystic fibrosis
Diabetes
Ear, nose, throat (ENT)
Emergency medicine
Endocrinology
Gastroenterology
General surgery
Genetics
Geriatrics
Gynaecology
Haematology
Infectious diseases
Intensive care
Metabolic
Neurology
Neurosurgery
Obstetrics
Oncology
Ophthalmology
Oral surgery
Orthopaedic oncology
Orthopaedics
Paediatric cardiology
Paediatric dermatology
Paediatric ophthalmology
Paediatric surgery
Paediatrics
Pathology
Psychiatry
Radiation oncology
Radiology
Renal medicine
Renal transplant
Rheumatology
Scoliosis
Sleep clinic
Thoracic medicine
Urology
Vascular surgery

Community Health

Dental
Hepatitis C
Sexual health

Specialist Services

Aged care
Alcohol, tobacco and other drug (ATOD) service
Cardiac Health Team (Heart Failure, Cardiac Rehabilitation)
Cardiology
Continence advisory service
Diabetes
Emergency medicine
Endocrinology
ENT surgery
Gastroenterology
General medicine
General surgery
Genetic counselling
Geriatrics
Gynaecology
Haematology
Infectious diseases
Intensive care
Medical imaging
Mental health
Neonatal
Neurology
Obstetrics
Oncology
Ophthalmology
Oral surgery
Orthopaedics
Paediatrics
Pain service
Pathology
Plastic corrective surgery
Psychiatry
Radiology
Renal medicine
Respiratory
Rheumatology
Sexual health
Thoracic medicine
Urology
Vascular surgery
Wound management

RMO education and training opportunities

Education sessions are as follows:

- Grand Rounds / Journal clubs
- Individual unit / department teaching
- ARCS
- Skills Centre
- RMO teaching program (usually skills based fortnightly training sessions)

Royal Australian and NZ College of Psychiatrist (RANZCP) Registrar Training Program

For those wanting to pursue training in psychiatry, all our 30 positions are accredited with the RANZCP. In particular, the Mental Health, Alcohol and Other Drugs Service has 4 Specialized Training Program positions (STPs) and 4 Integrated Rural Training Pipeline positions (IRTPs).

Some of the positions function primarily within the Torres and Cape Region but are based in Cairns. This will allow you to see and interact with the local Indigenous communities where you will gain a greater understanding of the culture, and appreciation for the land in which we live.

The Mental Health, Alcohol Other Drugs Service prides itself on its protected time (4 hours per week) for the local teaching program for trainees including weekly examination preparation. Our consistently high pass rates for the RANZCP exams, and high morale amongst registrars are a testament to this. Furthermore, our local mentoring program is led by a senior registrars and senior psychiatrists. Trainee welfare of our priority.

Rotations available:

- Inpatient Mental Health Unit
- Acute Care Team Emergency Department
- Acute Care Team Community
- Consultation Liaison Psychiatry
- Perinatal Psychiatry
- Private Psychiatry (Ramsay Health)
- Child and Youth Mental Health Service
 - Inpatient and community based
- Cairns Adult Community Mental Health Service
- Mobile Intensive Rehabilitation Team
- Community Care Unit
- Older Persons Mental Health Service
- Forensic Mental Health Team
- Community Forensic Outreach Service
- Rural Community Mental Health Teams
- Remote Area Mental Health Service:
 - CYMHS, West Cape, East Cape
- Drug and alcohol services
- Medical Education
- Medical Administration
- **Advanced Certificates in Training**
 - Addiction
 - Older Person Mental Health
 - Consultation Liaison
 - Adult Psychiatry
 - Child and Youth

- Forensics
- Psychotherapy
- Accredited positions for GP Advanced Training

For information on Psychiatry training in Cairns, please contact;

Dr Mridula Kayal - Chief Training Supervisor

Phone: 0404 641 772

Email: mridula.kayal@health.qld.gov.au

ICU Registrar Positions

Cairns ICU is a 16-bed, level III, general ICU which admits a diverse case-mix of both adult and paediatric patients. The majority of the 1200+ annual admissions are emergencies (>80%), with a high level of acuity and complexity.

The unit case-mix is diverse, being substantially compromised of tropical infectious diseases, trauma and complex medical and surgical conditions. With a catchment area including Cape York and the Torres Strait, a significant proportion of the patients are Indigenous and are often from remote communities.

Cairns ICU has CICM accreditation as a C12 unit (for pre-2014 trainees) and has unlimited general and paediatric (P12) accreditation for post-2014 trainees. The unit also provides rotations to Senior House Officers (SHO) as part of the Cairns Hospital Critical Care SHO year and is accredited for ANZCA and ACEM trainees.

There is a dedicated registrar education program, with protected ICU registrar teaching time, as well as weekly primary examination tutorial. Advanced trainees have access to Fellowship Exam preparation, including regular hot cases conducted by FCICM specialists in the unit. An Echo training program is being established by College accredited assessors.

There is a close relationship with the infectious diseases unit, with regular microbiological ward rounds and there is a weekly radiology teaching program. Weekly SIM training with mini-sims for critical care occurs in the dedicated ICU simulation and training room.

The unit is dynamic and evolving, with an expanding research program. Great opportunities exist for registrars to undertake intensive care training, while managing unique cases in an interesting, supportive tropical intensive care environment.

For information on ICU training in Cairns, please contact;

Dr Catherine Tacon – ICU Specialist

Phone: 07 4226 6990

Email: catherine.tacon@health.qld.gov.au

More information is available at: <http://www.cicm-asm.org.au/2019/>

Advanced Rural Skills Posts

(These positions will be allocated to Cairns by the QRGP)

Anaesthetics, Obstetrics and Gynaecology, Surgery, Emergency Medicine

Employment conditions

Award conditions apply - Medical Officers (Queensland Health) Award - State 2015 in conjunction with Medical Officer (Queensland Health) Certified Agreement (No.5) 2019 (MOCA 5)

Available positions

These numbers are subject to change, and applicants should always discuss employment opportunities with your preferred hospitals before submitting your application.

Senior Medical staff

- 1 Executive Director of Medical Services
- 1 Director of Medical Services
- 1 Rural Director of Medical Services
- 13 Clinical Directors (Mental Health, O&G, Paeds, TPHU, Sexual Health, Medicine 1, Medicine 2, OPSAR, ED, Surgery, Orthopaedics, ICU, Anaesthetics)
- 279 Specialists (not including Clinical Directors, including Rural SMOs and casuals)
- 44 Visiting Medical Specialists (including casuals)

Clinical Provisional Fellows

- Anaesthetics (3)
- Intensive Care (1)

Registrars & Principal House Officers

Anaesthetics (17)

ICU (11)

Emergency Medicine (24)

Medical Administration (1)

Medical Education (0.5)

Internal Medicine (66.5)

- Chief Medical Registrar
- Nephrology
- Neurology
- Rheumatology & Immunology
- Respiratory
- Geriatrics
- Palliative Care
- Rehabilitation
- Outreach Medicine
- Obstetric Medicine

Obstetrics and Gynaecology (10)

Paediatrics (9)

Psychiatry (28)

Rural

- Mareeba (5.6)
- Atherton (4)
- Innisfail (2)
- Mossman (1)
- Babinda (1)

- Cardiology
- Endocrinology
- Gastroenterology
- General Medicine
- Haematology
- Oncology
- Infectious Diseases

Surgery

- ENT (2)
- General Surgery (14)
- Orthopaedics (13)
- Ophthalmology (3)
- Plastic Surgery/Maxillofacial Surgery (2)
- Urology (3)

Sexual Health (1)

Junior and Senior House officers (137)

Full range of specialties including core Rural Health trainees, RACGP training posts and relieving Resident Medical Officers.

Current JHO/SHO Terms Available

- Anaesthetics
(only available for Critical Care Stream and RGT)
- ICU
- Paediatrics
- Medicine Specialties
 - Cardiology
 - Endocrinology
 - Gastroenterology
 - Haematology
 - Oncology
 - Infectious diseases
 - Renal
 - Thoracic medicine
 - Palliative Care
 - Medical Assessment Unit
- Rural Rotations (Atherton, Innisfail, Mareeba, Mossman, Tully, Thursday Island, Weipa, Cooktown)
- **Critical Care Stream** (PGY3+ only, role description available upon request)
- Surgical Specialties
 - Vascular Surgery
 - General Surgery
 - Urology
 - Plastic Surgery
 - Maxillofacial Surgery
 - ENT
 - Ophthalmology
 - Surgical Relief
- Psychiatry
- RFDS – Available to JHO
- Obstetrics & Gynaecology
- Orthopaedics
- Emergency Medicine

Mandatory qualifications/Professional registration/Other requirements

- Current Registration as a Medical Practitioner with the Australian Health Practitioner Regulation Agency (AHPRA).
- Appointment requires proof of qualification and registration or membership with the appropriate registration authority or association. Certified copies of the required information must be provided to the appropriate supervisor/ manager, prior to the commencement of clinical duties.
- Appointment requires a class C motor vehicle licence. Proof of this endorsement must be provided before commencement of duty.
- It is a condition of employment for the employee to be, and remain, vaccinated against or not susceptible to the following vaccine preventable diseases: measles, mumps, rubella, varicella, hepatitis B, hepatitis A and pertussis (whooping cough).

Community and lifestyle

The People / Socio Demographics

Cairns is home to approximately 165,000 people from diverse cultural and ethnic backgrounds. This adds to the cosmopolitan feel of the place. Aboriginal and Torres Strait Islanders, as well as South Pacific Islanders maintain strong links to the area. Most denominations are catered for. All major service organisations are active in Cairns. There is also a Royal Flying Doctor base located here.

Real Estate and Accommodation

The majority of the area's housing is privately owned. The area is well served for rental accommodation. The council is encouraging unit, villa and apartment-style development, especially in the Central Business District.

Places of Interest

For some it's the reef, islands and tropical lifestyle of the northern beaches that are the greatest attractions – including Fitzroy and Green Islands, Palm Cove, Port Douglas, and many opportunities for scuba diving on the Great Barrier Reef.

For others it's the stunning rainforests and natural attractions – the Daintree and Cape Tribulation and further north.

There is also the beautiful Tablelands district with its many attractions such as waterfalls, markets, food, art, and sporting events.



The city of Cairns itself is quite diverse and multicultural and is well serviced by an international airport. Cairns also attracts those interested in a sporting lifestyle – mountain biking, triathlons, ironman events even quirky events such as the annual 3-day Wheelbarrow Race.

Other attractions in the area include the historic Botanical Gardens, The Esplanade, the scenic Kuranda area, fishing on the reef, white water rafting and the Barron Gorge. The many parks and gardens as well as the restaurants and bars make Cairns a great place to explore.



http://www.health.qld.gov.au/cairns_hinterland/default.asp
<http://www.icucairns.org/>
www.tropicalnorthqueensland.org.au/

