



Palliative Care Resources: a selection for Aged Care

Learning and Resources	
Advance Care Planning Australia [ACP Australia]	A range of resources, learning and information about advance care planning https://www.advancecareplanning.org.au/
	Advisory Service: an expert team able to provide advice on all matters relating to advance care planning. PH: 1300 208 582 WEB: https://www.advancecareplanning.org.au/resources/advice
	Advance Care Planning for Aboriginal and Torres Strait Islander peoples https://www.advancecareplanning.org.au/understand-advance-care-planning/advance-care-planning-for-aboriginal-and-torres-strait-islander-peoples
	Video: Being chosen as a substitute decision-maker https://zcu.io/OjCq
	Video: Advance Care Planning as part of routine care https://www.youtube.com/watch?v=IEWfthRJIC
Australian Healthcare and Hospitals Association [AHHA]	Online training designed for the Australian health context. A palliative care education resource that supports application of the Guidelines for a Palliative Approach to Aged Care in the Community. https://www.pallcaretraining.com.au/
CareSearch	Provides online palliative care knowledge for health professionals, people needing palliative care, their families and the community. CareSearch is responsible for Caresearch and palliAGED websites. https://www.caresearch.com.au/caresearch/Default.aspx
Centre for Cultural Diversity in Ageing	Provides expertise in culturally inclusive policy and practices for the aged services sector to support aged care providers to address the needs of older people from culturally and linguistically diverse backgrounds. http://www.culturaldiversity.com.au/
Centre for Culture, Ethnicity & Health	Health Literacy training to deliver services that are easier to understand and empowers clients to make better decisions and create better health outcomes. https://www.ceh.org.au/training/
Centre for Palliative Care Research & Education [CPCRE]	CPCRE offers online and face to face palliative care education, multi-discipline symposium and annual conference; publishes <i>Guidelines for Subcutaneous Infusion Device Management in Palliative Care & other settings</i> . https://www.health.qld.gov.au/cpcre
Cognitive Decline Partnership Centre (CDPC)	Supported decision-making enables people to make decisions about their own life and enables the person to be involved in decisions that affect their care. Policy development document, guidelines and help sheets at: https://cdpc.sydney.edu.au/research/planning-decision-making-and-risk/supported-decision-making/
Continence Foundation of Australia	Factsheets and videos in 30 different languages on pelvic floor exercises for men and women, bladder leakage, constipation & bowel control, prostate & bladder problems and, healthy bladder & bowel habits. https://www.continence.org.au/incontinence-information-other-languages
Dementia Australia	DTA offers in person and online courses, practical resources and training packages that are easy to access. https://dta.com.au/
Department of Justice and Attorney General (Qld)	Queensland Capacity Assessment Guidelines (2020); changes to the law regarding Power of Attorney and decision-making for others. https://www.qld.gov.au/law/legal-mediation-and-justice-of-the-peace/power-of-attorney-and-making-decisions-for-others/capacity-guidelines
End of Life Directions for Aged Care [ELDAC]	Provides information, guidance and resources to health professionals and aged care workers to support palliative care and advance care planning to improve the care of older Australians. https://www.eldac.com.au/



CPCRE acknowledges the Traditional Custodians of the many Countries, lands and waters across Queensland and Australia on which we walk, work and live. CPCRE is a state-wide service with offices located in Brisbane, traditionally known as Meanjin belonging to and cared for by the Turrbal peoples.



Palliative Care Resources: a selection for Aged Care

End of Life Law for Clinicians	Accurate and practical information including learning modules, to navigate challenging legal issues that can arise with end of life decision-making. Abroad introduction to end of life law to help know the law, your rights & duties. https://end-of-life.qut.edu.au/
Hammond Care	The Advance Project provides learning for GPs, practice nurses & managers to develop knowledge & skills to use screening tools for provision of palliative care and advance care planning. https://www.theadvanceproject.com.au
Last 1000 Days	Draws attention to where and how time is wasted. To reinforce the positioning of the patient's time as the most important currency in health care. https://www.last1000days.com/
Northern Territory Government	Religious fact sheets with information approved by the relevant communities. The Northern Territory Government takes no responsibility for the accuracy. https://territoryfamilies.nt.gov.au/policy/multicultural-affairs/religious-fact-sheets
NSW Health	Video: Advance Care Planning with an Interpreter. https://www.youtube.com/watch?v=m4p6ZW7Omtc
Office of Advance Care Planning (Qld)	Queensland Advance Care Planning forms: Statement of Choices https://metrosouth.health.qld.gov.au/acp/queensland-advance-care-planning-forms
Office of the Public Guardian [OPG]	Video: Queensland's Guardianship and Administration System https://www.youtube.com/watch?v=olsjGW1RvUs Video: The role of OPG Guardians and how they make decisions https://www.youtube.com/watch?v=BIMuodvv1IY
PailliAged	Palliative care evidence and practice information resource for the Australian aged care sector including online learning modules. https://www.palliated.com.au/
PalliMEDS	Created by NPS MedicineWise, PalliMEDS is a free app to support the clinical knowledge of health professionals who prescribe palliative care medicines or care for people at their end of life. Free download.
Partners in Culturally Appropriate Care [PICAC]	Education and resources for aged care providers supporting delivery of culturally appropriate care to older people from culturally and linguistically diverse communities. http://www.diversicare.com.au/service-providers/partners-in-culturally-appropriate-care/
Program of Experience in Palliative Approach [PEPA]	PEPA Queensland provides workshops and opportunities for non-specialist palliative care clinicians to undertake a supervised clinical placement within a palliative care specialist service. PEPA Qld: pepaqld@health.qld.gov.au web: https://pepaeducation.com/
Queensland Government	Aboriginal & Torres Strait Islander Health Unit: Sad News, Sorry Business https://www.health.qld.gov.au/_data/assets/pdf_file/0023/151736/sorry_business.pdf Comparison table: advance care planning documents https://www.qld.gov.au/health/support/end-of-life/advance-care-planning/key-documents Specialist Palliative Rural Telehealth Service – Rural and Remote (SPaRTa) https://www.health.qld.gov.au/clinical-practice/referrals/statewide-specialist-services/palliative-rural-telehealth-service palliPHARM – aims to facilitate mechanisms that ensure community palliative patients, whether in residential aged care facilities (RACFs) or private homes, have timely access to anticipatory medicines. https://www.psa.org.au/pallipharm/
University of Tasmania – Wicking Institute	A free Massive Open Online Course (MOOC) <i>Understanding Dementia</i> , a university-quality education about the latest in dementia research and care. https://www.utas.edu.au/wicking
	Equip Aged Care Learning Packages are now available. Appropriate for personal care workers, nurses, allied health professionals, volunteers and families. https://equiplearning.utas.edu.au



CPCRE acknowledges the Traditional Custodians of the many Countries, lands and waters across Queensland and Australia on which we walk, work and live. CPCRE is a state-wide service with offices located in Brisbane, traditionally known as Meanjin belonging to and cared for by the Turrbal peoples.