Histamine Challenge Test

Facility: 

A. Interpreter / cultural needs

An Interpreter Service is required?  □ Yes  □ No

If Yes, is a qualified Interpreter present?  □ Yes  □ No

A Cultural Support Person is required?  □ Yes  □ No

If Yes, is a Cultural Support Person present?  □ Yes  □ No

B. Condition and treatment

The doctor has explained that you have the following condition: (Doctor to document in patient’s own words)

C. The histamine challenge test

- Histamine is a chemical found in the body which can cause narrowing of the airways. People who have asthma are known to be especially sensitive to this action.
- By measuring the maximum airflow using an electronic spirometer, we can estimate how narrow the airways have become in response to various doses of Histamine. We can use this information to decide whether it is likely someone actually has asthma, and how severe it is.
- During this test, you will be required to breathe in some fluid containing Histamine which may cause your airways to narrow. You may then experience some chest discomfort, wheeze or become breathless.
- If you do develop chest tightness during the test, you will be given Ventolin to counteract the effects of the Histamine and relieve the symptoms.
- People with unstable or severe asthma should not have this test, as it may cause a worsening of their asthma temporarily.
- Histamine is not licensed as a drug in Australia, although it is in several other countries, and has been used for this sort of testing for at least 10 years. Recently the Federal Government made an order that patients who were undergoing this sort of testing should be informed that the drug is not a licensed drug, and that the patient has to accept the risk of it’s use themselves.

D. Patient consent

I acknowledge that the doctor has explained;

- my medical condition and the proposed investigation, I understand the risks, including the risks that are specific to me.
- if immediate life-threatening events happen during the procedure, they will be treated based on my discussions with the doctor or my Acute Resuscitation Plan.
- I was able to ask questions and raise concerns with the doctor about my condition, the proposed investigation and its risks, and my treatment options.

- My questions and concerns have been discussed and answered to my satisfaction.
- I understand I have the right to change my mind at any time, including after I have signed this form but, preferably following a discussion with my doctor.
- On the basis of the above statements,

I request to have the procedure

Name of Patient: ________________________________________________________________

Signature: ..................................................................................................................

Date: .........................................................................................................................

E. Doctor/delegate Statement

I have explained to the patient all the above points under the Patient Consent section (D) and I am of the opinion that the patient/substitute decision-maker has understood the information.

Name of Doctor/delegate: ________________________________________________________

Designation: ____________________________ Date: ________________

Signature: …………………………………………………………… Date:………………………….

F. Interpreter’s statement

I have given a sight translation in ___________________ (state the patient’s language here) of the consent form and assisted in the provision of any verbal and written information given to the patient/parent or guardian/substitute decision-maker by the doctor.

Name of Interpreter: ____________________________________________________________

Signature: …………………………………………………………… Date:………………………….

I understand that the doctor has explained;

- my medical condition and the proposed investigation, I understand the risks, including the risks that are specific to me.
- if immediate life-threatening events happen during the procedure, they will be treated based on my discussions with the doctor or my Acute Resuscitation Plan.
- I was able to ask questions and raise concerns with the doctor about my condition, the proposed investigation and its risks, and my treatment options.