

Maternity care – it's your decision Your baby, your body, your choice

We are here to be with you during your journey to parenthood. There are many decisions to be made during this deadly time. We are here to support you and to help you to plan care.







You will be supported to get the care you need

You can



Yarn to your Aboriginal and/or Torres Strait Islander health worker, midwife or doctor



Yarn to an Elder, Aunty or family member



Ask an Elder, Aunty or family member to speak up for you





