

Hey you Mob!!

Time to think about getting your flu and pneumo needles up to date!

Keep you and your family well



Flu and pneumo needles will protect you and your family from bugs that cause sickness, like pneumonia



But even healthy people can get the flu

Prevent the spread of flu and pneumo disease

If you're 15 or older talk to your local Health Worker about how to get your FREE flu and pneumo needles now



Artist: Susan Klein

Background represents the language map – it doesn't matter what language is spoken, we still need to get the message out there.

The symbols of the message sticks are placed across the language maps – to go from one tribal area into another you needed to have message sticks to go through.

The boomerangs are placed in each corner of the painting. Good boomerangs come back, if you don't look after yourself the un-wellness keeps coming back.

At the campfire there are women with bowls and talking; and men with spears.

People are actually moving along paths depicted by dots and getting the message out there.

IROC and QAIHC working in partnership against flu and pneumococcal disease

Great state. Great opportunity.