

REMAP Framework



Adapted from Childers JW, et al. J Oncol Pract. 2017

Step	Purpose/goal	Physician statement
R Reframe	<p>Assess the patient's understanding of their illness trajectory or overall condition and, if necessary, provide new information.</p> <p>The reframe places the details of the patient's illness/injury into a bigger picture ("the headline") and justifies the need to re-evaluate the goals of care.</p>	<p>What have you heard so far about what is going on with [your illness]?"</p> <p>"I wonder if..." "I worry that..."</p>
E Expect emotion	<p>Most patients will have an emotional reaction to thinking about disease progression or the limitations placed on them by their condition.</p> <p>Ask the patient their concerns.</p> <p>Reflect and ask evocative questions depending on their responses.</p>	<p>"I know this is not something that you wanted to hear."</p> <p>"What are you most worried about?"</p>
M Map values	<p>Explore what matters most to the patient and their concerns about the future.</p> <p>Ask about values directly, ask about advance directives, explore worries, ask about life outside of this visit/hospital, outside recent quality of life.</p>	<p>"Has anyone close to you ever been sick and in the hospital for a long time? If so, what did you think about that?"</p>
A Align with values	<p>Reflect back the discussion verbally to the patient.</p> <p>Make a hypothesis about what the patient means and integrate their values and priorities.</p>	<p>"From what I hear you saying..."</p>
P Plan	<p>Propose a medical plan that has the best chance of maximising the patient's values and goals.</p> <p>Use information about the patient's values and knowledge of the feasibility of medical treatments that would support the patient's goals.</p>	<p>"Based on what you've told me..."</p> <p>"Would it be OK if I give a recommendation?"</p>

Reference: Childers JW, Back AL, Tulskey JA, Arnold RM. REMAP: A Framework for Goals of Care Conversations. J Oncol Pract. 2017 Oct;13(10):e844-e850. doi:10.1200/JOP.2016.018796. Epub 2017 Apr 26. PMID: 28445100

